

## Health and Social Care



Health and Social Care is a fascinating subject as it is one that we all have experience with, sometimes in our most life-changing moments. Studying the subject will help you understand more about those who care for you and your family and friends – such as doctors, dentists, and care workers, as well as preparing you for a wide range of careers in the Health and Social Care sector. Are you considering training to be midwife, nurse, optician, dental technician, pharmacist, or counsellor? Or maybe a carer for the elderly? Or perhaps you are thinking about a career in childcare? About 3 million people in the UK work in health and social care – and this is likely to

continue to rise - so studying the subject will place you in an excellent position to secure a satisfying and rewarding career.

### **What is studied at KS4**

The course for Years 10 and 11 is a BTEC Technical Award (equivalent to a GCSE) and consists of 4 internally-assessed assignments and 1 exam. Topics include:

#### Component 1: Human Lifespan Development

How people develop from childhood through to old age, and factors that might affect their development

#### Component 2: Health and Social Care Services and Values

Health and social care services and how they meet the needs of real people

#### Component 3: Health and Wellbeing

Factors that affect health and wellbeing, physiological and lifestyle indicators, and designing a health and wellbeing improvement plan

### **What is studied at KS5**

The course for Years 12 and 13 is Cambridge technical Health and Social Care Level 3 and we offer a diploma (equivalent to 2 A levels, column on the left) and an extended diploma (which is equivalent to 3 A levels, both columns) but has a more practical and applied focus. Topics are studied in depth and include

- building positive relationships in HSC
  - equality, diversity and rights
  - health, safety and security in HSC
  - anatomy and physiology in HSC
  - infection control
  - personalisation an person centred approach to care
  - safeguarding
  - career planning for HSC
  - The impact of long term physiological conditions
  - Psychology for HSC
  - Sociology for HSC
- promoting positive behaviour
  - Supporting people with dementia
  - mental health conditions
  - looked after children and young people
  - research methods in HSC