

7th October 2020

Dear Parent/Guardian

Re: Year 11 – New Term Introduction

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) course. This looks at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

In year 11 the specific topics your daughter will cover are:

Living in the wider world	Relationships	Health and wellbeing
Careers and employability	Consent	Taking responsibilities for your own health
Post 16 Options	Healthy and unhealthy relationships	Mental health-recognising the signs of concern
CV skills	Extremism and radicalisation	What is cancer and signs
British value-democracy and voting	Grooming and exploitation	The teenage brain and risk taking
		Drug and alcohol education –influence on behaviour
		Drug and alcohol education-impact on society and personal relationships

You may find that your daughter starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate to get in touch.

Yours sincerely



Mrs M Dakovic
Head of PSHE