

9th October 2020

Dear Parent/Guardian

Re: Year 7 – PSHE New term introduction

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) course. This looks at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

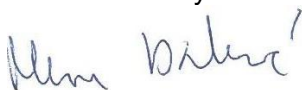
In year 7 the specific topics your daughter will cover are:

Living in the wider world	Relationships	Health and well being
Starting year 7	Personal values	Road and rail safety
Career lesson	British values-respect	Healthy lifestyle
Career fast tomato	Right and responsibilities	Drug and alcohol education- legal and illegal drugs
Home learning project –mood board	Relationships including family relationships	Puberty
Learning skills 1/2/3	Friendship	FOMO (Fear of missing out)
	Bullying and teasing	

You may find that your daughter starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school.

The PSHE and Relation, Sex and Health Education policies can be found on the school website. The policies include information about your right to request that your child be withdrawn from sex education delivered as part of statutory RSE.

Yours sincerely



Mrs. M Dakovic
Head of Social Sciences