

May 2019

Dear Parent/Guardian

### Body worlds Exhibition, London

We are delighted to invite the Year 10 Health and Social Care and Year 12 Psychology students to visit the Body worlds Exhibition of the Mind on **Monday 3<sup>rd</sup> June 2019**.

The BODY WORLDS exhibition was conceived to educate about the inner workings of the human body and to show the effects of healthy and unhealthy lifestyles. Targeted mainly at a lay audience, the exhibitions are aimed to inspire visitors to become aware of the fragility of their bodies and to recognize the anatomical Individual beauty inside each of us.

At the exhibition students will be able to observe and interact with examples of preserved human bodies that will enable them to learn about the nervous system, The brain, coronary heart disease the circulatory system, the respiratory system, the effects of smoking, the digestive system, reproduction, the skeletal system, the muscular system, the effects of exercise and pathways to longevity.

This is directly relevant to the HSC curriculum as in Component 3 Health and Wellbeing – A1 factors that affect health and wellbeing E.G. physical and lifestyle factors such as genetic inheritance, ill health (acute and chronic), diet, amount of exercise, substance abuse (alcohol, smoking, drugs). Environmental factors that can have positive and negative effects on health. Physiological indicators used to measure health e.g. BMI, blood pressure, pulse, blood pressure and risks associated to physical health due to abnormal readings. Lifestyle factors that have a risk on personal health e.g. smoking, alcohol consumption and inactive lifestyles.

This directly supports the hardest part of the A level Psychology curriculum because in Unit 2 Biopsychology we study the structure of the nervous system, including the structure and function of neurons, the sympathetic and parasympathic system, localisation of brain function, neural plasticity.

We will depart school by coach at 08.00 and return to school at approximately 16.00

We are asking for a voluntary contribution of £27.00 for this trip. This includes exhibition entry, travel to London and insurance.

There is no separate consent, you paying for the trip is consent. Payment for the trip needs to be made via WisePay by **Friday 10th May**, simply login to your WisePay account for details.

If you need a reminder of your WisePay login please e-mail [n.hopkins@holt.wokingham.sch.uk](mailto:n.hopkins@holt.wokingham.sch.uk). In the event of difficulties using this system, please telephone Mrs Simmons, the School Finance Manager. In case of severe financial hardship please contact Ms Kate Royle, Assistant Headteacher, who would be happy to discuss this further and put you in touch with agencies that may be able to help. Should the trip be oversubscribed, a ballot will take place.

I hope that your child will be able to join us for the trip. As much of the trip takes place during the school day, I would like to remind students that they are expected to excuse themselves from lessons that they will miss and ensure that they catch up on work missed.

Yours sincerely



Mrs M Dakovic  
Head of Social Science