

25th June 2018

Dear Parent/Guardian

Re: Teenage Cancer Trust Presentation

Many people are afraid of cancer and don't know all the facts. To support our students and as part of our PSHE programme at The Holt School we have invited Teenage Cancer Trust to speak to our year 10 students on **5th July 2018** about cancer and health.

What is the Teenage Cancer Trust?

Teenage Cancer Trust is a national charity dedicated to helping young people understand and fight cancer. Teenage Cancer Trust's national 'Understanding Cancer Together' presentation is recognised by the government as it raises awareness of cancer which can lead to earlier diagnosis of cancer.

What information will the presentation include?

The presentation will last for around an hour and is an interactive opportunity for students to learn about and discuss:

- what cancer is
- common signs and symptoms
- the impact of cancer on a young person
- types of treatment
- healthy living
- breaking down fears about cancer

By the end of the presentation, all students should know more about early warning signs and how they can reduce their risk of cancer later in life. Throughout the presentation, students will be encouraged to become the experts of their own body and to speak to health professionals about any concerns.

Who will be delivering the presentation?

The presentation will be given by a trained professional speaker from Teenage Cancer Trust and is delivered in a sensitive way. If you have any concerns, please do speak to Mrs M Dakovic and we will ensure that your child is supported.

Why is this important?

Teenage Cancer Trust wants your child to have this opportunity to learn about cancer and feel more able to talk openly about their health because it's been proven to make a difference. Please do support this by talking to your child about what they have learned and encouraging them to be open about any health concerns they may have. Leaflets will be handed out at the end of the presentation that cover the main points and may be of interest to you.

Should any students be upset by the content of the presentation as a result of having recently dealt with a cancer diagnosis in the family they will be sent to student support.

Yours sincerely



Mrs M Dakovic
Head of Social Science and PSHE