

22nd October 2020

Dear Parent/Guardian

Re: Year 10: GCSE Physical Education - Edexcel

The Physical Education Department would like to welcome your daughter on to the GCSE Physical Education course and hope that she finds the next two years both interesting and enjoyable.

Students will have two practical lessons and two theory lessons over a fortnight. The first part of the course is theory based and weighted at 60%. Students will sit two separate theory papers. These examinations will cover topics such as anatomy and physiology, physical training, sports psychology and diet. Students will be set home learning in each of their theory lessons, which support and consolidate learning outside of the classroom.

The second part of the course is practical based and weighted at 40%. Students will be assessed in three activities from a range of sports on the assessment list produced by the exam board (please see below for the link). Each sport is assessed and an overall practical score is generated. Students will be expected to be able to maintain their level of performance throughout the two years of the course and may be required to take part in the externally moderated practical assessment. There is also an analysis and evaluation of performance where students will be expected to conduct fitness tests, plan, and carry out a suitable personal exercise programme for improvement in a specific sport based on their findings. This is coursework based and will account for 10% of the final grade.

Edexcel practical specification:

<https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/Specification%20and%20sample%20assessments/9781446933794-gcse016-l2-pe-ppac.pdf>

Students would benefit from printing off the criteria for their potential sports so they are able to work on the core skills throughout the course.

If you would like to see the GCSE Physical Education course break down in more detail, here is the link:

<https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/Specification%20and%20sample%20assessments/GCSE-physical-education-2016-specification.pdf>

We do also recommend some revision books, which we have samples of within the PE office. We are more than happy to show these to the students so encourage them to drop by to have a look at them.

If you have any questions, please do not hesitate to contact me.

Yours sincerely



Mrs G Ebdon
Acting Head of Physical Education