

REVISION LIST

Year 11 PPEs

January 2020



Subject List

Science (Biology, Chemistry, Physics)

Art

Business

Child Development

Computer Science

Design & Technology (Core, Textiles, Resistant Materials, Graphics)

Drama

Economics

Food Preparation & Nutrition

French, German, Spanish (Languages)

Geography

Health & Social Care

History

Music

Physical Education

Y11 PPE Revision list - Biology 2019-20

TRIPLES and COMBINED


The triple elements for each module are at the end of each section.

B1 Cell – Level Systems

Cell structures

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B1.1.1 Plant and animal cells	I can state the organelles (structures) present in a plant and animal cell.	<input type="checkbox"/>	I can compare the organelles present in plant and animal cells.	<input type="checkbox"/>	I can discuss the reasons for the presence or absence of organelles in different plant and animal cells.	<input type="checkbox"/>
	I can state the function of each of the main organelles present in a plant and animal cell.	<input type="checkbox"/>	I can explain the function of the organelles, relating the structure and molecules present to the function of the organelles.	<input type="checkbox"/>	I can explain the roles of the molecules or structures within the organelles, such as the receptors in the cell membrane.	<input type="checkbox"/>
	I can label the organelles in representational models of plant and animal cells.	<input type="checkbox"/>	I can explain how a model cell is similar to, and different from, a real cell.	<input type="checkbox"/>	I can discuss the benefits and drawbacks of using a representational model to help in explaining the structures and functions of cell organelles.	<input type="checkbox"/>
B1.1.2 Bacterial cells	I can name some examples of prokaryotes.	<input type="checkbox"/>	I can compare prokaryotic and eukaryotic cells.	<input type="checkbox"/>	I can discuss the reasons for the presence or absence of organelles in different prokaryotic cells.	<input type="checkbox"/>
	I can state the main organelles present in a prokaryotic cell.	<input type="checkbox"/>	I can explain the function of the organelles, relating the structure to the function of the organelles.	<input type="checkbox"/>	I can discuss how the organelles of the prokaryote can carry out all of the functions of the eukaryotic cell.	<input type="checkbox"/>
	I can use a method, with some help to obtain results, working safely.	<input type="checkbox"/>	I can use a method independently to obtain results, noting some major hazards.	<input type="checkbox"/>	I can use a method independently to obtain results, justifying the steps to minimise risks.	<input type="checkbox"/>
B1.1.3 Light microscopy	I can identify the components of the light microscope.	<input type="checkbox"/>	I can explain the role of each part of the microscope.	<input type="checkbox"/>	I can discuss why different lenses on the microscope are needed.	<input type="checkbox"/>
	I can describe how to use a microscope to observe cells.	<input type="checkbox"/>	I can explain why stains are used to highlight cell features.	<input type="checkbox"/>	I can discuss why different stains might be required when viewing different cells or tissues.	<input type="checkbox"/>
	I can use a microscope to observe and draw a cell.	<input type="checkbox"/>	I can draw an accurate representation of a cell and calculate the magnification used to make the drawing.	<input type="checkbox"/>	I can calculate specimen size, image size and magnification by substituting values into an equation, rearranging when necessary.	<input type="checkbox"/>
B1.1.4 Electron microscopy	I can describe simply how a transmission electron microscope (TEM) works.	<input type="checkbox"/>	I can explain how electron microscopy has increased understanding of subcellular structures.	<input type="checkbox"/>	I can discuss how useful the electron microscope has been in medicine and biology.	<input type="checkbox"/>
	I can state an advantage of using an electron microscope.	<input type="checkbox"/>	I can describe the advantages of using the electron microscope compared with the light microscope.	<input type="checkbox"/>	I can evaluate the relative advantages and disadvantages of using an electron microscope compared with a light microscope.	<input type="checkbox"/>
	I can state the resolution achieved by an electron microscope in SI units using the correct order of magnitude.	<input type="checkbox"/>	I can compare the increase in resolution, in standard form, of an electron microscope with that of a light microscope.	<input type="checkbox"/>	I can calculate how many times greater the resolution of an electron microscope is compared with a light microscope.	<input type="checkbox"/>

What happens in cells?

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B1.2.1 DNA	I can describe the structure of DNA.	<input type="checkbox"/>	I can describe the structure of the nucleotide as the building block of DNA.	<input type="checkbox"/>	I can explain what is meant by complementary base pairing.	<input type="checkbox"/>
	I can state the role of DNA.	<input type="checkbox"/>	I can describe the role of a gene.	<input type="checkbox"/>	I can explain the relationship between DNA, genes, and chromosomes.	<input type="checkbox"/>
	I can use the correct apparatus to follow a method with help.	<input type="checkbox"/>	I can use a method to carry out an experiment appropriately and independently, having due regard for the correct manipulation of apparatus.	<input type="checkbox"/>	I can use a method to carry out an experiment appropriately and independently, with due regard to the correct manipulation of apparatus and the accuracy of measurements.	<input type="checkbox"/>
B1.2.2 Bacterial cells 			I can compare the difference in structure between mRNA and DNA.	<input type="checkbox"/>	I can distinguish between the roles of mRNA and DNA in the process of protein synthesis.	<input type="checkbox"/>
			I can describe the process of protein synthesis; to include transcription and translation.	<input type="checkbox"/>	I can explain how the base sequence in the DNA molecule determines the amino acid sequence in the protein.	<input type="checkbox"/>
			I can summarise and evaluate with accuracy and clear understanding.	<input type="checkbox"/>	I can summarise and critically evaluate with detailed and perceptive understanding.	<input type="checkbox"/>
B1.2.3 Enzymes	I can state what an enzyme is.	<input type="checkbox"/>	I can describe the structure of an enzyme.	<input type="checkbox"/>	I can explain what is meant by enzyme specificity.	<input type="checkbox"/>
	I can describe simply how an enzyme works.	<input type="checkbox"/>	I can explain how an enzyme works.	<input type="checkbox"/>	I can explain in detail how an enzyme interacts with its substrate to catalyse a reaction.	<input type="checkbox"/>
	I can describe how an enzyme works by communicating simply and with some clarity for the audience.	<input type="checkbox"/>	I can illustrate how an enzyme works by communicating effectively, sustaining the audience's interest.	<input type="checkbox"/>	I can interpret how an enzyme works by communicating, with impact and influence.	<input type="checkbox"/>

The section underneath DNA on mRNA and protein synthesis = TRIPLE CONTENT ONLY

B1.2.4 Enzyme reactions	I can state the factors that affect enzyme-controlled reactions.	<input type="checkbox"/>	I can describe the effect of a factor on the rate of an enzyme-controlled reaction.	<input type="checkbox"/>	I can explain how different factors affect the rate of an enzyme-controlled reaction.	<input type="checkbox"/>
	I can state what is meant by denaturation.	<input type="checkbox"/>	I can describe what happens when an enzyme is denatured.	<input type="checkbox"/>	I can explain how denaturation affects the rate of an enzyme-controlled reaction.	<input type="checkbox"/>
	I can record observations from an experimental procedure, using a range of apparatus.	<input type="checkbox"/>	I can record measurements from an experimental procedure, and plot a simple graph having been given the axes.	<input type="checkbox"/>	I can record accurate measurements from an experimental procedure, plotting an accurate rate graph.	<input type="checkbox"/>

Respiration

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B1.3.1 Carbohydrates, proteins, and lipids	I can describe the components of carbohydrates, proteins, and lipids.	<input type="checkbox"/>	I can explain how carbohydrates, proteins, and lipids are synthesised and broken down.	<input type="checkbox"/>	I can distinguish between monomers and polymers in biological molecules.	<input type="checkbox"/>
	I can state what is meant by metabolic rate.	<input type="checkbox"/>	I can describe the relationship between metabolic rate, activity levels, and food intake.	<input type="checkbox"/>	I can explain that metabolic reactions can be divided into different groups.	<input type="checkbox"/>
	I can use scientific vocabulary, terminology, and definitions, with limited accuracy of spelling, punctuation, and grammar.	<input type="checkbox"/>	I can use scientific vocabulary, terminology, and definitions accurately with occasional errors in spelling, punctuation, and grammar.	<input type="checkbox"/>	I can use scientific vocabulary, terminology, and definitions accurately and error-free in spelling, punctuation, and grammar.	<input type="checkbox"/>
B1.3.2 Aerobic respiration	I can state the word equation for respiration.	<input type="checkbox"/>	I can state the chemical equation for respiration.	<input type="checkbox"/>	I can discuss the use by the body of the energy transferred in respiration.	<input type="checkbox"/>
	I can state that respiration transfers energy.	<input type="checkbox"/>	I can describe the process of aerobic respiration as an exothermic reaction.	<input type="checkbox"/>	I can explain how ATP is produced during aerobic respiration.	<input type="checkbox"/>
	I can plot a graph of data from experiments.	<input type="checkbox"/>	I can plot an appropriate line graph of two variables from experimental data.	<input type="checkbox"/>	I can plot an appropriate accurate line graph of two variables from experimental data, and interpret the data to draw conclusions.	<input type="checkbox"/>
B1.3.3 Anaerobic respiration	I can state the word equation for anaerobic respiration.	<input type="checkbox"/>	I can state a chemical equation for anaerobic respiration.	<input type="checkbox"/>	I can compare the processes of aerobic and anaerobic respiration in terms of energy yield.	<input type="checkbox"/>
	I can state that there are different types of anaerobic respiration in different organisms.	<input type="checkbox"/>	I can describe the different processes of anaerobic respiration and where they occur.	<input type="checkbox"/>	I can explain the consequences of anaerobic respiration in muscles in terms of oxygen debt.	<input type="checkbox"/>
	I can use the correct apparatus to follow a method with help.	<input type="checkbox"/>	I can use a method to carry out an experiment appropriately and independently, having due regard to the correct manipulation of apparatus.	<input type="checkbox"/>	I can use a method to carry out an experiment appropriately and independently, having due regard to the correct manipulation of apparatus and the accuracy of measurements.	<input type="checkbox"/>

Photosynthesis

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B1.4.1 Photosynthesis	I can state the word equation for photosynthesis.	<input type="checkbox"/>	I can state the chemical equation for photosynthesis.	<input type="checkbox"/>	I can discuss the fate of the products of photosynthesis.	<input type="checkbox"/>
	I can state that sunlight energy is required for the process of photosynthesis.	<input type="checkbox"/>	I can describe the process of photosynthesis as an endothermic reaction.	<input type="checkbox"/>	I can explain that photosynthesis is a two stage process, and where those stages occur.	<input type="checkbox"/>
	I can state basic facts (about photosynthesis), communicating simply and with some clarity.	<input type="checkbox"/>	I can illustrate the process of photosynthesis using labelled diagrams that communicate effectively, making coherent statements.	<input type="checkbox"/>	I can annotate diagrams to explain the process of photosynthesis in detail, communicating coherently and with impact.	<input type="checkbox"/>
B1.4.2 Photosynthesis experiments	I can describe how to test a leaf for the presence of starch.	<input type="checkbox"/>	I can explain how to use the starch test to investigate the factors that affect whether or not photosynthesis occurs.	<input type="checkbox"/>	I can justify the use of each of the steps in the test for starch.	<input type="checkbox"/>
	I can use the correct apparatus to follow a method with help, having due regard for some health and safety considerations.	<input type="checkbox"/>	I can follow a method to carry out an experiment appropriately and independently, having due regard for most health and safety considerations.	<input type="checkbox"/>	I can follow a method to carry out an experiment appropriately and independently, having due regard for the correct manipulation of apparatus and all health and safety considerations.	<input type="checkbox"/>
	I can state a simple conclusion from a scientific observation.	<input type="checkbox"/>	I can interpret experimental observations, drawing a valid conclusion.	<input type="checkbox"/>	I can interpret fully all experimental observations, to provide a detailed conclusion.	<input type="checkbox"/>
B1.4.3 Factors affecting	I can state the factors affecting the rate of photosynthesis.	<input type="checkbox"/>	I can describe the effect of light intensity, carbon dioxide concentration, and temperature on the rate of photosynthesis.	<input type="checkbox"/>	I can explain the effect of light intensity, carbon dioxide concentration, and temperature on the rate of photosynthesis.	<input type="checkbox"/>
	I can record data from an experiment in the table provided.	<input type="checkbox"/>	I can calculate a class average (mean) from data collected in an experiment.	<input type="checkbox"/>	I can calculate the mean rate of photosynthesis from data collected in an experiment, and plot a rate graph as a line graph.	<input type="checkbox"/>

photosynthesis	I can state any difficulties encountered carrying out this method.	<input type="checkbox"/>	I can suggest how any difficulties have affected the repeatability of the results.	<input type="checkbox"/>	I can evaluate the method, discussing the impact upon the validity of the results, and suggest improvements.	<input type="checkbox"/>
B1.4.4 Interaction of limiting factors ⑧			I can explain the concept of a limiting factor.	<input type="checkbox"/>	I can explain how factors interact to limit the rate of photosynthesis.	<input type="checkbox"/>
			I can calculate relative light intensity using the inverse square law.	<input type="checkbox"/>	I can explain the relationship between light intensity and distance from a lamp.	<input type="checkbox"/>
			I can describe how light intensity, carbon dioxide concentration, and temperature can be controlled.	<input type="checkbox"/>	I can discuss how controlling the factors that affect the rate of photosynthesis can affect the yield of a plant crop.	<input type="checkbox"/>

B2 – Scaling up

Supplying the cell

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B2.1.1 Diffusion	I can state some examples of diffusion.	<input type="checkbox"/>	I can describe the process of diffusion.	<input type="checkbox"/>	I can explain fully at a molecular level the process of diffusion.	<input type="checkbox"/>
	I can state factors that affect the rate of diffusion.	<input type="checkbox"/>	I can describe the effect of factors on the rate of diffusion.	<input type="checkbox"/>	I can explain the reasons for the effects of factors on the rate of diffusion.	<input type="checkbox"/>
	I can describe by communicating simply, producing text with basic structure and familiar vocabulary.	<input type="checkbox"/>	I can describe by communicating effectively, producing coherent text, which is well structured, and use some appropriate scientific vocabulary.	<input type="checkbox"/>	I can describe by communicating with impact, producing effectively-structured texts, using a full range of precise scientific vocabulary.	<input type="checkbox"/>
B2.1.2 Osmosis	I can state that osmosis is the movement of water molecules into or out of cells.	<input type="checkbox"/>	I can describe the process of osmosis.	<input type="checkbox"/>	I can explain the effect of osmosis on potato cells.	<input type="checkbox"/>
	I can state that osmosis is a type of diffusion.	<input type="checkbox"/>	I can explain why osmosis occurs.	<input type="checkbox"/>	I can explain, in terms of water potential, why osmosis occurs.	<input type="checkbox"/>
B2.1.3 Active transport	I can state some examples of active transport.	<input type="checkbox"/>	I can describe examples of active transport in plants and animals.	<input type="checkbox"/>	I can explain the importance of active transport in plants and animals.	<input type="checkbox"/>
	I can state the differences between active transport and diffusion.	<input type="checkbox"/>	I can describe how molecules move by active transport.	<input type="checkbox"/>	I can explain how carrier proteins function in the process of active transport.	<input type="checkbox"/>
	I can record measurements from an experimental method, and calculate a change in mass.	<input type="checkbox"/>	I can record measurements from an experimental method, and calculate a percentage change in mass.	<input type="checkbox"/>	I can record measurements from an experimental method, calculate a percentage change in mass, and plot the data to determine the concentration that is equal to the cell.	<input type="checkbox"/>

B2.1.4 Mitosis	I can state the stages of the cell cycle.	<input type="checkbox"/>	I can describe the key features of each stage of the cell cycle.	<input type="checkbox"/>	I can explain the process of DNA replication in the cell cycle.	<input type="checkbox"/>
	I can state the purpose of mitosis.	<input type="checkbox"/>	I can describe the process of mitosis.	<input type="checkbox"/>	I can explain the process of mitosis in terms of the movement of chromosomes.	<input type="checkbox"/>
	I can use a model to illustrate the major steps in the cell cycle.	<input type="checkbox"/>	I can use a representational model to describe the key events during the cell cycle.	<input type="checkbox"/>	I can use a representational model to develop scientific explanations of all of the events during the cell cycle.	<input type="checkbox"/>
B2.1.5 Cell differentiation	I can state what is meant by cell differentiation.	<input type="checkbox"/>	I can explain why cells become differentiated.	<input type="checkbox"/>	I can explain the need for cellular differentiation in multicellular organisms.	<input type="checkbox"/>
	I can state some examples of specialised cells.	<input type="checkbox"/>	I can describe the adaptations of a range of specialised cells.	<input type="checkbox"/>	I can explain the link between the adaptation of each specialised cell and its function.	<input type="checkbox"/>
	I can use text to be able to describe features with some accuracy.	<input type="checkbox"/>	I can summarise text, with accuracy, to show clear understanding of cell features.	<input type="checkbox"/>	I can summarise text showing detailed and perceptive understanding of cell features and functions.	<input type="checkbox"/>
B2.1.6 Stem cells	I can state where stem cells are found.	<input type="checkbox"/>	I can describe the difference between a stem cell and a differentiated cell.	<input type="checkbox"/>	I can explain the difference between embryonic and adult stem cells.	<input type="checkbox"/>
	I can state some uses of stem cells.	<input type="checkbox"/>	I can describe the function of stem cells.	<input type="checkbox"/>	I can evaluate the advantages and disadvantages of using stem cells in medicine.	<input type="checkbox"/>
	I can use general references to scientific texts to support my comments and opinions.	<input type="checkbox"/>	I can use appropriate references to scientific texts to support their understanding and opinions.	<input type="checkbox"/>	I can justify my understanding and opinions with illuminating use of references to scientific texts.	<input type="checkbox"/>

The challenges of size

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B2.2.1 Exchange and transport	I can state some examples of exchange surfaces and transport systems.	<input type="checkbox"/>	I can describe the features of an efficient exchange surface.	<input type="checkbox"/>	I can explain why multicellular organisms require adapted exchange surfaces.	<input type="checkbox"/>
	I can calculate the surface area or volume of an object.	<input type="checkbox"/>	I can calculate the surface area: volume ratio.	<input type="checkbox"/>	I can compare the relationship between the surface area: volume ratio and the size of an organism/cell.	<input type="checkbox"/>
	I can describe simple observations made during an experiment.	<input type="checkbox"/>	I can interpret observations and data made during an experiment.	<input type="checkbox"/>	I can interpret observations and data obtained during an experiment, identifying patterns and drawing conclusions.	<input type="checkbox"/>
B2.2.2 Circulatory system	I can state the function of the circulatory system.	<input type="checkbox"/>	I can describe the structure of the double circulatory system.	<input type="checkbox"/>	I can explain the need for a double circulatory system in mammals.	<input type="checkbox"/>
	I can the different types of blood vessels found in a circulatory system.	<input type="checkbox"/>	I can describe the structure of the blood vessels.	<input type="checkbox"/>	I can explain the link between the structure and function of the different types of blood vessels.	<input type="checkbox"/>
	I can use familiar vocabulary to some effect to describe the circulatory system.	<input type="checkbox"/>	I can use vocabulary appropriate to purpose and effect to describe the structure of the circulatory system.	<input type="checkbox"/>	I can use a wide range of well-selected and precise vocabulary to enhance impact when explaining the functioning of the circulatory system.	<input type="checkbox"/>
B2.2.3 Heart and blood	I can identify the components of the blood.	<input type="checkbox"/>	I can describe the functions of the main components of the blood.	<input type="checkbox"/>	I can explain the adaptations of the red blood cell that enable it to carry out its function.	<input type="checkbox"/>
	I can identify the main structures in the heart.	<input type="checkbox"/>	I can describe the flow of blood through the heart.	<input type="checkbox"/>	I can explain how the thickness of the chambers of the heart are related to their function.	<input type="checkbox"/>
	I can state the names of the major parts of the heart and blood.	<input type="checkbox"/>	I can use the correct names of the parts of the heart and blood when describing their function.	<input type="checkbox"/>	I can use an appropriate range of scientific vocabulary and terminology when explaining the functions of the blood and heart.	<input type="checkbox"/>

B2.2.4 Plant transport systems	I can state the function of xylem.	<input type="checkbox"/>	I can describe the function and distribution of xylem tissue.	<input type="checkbox"/>	I can explain how the structure and distribution of xylem tissue is related to its function.	<input type="checkbox"/>
	I can state the function of phloem.	<input type="checkbox"/>	I can describe the function and distribution of phloem tissue.	<input type="checkbox"/>	I can explain how the structure and distribution of phloem tissue is related to its function.	<input type="checkbox"/>
	I can label diagrams using simple sentence structure and familiar vocabulary.	<input type="checkbox"/>	I can annotate diagrams using varied sentence types and appropriate scientific vocabulary.	<input type="checkbox"/>	I can annotate diagrams using a wide range of sentence types, including precise and appropriate scientific vocabulary.	<input type="checkbox"/>
B2.2.5 Transpiration stream	I can state what is meant by transpiration.	<input type="checkbox"/>	I can describe the transpiration stream.	<input type="checkbox"/>	I can explain the mechanisms by which water is moved through the plant.	<input type="checkbox"/>
	I can state the location of most stomata in a plant.	<input type="checkbox"/>	I can describe the structure of a stoma.	<input type="checkbox"/>	I can explain how stomata control water loss from leaves.	<input type="checkbox"/>
	I can describe the observations made during each experiment.	<input type="checkbox"/>	I can explain the observations made during each experiment.	<input type="checkbox"/>	I can relate the findings of both experiments to one another, to explain how water is lost from the plant.	<input type="checkbox"/>
B2.2.6 Factors affecting transpiration	I can state the factors that affect the rate of transpiration.	<input type="checkbox"/>	I can describe the relationship between a given factor and the rate of transpiration.	<input type="checkbox"/>	I can explain how environmental factors affect the rate of transpiration.	<input type="checkbox"/>
	I can state what a potometer measures.	<input type="checkbox"/>	I can describe how to use a potometer.	<input type="checkbox"/>	I can explain how to calculate the rate of transpiration using a potometer.	<input type="checkbox"/>
	I can state a limitation found with the method.	<input type="checkbox"/>	I can discuss a range of limitations with this method, which might affect the results.	<input type="checkbox"/>	I can discuss a range of limitations with this method, which might affect the results, suggesting a series of improvements.	<input type="checkbox"/>

B3 – Organ Level Systems

The nervous system

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B3.1.1 Nervous system	I can state the function of the nervous system.	<input type="checkbox"/>	I can describe the pathway taken by an impulse in a nervous reaction.	<input type="checkbox"/>	I can explain how the nervous system produces a coordinated response.	<input type="checkbox"/>
	I can state the difference between a nerve and a neurone.	<input type="checkbox"/>	I can describe the different types of neurone in the nervous system.	<input type="checkbox"/>	I can explain the difference in function of sensory and motor neurones.	<input type="checkbox"/>
	I can state that the reaction time measured is controlled by the nervous system.	<input type="checkbox"/>	I can identify reasons for reaction times measured, by describing the pathway taken by the impulse.	<input type="checkbox"/>	I can explain the reasons for different reaction times between dominant and non-dominant hands.	<input type="checkbox"/>
B3.1.2 Reflexes	I can state what is meant by a reflex action.	<input type="checkbox"/>	I can describe the pathway of the impulse in the reflex arc during a reflex action.	<input type="checkbox"/>	I can explain how a specific example of a reflex action occurs.	<input type="checkbox"/>
	I can list examples of reflex actions.	<input type="checkbox"/>	I can describe the difference between a reflex action and a voluntary action.	<input type="checkbox"/>	I can explain why a reflex action is faster than a voluntary action.	<input type="checkbox"/>
	I can plan a simple experiment to make a basic observation of the iris reflex.	<input type="checkbox"/>	I can plan a series of simple experiments to make observations of the iris reflex.	<input type="checkbox"/>	I can plan a systematic series of experiments to fully investigate the iris reflex.	<input type="checkbox"/>

Triple content

B3.1.3 The eye	I can identify the main structures of the eye.	<input type="checkbox"/>	I can describe the function of each of the main structures in the eye.	<input type="checkbox"/>	I can explain how the eye focuses light on the retina.	<input type="checkbox"/>
	I can name some defects of vision.	<input type="checkbox"/>	I can describe some defects of vision.	<input type="checkbox"/>	I can explain how common defects of vision can be corrected.	<input type="checkbox"/>
	I can use a model to observe how light travels through the eye.	<input type="checkbox"/>	I can use a model to describe how the structures of the eye focus light on the retina.	<input type="checkbox"/>	I can use a model to explain how changes in the lens shape would result in accommodation of light rays.	<input type="checkbox"/>

B3.1.4 The brain	I can name the main structures in the brain.	<input type="checkbox"/>	I can describe the location of the main structures of the brain.	<input type="checkbox"/>	I can describe the function of the main structures in the brain.	<input type="checkbox"/>
			I can describe some of the different techniques used to investigate brain function. H	<input type="checkbox"/>	I can explain why it is difficult to investigate brain function. H	<input type="checkbox"/>
			I can describe a range of practical and ethical concerns in scientific research. H	<input type="checkbox"/>	I can justify decisions about the ethics of scientific research methods. H	<input type="checkbox"/>
B3.1.5 Nervous system damage H			I can describe examples of damage to nervous tissue.	<input type="checkbox"/>	I can explain how damage to nervous has an effect on the functioning of the body.	<input type="checkbox"/>
			I can describe some methods used to treat damage to the nervous system.	<input type="checkbox"/>	I can explain the difficulties in treating the nervous system.	<input type="checkbox"/>
			I can describe some of the personal implications to the patient of treatments for damage to the nervous system.	<input type="checkbox"/>	I can evaluate the personal implications to the patient of treatments for damage to the nervous system.	<input type="checkbox"/>

B3.2.4 Controlling reproduction	I can state some examples of contraception.	<input type="checkbox"/>	I can describe how the different methods of contraception work.	<input type="checkbox"/>	I can evaluate different methods of contraception.	<input type="checkbox"/>
	I can name the different types of hormone-based contraception.	<input type="checkbox"/>	I can explain how hormones are used in contraception.	<input type="checkbox"/>	I can evaluate hormonal contraception methods compared with non-hormonal contraception.	<input type="checkbox"/>
	I can state that applications of science have helped humans control their reproduction.	<input type="checkbox"/>	I can discuss how knowledge of reproduction allowed scientists to develop applications to control reproduction.	<input type="checkbox"/>	I can explain the need for scientists to evaluate reproductive applications of science, in order to inform the public.	<input type="checkbox"/>
B3.2.5 Using hormones to treat infertility H			I can describe some causes of infertility.	<input type="checkbox"/>	I can discuss issues surrounding fertility treatment.	<input type="checkbox"/>
			I can describe the process of in vitro fertilisation (IVF).	<input type="checkbox"/>	I can explain how hormones can be used to treat infertility.	<input type="checkbox"/>
			I can use evidence to support or reject the use of IVF.	<input type="checkbox"/>	I can justify decisions about the suitability of IVF based on an evaluation of the evidence and arguments about the technique.	<input type="checkbox"/>

Triple content

B3.2.6 Plant hormones	I can name the process by which plants respond to light.	<input type="checkbox"/>	I can describe the process of phototropism.	<input type="checkbox"/>	I can explain the role of auxins on phototropism.	<input type="checkbox"/>
	I can name the process by which plants respond to gravity.	<input type="checkbox"/>	I can describe the process of gravitropism.	<input type="checkbox"/>	I can explain the role of auxins in gravitropism.	<input type="checkbox"/>
	I can use scientific facts to develop a method, given a hypothesis.	<input type="checkbox"/>	I can use scientific theories to develop a hypothesis.	<input type="checkbox"/>	I can use scientific theories to develop a hypothesis that clearly links a dependent and independent variable.	<input type="checkbox"/>

B3.2.7 Uses of plant hormones	I can give an example of a plant hormone.	<input type="checkbox"/>	I can describe some of the effects of plant hormones on the plant.	<input type="checkbox"/>	I can explain how plant hormones have their effects on plants.	<input type="checkbox"/>
	I can state one advantage of the use of plant hormones.	<input type="checkbox"/>	I can describe commercial uses of plant hormones.	<input type="checkbox"/> H	I can explain the commercial advantages of using plant hormones.	<input type="checkbox"/> H
			I can describe some impacts on society of the use of plant hormones.	<input type="checkbox"/> H	I can evaluate the economic and other benefits to society of the commercial use of plant hormones.	<input type="checkbox"/> H

Maintaining internal environments

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B3.3.1 Controlling body temperature	I can state some of the changes that occur in the skin at high or low temperatures.	<input type="checkbox"/>	I can describe the function of the skin in controlling body temperature.	<input type="checkbox"/>	I can explain in detail the body's responses to temperature change.	<input type="checkbox"/> H
	I can state what is meant by homeostasis.	<input type="checkbox"/>	I can describe how overheating or cooling can affect the body.	<input type="checkbox"/> H	I can explain the importance of maintaining a constant internal environment.	<input type="checkbox"/>
	I can make and record measurements from an experiment.	<input type="checkbox"/>	I can make and record accurate measurements in a clear table.	<input type="checkbox"/>	I can make and record accurate, repeated measurements systematically in a well-organised table with clear headings and units.	<input type="checkbox"/>
B3.3.2 Controlling blood sugar	I can name a hormone involved in blood sugar control.	<input type="checkbox"/>	I can explain the role of insulin in maintaining blood glucose levels.	<input type="checkbox"/>	I can explain the role of glucagon and insulin in maintaining blood glucose levels.	<input type="checkbox"/> H
	I can state why blood sugar levels change throughout the day.	<input type="checkbox"/>	I can describe the main differences between type 1 and type 2 diabetes.	<input type="checkbox"/>	I can explain the differences between the treatments for type 1 and type 2 diabetes.	<input type="checkbox"/>
	I can state basic observations about blood sugar levels obtained in an experiment.	<input type="checkbox"/>	I can interpret data, obtained in an experiment, to describe the changes in blood glucose levels.	<input type="checkbox"/>	I can interpret data, obtained in an experiment, to explain the changes in blood glucose levels and compare with other data.	<input type="checkbox"/>

B3.3.4 Inside the kidney	I can identify the structures present in the kidney.	<input type="checkbox"/>	I can describe the function of the different regions of a nephron.	<input type="checkbox"/>	I can explain ultrafiltration and selective reabsorption in the nephron.	<input type="checkbox"/>
	I can state that the concentration of urine can change.	<input type="checkbox"/>	I can describe how the kidney can produce varying amounts of urine depending upon the body's level of hydration.	<input type="checkbox"/> H	I can explain how ADH determines the amount of water that is reabsorbed.	<input type="checkbox"/> H
	I can use some scientific vocabulary when discussing the structure or function of the kidney.	<input type="checkbox"/>	I can use appropriate scientific vocabulary when describing the function of the nephron.	<input type="checkbox"/>	I can use a full range of scientific vocabulary and terminology to explain the functioning of the nephron.	<input type="checkbox"/>

Triples need to learn all of the statements in the grid.

Combined only need to learn:

- Be able to explain the importance of maintain a constant internal environment in response to internal and external change
- All of the controlling blood sugar section, to include a comparison of type I and type II diabetes
- Be able to describe the gross structure of the kidney and the structure of the kidney tubule.

B4 – Community level systems

Ecosystems

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B4.1.1 Ecosystems	I can state the names of the different levels of organisation in an ecosystem.	<input type="checkbox"/>	I can describe the levels of organisation within an ecosystem.	<input type="checkbox"/>	I can explain how the different levels of organisation are related.	<input type="checkbox"/>
	I can describe the differences between a producer and a consumer.	<input type="checkbox"/>	I can describe how organisms are organised into food chains and food webs.	<input type="checkbox"/>	I can explain how organisms can be categorised into trophic levels.	<input type="checkbox"/>
	I can use some scientific vocabulary and terminology.	<input type="checkbox"/>	I can use scientific vocabulary, terminology, and definitions.	<input type="checkbox"/>	I can use a full range of scientific vocabulary, terminology, and definitions appropriately and fluently.	<input type="checkbox"/>
B4.1.2 Abiotic and biotic factors	I can state the difference between a biotic and an abiotic factor.	<input type="checkbox"/>	I can describe how a named biotic or abiotic factor might affect a species.	<input type="checkbox"/>	I can explain how biotic and abiotic factors can affect communities.	<input type="checkbox"/>
	I can use a sampling technique to record organisms in their environment.	<input type="checkbox"/>	I can explain that sampling techniques produce results that are representative of the environment as a whole.	<input type="checkbox"/>	I can justify the number and frequency of samples collected to produce unbiased and representative data.	<input type="checkbox"/>
	I can plot data from an experiment onto a graph with given axes.	<input type="checkbox"/>	I can plot data from an experiment in an appropriate graph.	<input type="checkbox"/>	I can plot data from an experiment in an appropriate graph with suitable and correctly labelled axes.	<input type="checkbox"/>
B4.1.3 Competition and interdependence	I can state the factors plants and animals need to survive.	<input type="checkbox"/>	I can describe how species compete with each other for a factor.	<input type="checkbox"/>	I can explain how the availability of a factor affects the population of a species.	<input type="checkbox"/>
	I can state different types of interdependent relationships.	<input type="checkbox"/>	I can describe the difference between mutualism and parasitism.	<input type="checkbox"/>	I can explain how predator and prey populations fluctuate in a predation relationship.	<input type="checkbox"/>
	I can use some scientific vocabulary and terminology.	<input type="checkbox"/>	I can use scientific vocabulary, terminology, and definitions.	<input type="checkbox"/>	I can use a full range of scientific vocabulary, terminology, and definitions appropriately and fluently.	<input type="checkbox"/>

B4.1.6 Nutrient cycling	I can describe what nutrient cycling means.	<input type="checkbox"/>	I can describe how nitrogen and water are cycled through the ecosystem.	<input type="checkbox"/>	I can explain the processes involved in achieving the steps in the cycling of nitrogen and water through an	<input type="checkbox"/>
	I can state that carbon, nitrogen, and water are essential for living organisms.	<input type="checkbox"/>	I can describe how living organisms make use of carbon, nitrogen, and water.	<input type="checkbox"/>	I can explain the role of microorganisms in the recycling of materials for living organisms.	<input type="checkbox"/>
	I can describe an activity that illustrates a process in the nutrient cycle.	<input type="checkbox"/>	I can suggest activities or experiments that would provide observations that could be used to show a process in a nutrient cycle.	<input type="checkbox"/>	I can suggest activities or experiments that would provide observations to explain processes in a nutrient cycle.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B4.1.7 The carbon cycle	I can state that carbon is cycled between the biotic and abiotic world.	<input type="checkbox"/>	I can describe how carbon is added to, or removed from, the atmosphere.	<input type="checkbox"/>	I can explain the processes that bring about the steps in the carbon cycle.	<input type="checkbox"/>
	I can state that carbon dioxide levels in the atmosphere are increasing.	<input type="checkbox"/>	I can describe the ways in which carbon dioxide is being added to the atmosphere in excess.	<input type="checkbox"/>	I can explain fully why atmospheric carbon dioxide levels are increasing, resulting in a cycle that is no longer in balance.	<input type="checkbox"/>
	I can identify connections between statements that help develop an understanding of some stages of the carbon cycle, using some key vocabulary.	<input type="checkbox"/>	I can identify connections between statements, to describe all the stages in the carbon cycle, using a range of appropriate terminology.	<input type="checkbox"/>	I can use a full range of appropriate scientific vocabulary and terminology when explaining the links in the carbon cycle.	<input type="checkbox"/>
B4.1.8 Decomposers	I can state some examples of decomposers and detritivores.	<input type="checkbox"/>	I can describe what is meant by decomposition.	<input type="checkbox"/>	I can explain how environmental factors affect the rate of decomposition.	<input type="checkbox"/>
	I can describe a simple plan, which lacks detail, to test the effect of a factor on decomposition.	<input type="checkbox"/>	I can describe a plan that will test a hypothesis of the effect of a factor on the rate of decay.	<input type="checkbox"/>	I can suggest a detailed plan, which will test a hypothesis of the effect of a number of factors on the rate of	<input type="checkbox"/>
	I can state from my observations that a factor has affected decomposition.	<input type="checkbox"/>	I can use my observations to describe the effect of my factor on the rate of decay.	<input type="checkbox"/>	I can interpret my observations to explain the effect of a series of factors on the rate of decomposition.	<input type="checkbox"/>

Triple content

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B4.1.4 Pyramids of biomass	I can state what a pyramid of biomass shows.	<input type="checkbox"/>	I can explain what pyramids of biomass show.	<input type="checkbox"/>	I can explain the advantage of plotting a pyramid of biomass.	<input type="checkbox"/>
	I can state what is meant by the term biomass.	<input type="checkbox"/>	I can describe how biomass data is collected.	<input type="checkbox"/>	I can suggest advantages and disadvantages of collecting biomass data.	<input type="checkbox"/>
	I can use data to sketch a pyramid of biomass.	<input type="checkbox"/>	I can calculate biomass data and sketch a pyramid of biomass to represent the data.	<input type="checkbox"/>	I can calculate biomass data and accurately plot a pyramid of biomass to represent the data.	<input type="checkbox"/>
B4.1.5 Efficiency of biomass transfer	I can state that biomass is lost between trophic levels.	<input type="checkbox"/>	I can describe how biomass is lost between trophic levels.	<input type="checkbox"/>	I can explain why the loss of biomass limits the number of trophic levels.	<input type="checkbox"/>
	I can calculate the biomass loss at each link in a food chain.	<input type="checkbox"/>	I can calculate the efficiency of biomass transfer.	<input type="checkbox"/>	I can compare the efficiency of biomass transfer for different organisms.	<input type="checkbox"/>
	I can compare biomass losses at each link in the food chain.	<input type="checkbox"/>	I can interpret data on the efficiency of biomass transfer.	<input type="checkbox"/>	I can interpret data on the efficiency of biomass transfer between different links in the food chains or between different	<input type="checkbox"/>

B5 – Genes, Inheritance and Selection

Inheritance

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B5.1.1 Inheritance	I can state what is meant by variation.	<input type="checkbox"/>	I can describe the two causes of variation, genetic and environmental, and give examples.	<input type="checkbox"/>	I can explain the differences between genetic and environmental variation.	<input type="checkbox"/>
	I can name some examples of continuous or discontinuous variation.	<input type="checkbox"/>	I can describe the differences between discontinuous and continuous variation.	<input type="checkbox"/>	I can explain distinguish between the causes of discontinuous and continuous variation.	<input type="checkbox"/>
	I can record observations in a basic table.	<input type="checkbox"/>	I can record data from experiments in a clear table with full headings, and plot a simple graph.	<input type="checkbox"/>	I can record data from experiments in a clear table with full headings, and plot appropriate graphs to represent the data.	<input type="checkbox"/>
B5.1.2 Sexual and asexual reproduction	I can state that there are two types of reproduction.	<input type="checkbox"/>	I can describe the differences between asexual and sexual reproduction.	<input type="checkbox"/>	I can explain some of the advantages and disadvantages of asexual and sexual reproduction.	<input type="checkbox"/>
	I can state what is meant by a clone.	<input type="checkbox"/>	I can describe the process by which some organisms are able to produce clones.	<input type="checkbox"/>	I can explain why clones lack genetic variation.	<input type="checkbox"/>
	I can state some applications of a scientific knowledge of reproduction.	<input type="checkbox"/>	I can describe the application of science to reproductive technologies.	<input type="checkbox"/>	I can explain how an application of science to reproductive technologies has brought about new or improved varieties.	<input type="checkbox"/>
B5.1.3 Meiosis	I can state that gametes are produced by meiosis.	<input type="checkbox"/>	I can explain the process of meiosis.	<input type="checkbox"/>	I can explain the significance of meiosis in genetic variation.	<input type="checkbox"/>
	I can state that the chromosome number halves when an organism makes gametes.	<input type="checkbox"/>	I can describe the difference between haploid and diploid cells.	<input type="checkbox"/>	I can explain the role of meiosis in maintaining the chromosome number.	<input type="checkbox"/>
	I can use some scientific vocabulary and to communicate simply and clearly.	<input type="checkbox"/>	I can use scientific vocabulary and terminology to communicate effectively, sustaining interest.	<input type="checkbox"/>	I can use scientific vocabulary and terminology to communicate with impact.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B5.1.4 Dominant and recessive alleles	I can state some examples of characteristics controlled by dominant alleles.	<input type="checkbox"/>	I can describe the difference between homozygous and heterozygous.	<input type="checkbox"/>	I can explain how the combination of alleles in the genotype can be expressed in the phenotype.	<input type="checkbox"/>
	I can state that individuals have two alleles for a characteristic.	<input type="checkbox"/>	I can describe the difference between homozygous and heterozygous.	<input type="checkbox"/>	I can explain how sexual reproduction leads to new combinations of alleles in the genotype.	<input type="checkbox"/>
	I can use some scientific vocabulary to communicate simply and clearly.	<input type="checkbox"/>	I can use scientific vocabulary and terminology to communicate effectively, sustaining interest.	<input type="checkbox"/>	I can use scientific vocabulary and terminology to communicate with impact.	<input type="checkbox"/>
B5.1.5 Genetic crosses (1)	I can state that alleles are passed from one generation to the next during reproduction.	<input type="checkbox"/>	I can describe the steps in a genetic cross between two homozygous individuals.	<input type="checkbox"/>	I can explain how to use a Punnett square to show the results of fertilisation.	<input type="checkbox"/>
	I can state that it is possible to predict the outcome of a genetic cross.	<input type="checkbox"/>	I can use any one of percentages, fractions, or ratios to represent the outcome of a genetic cross.	<input type="checkbox"/>	I can compare and evaluate the use of percentages, fractions, and ratios to represent the outcome of a genetic cross.	<input type="checkbox"/>
	I can complete models, such as Punnett squares, given the alleles, to show the outcome of a genetic cross.	<input type="checkbox"/>	I can complete models, such as Punnett squares, to predict the outcome of a genetic cross.	<input type="checkbox"/>	I can draw, and confidently, use models, such as Punnett squares, to predict the outcome of a genetic cross.	<input type="checkbox"/>
B5.1.6 Genetic crosses (2)	I can state that a heterozygous genetic cross can result in offspring of a different phenotype to the parents.	<input type="checkbox"/>	I can describe the steps in a genetic cross between two heterozygous individuals.	<input type="checkbox"/>	I can use percentages, fractions, and ratios to represent the outcome of a heterozygous genetic cross.	<input type="checkbox"/>
	I can state the genotype of a male and female organism.	<input type="checkbox"/>	I can use a genetic cross to show how gender is inherited.	<input type="checkbox"/>	I can compare and evaluate the use of percentages, fractions, and ratios to represent the probability of having male	<input type="checkbox"/>
	I can complete model, such as Punnett squares, given the alleles, to show the outcome of a heterozygous genetic cross.	<input type="checkbox"/>	I can complete models, such as Punnett squares, to predict the outcome of a heterozygous genetic cross.	<input type="checkbox"/>	I can draw, and confidently, use models, such as Punnett squares, to predict the outcome of a heterozygous genetic cross.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B5.1.7 Mutations	I can state what is meant by a mutation.	<input type="checkbox"/>	I can describe how a mutation can influence phenotype.	<input type="checkbox"/>	I can explain how a mutation alters the way in which the gene functions in the cell.	<input type="checkbox"/>
	I can state some examples of harmful, beneficial, and neutral mutations.	<input type="checkbox"/>	I can describe the consequences of harmful or beneficial mutations.	<input type="checkbox"/>	I can explain the causes of mutations.	<input type="checkbox"/>
	I can use some key facts to present a basic description of a genetic disorder.	<input type="checkbox"/>	I can use a range of factual information to present an explanation of the causes and effects of a genetic disorder.	<input type="checkbox"/>	I can use a wide range of relevant factual information, including data, to present a reasoned explanation of the causes, effects, and inheritance of a genetic disorder.	<input type="checkbox"/>

Triple content

B5.1.8 The history of genetics	I can name the key scientist who developed our understanding of inheritance.	<input type="checkbox"/>	I can describe the conclusions Mendel drew from his experiments.	<input type="checkbox"/>	I can discuss the importance of Mendel's work on genetics.	<input type="checkbox"/>
	I can state that Mendel's work led to further discoveries.	<input type="checkbox"/>	I can describe how our understanding of genetics has changed over time.	<input type="checkbox"/>	I can explain how scientific ideas are built upon prior work of other scientists.	<input type="checkbox"/>
	I can state that scientists publish their results and ideas for other scientists to read.	<input type="checkbox"/>	I can describe how scientists publish their results and how they are checked.	<input type="checkbox"/>	I can explain the importance of peer review of results and of communicating those results.	<input type="checkbox"/>

Natural selection and evolution

	Aiming for 4		Aiming for 6		Aiming for 8	
B5.2.1 Inheritance	I can state that evolution is the gradual change in the characteristics of a population over time.	<input type="checkbox"/>	I can describe what is meant by natural selection.	<input type="checkbox"/>	I can explain how evolution occurs through the process of natural selection.	<input type="checkbox"/>
	I can list some examples of evolution.	<input type="checkbox"/>	I can describe some examples of evolution.	<input type="checkbox"/>	I can explain the role of mutations in bringing about evolution.	<input type="checkbox"/>
	I can use observations to present a simple description of the evolution of a characteristic.	<input type="checkbox"/>	I can use some scientific facts to present a simple explanation for the evolution of a characteristic.	<input type="checkbox"/>	I can use a range of scientific facts to present a reasoned explanation for the evolution of a characteristic.	<input type="checkbox"/>
B5.2.2 Evidence for evolution	I can state what a fossil is.	<input type="checkbox"/>	I can describe how a fossil forms.	<input type="checkbox"/>	I can explain how the fossil record provides evidence for evolution.	<input type="checkbox"/>
	I can name other types of evidence for evolution.	<input type="checkbox"/>	I can describe other examples of evidence for evolution.	<input type="checkbox"/>	I can explain how the other types of evidence provide evidence for evolution.	<input type="checkbox"/>
	I can recognise links between pieces of fossil evidence.	<input type="checkbox"/>	I can use fossil evidence to make decisions about the evolution of a characteristic in a species.	<input type="checkbox"/>	I can evaluate the quality of fossil evidence when explaining the evolution of a characteristic in a species.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B5.2.4 Classification systems	I can state what is meant by classification.	<input type="checkbox"/>	I can describe the artificial system of classification.	<input type="checkbox"/>	I can explain how scientific advances have led to the development of the natural classification system.	<input type="checkbox"/>
	I can record some observations and form basic groups of organisms.	<input type="checkbox"/>	I can record observable differences between species and use this evidence to group species.	<input type="checkbox"/>	I can evaluate recorded observations and make decisions to group organisms based on that evaluated evidence.	<input type="checkbox"/>
	I can state that classification systems use a variety of evidence.	<input type="checkbox"/>	I can describe new technologies that are used in classification.	<input type="checkbox"/>	I can discuss how new technologies have influenced the development of scientific classification over time.	<input type="checkbox"/>

Triple content

B5.2.3 The theory of evolution	I can name the key scientists involved in developing the theory of evolution.	<input type="checkbox"/>	I can describe how these scientists formed their theory of evolution.	<input type="checkbox"/>	I can explain how the evidence that the scientists collected allowed them to develop their theory.	<input type="checkbox"/>
	I can state one reason why many people rejected the theory of evolution.	<input type="checkbox"/>	I can describe the reaction of other scientists and the public to the theory of evolution when it was published.	<input type="checkbox"/>	I can explain how the theory of evolution has more accepted and has had an impact on modern biology.	<input type="checkbox"/>
	I can state that the theory of evolution was published for others to read.	<input type="checkbox"/>	I can describe the importance of peer review for the acceptance of Darwin and Wallace's work.	<input type="checkbox"/>	I can explain the importance of the recognition of the work of Darwin and Wallace by scientists to the public acceptance of the ideas.	<input type="checkbox"/>

B6 – Global challenges

Monitoring and maintaining the environment

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B6.1.1 Sampling techniques (1)	I can describe what is meant by a sample.	<input type="checkbox"/>	I can describe some techniques for sampling.	<input type="checkbox"/>	I can justify the selection of a particular sampling technique for a given organism.	<input type="checkbox"/>
	I can state that there are two types of identification keys that are used to identify organisms.	<input type="checkbox"/>	I can use an identification key to identify organisms.	<input type="checkbox"/>	I can explain how to use an identification key.	<input type="checkbox"/>
	I can use quadrats to sample the abundance of organisms.	<input type="checkbox"/>	I can use transect lines and quadrats to investigate the distribution or abundance of organisms.	<input type="checkbox"/>	I can justify the use of transect lines and quadrats to investigate the distribution or abundance of organisms.	<input type="checkbox"/>
B6.1.2 Sampling techniques (2)	I can describe how to sample plants in a habitat.	<input type="checkbox"/>	I can explain the difference between random and non-random sampling techniques.	<input type="checkbox"/>	I can explain how to calculate a plant population for an area using the scaling-up method.	<input type="checkbox"/>
	I can describe how to sample motile animals in a habitat.	<input type="checkbox"/>	I can explain why the same method of sampling must be used each time when carrying out capture-recapture technique.	<input type="checkbox"/>	I can estimate the size of an animal population using data from the capture-recapture technique.	<input type="checkbox"/>
	I can state what is meant by bias in sampling techniques.	<input type="checkbox"/>	I can describe methods of avoiding bias in sampling technique when collecting data to estimate population size.	<input type="checkbox"/>	I can explain why we are often only able to calculate an estimate of an animal population in a habitat.	<input type="checkbox"/>
B6.1.3 Loss of biodiversity	I can state what biodiversity is.	<input type="checkbox"/>	I can describe some processes that result in a loss of biodiversity.	<input type="checkbox"/>	I can explain how human activity results in a loss of biodiversity.	<input type="checkbox"/>
	I can state that science allows us to understand how we can affect our environment.	<input type="checkbox"/>	I can describe how developments in science have allowed us to understand that we are reducing biodiversity.	<input type="checkbox"/>	I can explain how our developing scientific knowledge has increased our understanding of ways to modify our <u>management of the environment</u> .	<input type="checkbox"/>
	I can state that a loss of biodiversity has negative implications.	<input type="checkbox"/>	I can describe some of the social, economic, and environmental implications of the loss of biodiversity.	<input type="checkbox"/>	I can evaluate the social, economic, and environmental implications associated with a loss of biodiversity.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B6.1.4 Increasing biodiversity	I can state what is meant by conservation.	<input type="checkbox"/>	I can describe the importance of conservation for endangered species.	<input type="checkbox"/>	I can explain how conservation can be used to increase biodiversity.	<input type="checkbox"/>
	I can list at least two methods of conservation.	<input type="checkbox"/>	I can describe a method of conservation that will maintain biodiversity.	<input type="checkbox"/>	I can explain how captive breeding or seed banks can lead to increased biodiversity.	<input type="checkbox"/>
	I can state one reason for conserving a species.	<input type="checkbox"/>	I can describe the ethical issues that might arise from some conservation methods to increase biodiversity.	<input type="checkbox"/>	I can discuss the ethical responsibility to increase species and biodiversity.	<input type="checkbox"/>
B6.1.5 Maintaining biodiversity	I can name some global agreements used to maintain biodiversity.	<input type="checkbox"/>	I can describe how global agreements function to maintain biodiversity.	<input type="checkbox"/>	I can explain why local and global agreements are needed to maintain biodiversity.	<input type="checkbox"/>
	I can state what is meant by ecotourism.	<input type="checkbox"/>	I can describe how ecotourism is different from ordinary tourism.	<input type="checkbox"/>	I can explain how ecotourism helps to maintain biodiversity.	<input type="checkbox"/>
	I can state that there are advantages and disadvantages to methods used to maintain biodiversity.	<input type="checkbox"/>	I can discuss some of the social, economic, and environmental benefits or challenges of maintaining biodiversity.	<input type="checkbox"/>	I can evaluate the social, economic, and environmental benefits and challenges of maintaining biodiversity.	<input type="checkbox"/>

Triple content

B6.1.6 Monitoring biodiversity	I can describe what an indicator species is.	<input type="checkbox"/>	I can explain how scientists use the distribution of organisms to monitor air and water pollution.	<input type="checkbox"/>
	I can compare indicator species distributions with physical data of environmental pollution.	<input type="checkbox"/>	I can evaluate indicator species as a measure of environmental pollution.	<input type="checkbox"/>
	I can describe the risks to wildlife to environmental pollution.	<input type="checkbox"/>	I can evaluate the risks posed to wildlife and society from environmental pollution.	<input type="checkbox"/>

Feeding the human race

B6.2.3 Selective breeding	I can state what is meant by selective breeding.	<input type="checkbox"/>	I can describe how organisms are selectively bred.	<input type="checkbox"/>	I can explain how selective breeding increases yields.	<input type="checkbox"/>
	I can state some advantages of selectively bred organisms.	<input type="checkbox"/>	I can describe the advantages and disadvantages of selective breeding.	<input type="checkbox"/>	I can evaluate the advantages and disadvantages of selective breeding.	<input type="checkbox"/>
	I can state that an understanding of science has enhanced the process of selective breeding.	<input type="checkbox"/>	I can describe how the understanding of science has given us the power to plan a selective breeding programme.	<input type="checkbox"/>	I can discuss how the limitations of the science of selective breeding have driven scientists to seek other methods to increase yields.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B6.2.4 Genetic engineering	I can state what is meant by genetic engineering.	<input type="checkbox"/>	I can describe simply how an organism is genetically engineered.	<input type="checkbox"/>	I can evaluate the benefits and risks of using genetic engineering in agriculture.	<input type="checkbox"/>
	I can state that an understanding of science has led to genetic engineering.	<input type="checkbox"/>	I can describe how the understanding of science has allowed us to develop the process of genetic engineering.	<input type="checkbox"/>	I can discuss the scientific achievement and limitations of the process of genetic engineering.	<input type="checkbox"/>
	I can state an ethical objection to genetic engineering.	<input type="checkbox"/>	I can discuss a range of ethical concerns arising from genetic engineering.	<input type="checkbox"/>	I can evaluate the ethical issues raised by governments, scientists, and the wider public about genetic engineering.	<input type="checkbox"/>
B6.2.5 Producing a genetically engineered organism			I can describe how to genetically engineer an organism.	<input type="checkbox"/>	I can explain how bacteria are genetically engineered to produce hormones.	<input type="checkbox"/>
			I can describe the role of the various enzymes used in the process of genetic engineering.	<input type="checkbox"/>	I can explain how antibiotic-resistance markers are used to select bacteria that contain foreign genes.	<input type="checkbox"/>
			I can describe some technological processes involved in genetic engineering.	<input type="checkbox"/>	I can explain in detail the technological applications of science in genetic engineering.	<input type="checkbox"/>
B6.2.6 Use of biotechnology in farming	I can state what is meant by biotechnology.	<input type="checkbox"/>	I can describe some examples of biotechnology.	<input type="checkbox"/>	I can explain how biotechnology provides possible solutions to the demands of the growing human population.	<input type="checkbox"/>
	I can state that the global use of GM crops is increasing.	<input type="checkbox"/>	I can compare the use of GM crops between industrial and developing countries.	<input type="checkbox"/>	I can explain how the use of GM crops contributes to food security in different economically developed countries.	<input type="checkbox"/>
	I can use a piece of evidence to support a viewpoint on the use of GM crops.	<input type="checkbox"/>	I can use evidence to make a decision about the use of GM crops.	<input type="checkbox"/>	I can evaluate the evidence and arguments when making a decision about the use of GM crops.	<input type="checkbox"/>

Triple content

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B6.2.1 Food security	I can state what is meant by food security.	<input type="checkbox"/>	I can describe biological factors that affect the levels of food security.	<input type="checkbox"/>	I can explain why food security is important for the human population.	<input type="checkbox"/>
	I can list techniques used for increasing food security.	<input type="checkbox"/>	I can describe techniques for increasing food production.	<input type="checkbox"/>	I can evaluate the effectiveness of the different methods for increasing food production.	<input type="checkbox"/>
	I can state some arguments for and against methods to give greater food security.	<input type="checkbox"/>	I can compare arguments and evidence for and against methods used to give greater food security.	<input type="checkbox"/>	I can evaluate the arguments and evidence used to make decisions about the use of methods to give greater food security.	<input type="checkbox"/>
B6.2.2 Feeding the world	I can state what is meant by sustainable food production.	<input type="checkbox"/>	I can describe how fertilisers, pesticides, and biological control improve food production.	<input type="checkbox"/>	I can evaluate the advantages and disadvantages and disadvantages of the use of fertilisers, pesticides, and biological control in improving food	<input type="checkbox"/>
	I can name two modern methods for increasing food production.	<input type="checkbox"/>	I can describe how modern methods, such as fish farming and hydroponics, can be used to produce food.	<input type="checkbox"/>	I can explain how modern methods of farming, such as hydroponics and fish farming, provide a sustainable food	<input type="checkbox"/>
	I can state that our understanding of science has led to the development of new farming techniques.	<input type="checkbox"/>	I can describe how newly developed farming techniques have led to an improved quality of life.	<input type="checkbox"/>	I can discuss how scientific developments in farming have led to an improved quality of life, whilst limitations	<input type="checkbox"/>

Combined only for the final part of B6 (Triples have not completed this section – though the triple content is included so that you all have a complete list for the actual exams)

Monitoring and maintaining health

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B6.3.1 Health and disease	I can describe the relationship between health and disease.	<input type="checkbox"/>	I can describe some causes of disease.	<input type="checkbox"/>	I can explain the interaction between some different types of disease.	<input type="checkbox"/>
	I can state the difference between communicable and non-communicable diseases.	<input type="checkbox"/>	I can describe how scientists track the progress of a disease in the study of epidemiology.	<input type="checkbox"/>	I can explain the importance of epidemiological studies in the control of communicable diseases.	<input type="checkbox"/>
	I can recognise trends in epidemiological data.	<input type="checkbox"/>	I can plot two variables from an epidemiological study in a suitable graph and recognise a trend.	<input type="checkbox"/>	I can plot two variables from an epidemiological study in a suitable graph and interpret the significance of the graph.	<input type="checkbox"/>
B6.3.2 Spread of communicable diseases	I can state what is meant by a communicable disease.	<input type="checkbox"/>	I can describe how communicable diseases can be spread between animals or plants.	<input type="checkbox"/>	I can explain how scientists monitor disease.	<input type="checkbox"/>
	I can state that an infection by a pathogen produces a range of symptoms.	<input type="checkbox"/>	I can describe how pathogens cause illness.	<input type="checkbox"/>	I can examine how the lifecycle of a pathogen contributes to its ability to cause illness and to spread.	<input type="checkbox"/>
	I can state that communicable diseases present a risk to society.	<input type="checkbox"/>	I can describe how scientists attempt to reduce the risk to society of a communicable disease.	<input type="checkbox"/>	I can evaluate the control methods used to reduce the risk to society of spread of a communicable disease.	<input type="checkbox"/>
B6.3.3 Preventing the spread of communicable diseases	I can list some methods of preventing the spread of a communicable disease.	<input type="checkbox"/>	I can describe some methods of preventing the spread of communicable diseases in plants or animals.	<input type="checkbox"/>	I can explain how the spread of communicable diseases can be reduced or prevented in plants or animals.	<input type="checkbox"/>
	I can name a method of detecting whether or not an organism has been infected with a communicable disease.	<input type="checkbox"/>	I can describe how scientists might test an organism to check for infection.	<input type="checkbox"/>	I can explain the importance of identifying infected organisms when trying to prevent the spread of a communicable	<input type="checkbox"/>
	I can state that science has helped to reduce the spread of communicable diseases.	<input type="checkbox"/>	I can explain how the application of science has helped to reduce the spread of communicable diseases.	<input type="checkbox"/>	I can evaluate the application of science in helping to reduce the spread of communicable diseases.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B6.3.4 Human infections	I can name a fungal, a bacterial, and a sexually transmitted infection in humans.	<input type="checkbox"/>	I can describe the symptoms of at least one fungal, one bacterial, and one sexually transmitted infection in humans.	<input type="checkbox"/>	I can discuss the causes of and transmission of at least one fungal, one bacterial, and one sexually transmitted	<input type="checkbox"/>
	I can state a method of preventing the spread of each of a named fungal, bacterial, and sexually transmitted infection in humans.	<input type="checkbox"/>	I can describe methods of preventing the spread of each of a named fungal, bacterial, and sexually transmitted infection	<input type="checkbox"/>	I can explain the treatment of each of a named fungal, bacterial and sexually transmitted infection in humans.	<input type="checkbox"/>
	I can state that human diseases have some personal, social, and economic implications.	<input type="checkbox"/>	I can describe some personal, social, and economic implications of a human disease.	<input type="checkbox"/>	I can evaluate the personal, social, and economic implications of a range of human diseases.	<input type="checkbox"/>
B6.3.5 Plant diseases	I can name a viral, bacterial, and fungal plant disease.	<input type="checkbox"/>	I can describe each of viral, bacterial, and fungal plant disease.	<input type="checkbox"/>	I can discuss the causes and transmission of a viral, a bacterial, and a fungal plant disease.	<input type="checkbox"/>
	I can state a method of preventing the spread of each of a named viral, bacterial, and fungal plant disease.	<input type="checkbox"/>	I can describe methods of preventing the spread of each of a named viral, bacterial, and fungal plant infection.	<input type="checkbox"/>	I can explain how methods of preventing the spread of each of a named viral, bacterial, and fungal plant infection work.	<input type="checkbox"/>
	I can state that plant diseases have some social and economic implications.	<input type="checkbox"/>	I can describe some social and economic implications of a plant disease.	<input type="checkbox"/>	I can evaluate the social and economic implications of a range of plants diseases.	<input type="checkbox"/>
B6.3.8 Blood and body defence mechanisms	I can state some examples of the primary body defence mechanisms (nonspecific).	<input type="checkbox"/>	I can describe the role of platelets in defence against disease.	<input type="checkbox"/>	I can explain the sequence of events that results in scab formation.	<input type="checkbox"/>
	I can name two main types of white blood cells.	<input type="checkbox"/>	I can describe the role of white blood cells in the body.	<input type="checkbox"/>	I can explain the process of antibody formation by lymphocytes.	<input type="checkbox"/>
	I can recognise that models can be used to illustrate a body process.	<input type="checkbox"/>	I can illustrate a body defence mechanism using models.	<input type="checkbox"/>	I can use a model to develop a scientific explanation and understanding of a body defence mechanism.	<input type="checkbox"/>
B6.3.10 Vaccinations	I can state what a vaccine is.	<input type="checkbox"/>	I can describe the development of vaccines.	<input type="checkbox"/>	I can explain how vaccines provide immunity to a disease	<input type="checkbox"/>
	I can list some diseases against which we can be vaccinated.	<input type="checkbox"/>	I can describe the impact of vaccination programmes on case numbers.	<input type="checkbox"/>	I can evaluate data on vaccination programmes.	<input type="checkbox"/>
	I can state the personal benefit of a vaccine.	<input type="checkbox"/>	I can describe the implications of a vaccination programme on society.	<input type="checkbox"/>	I can evaluate the personal, social, and economic implications of a vaccination programme.	<input type="checkbox"/>
B6.3.11 Prevention and treatment of disease	I can state what antiseptics, antivirals, and antibiotics are used to destroy.	<input type="checkbox"/>	I can describe the action of antiseptics, antivirals, and antibiotics.	<input type="checkbox"/>	I can explain why antibiotics have no effect on viruses.	<input type="checkbox"/>
	I can describe what a zone of inhibition is.	<input type="checkbox"/>	I can describe how to measure the size of the zone of inhibition.	<input type="checkbox"/>	I can explain why different antiseptics or antibiotics produce different-sized zones of inhibition.	<input type="checkbox"/>
	I can use some practical observations to decide on a use of an antiseptic.	<input type="checkbox"/>	I can use practical evidence to describe that different antiseptics have different levels of effectiveness.	<input type="checkbox"/>	I can evaluate practical evidence to make decisions about the most appropriate use for an antiseptic.	<input type="checkbox"/>
B6.3.13 New medicines	I can state that scientists are constantly developing drugs.	<input type="checkbox"/>	I can describe how new medicines are discovered.	<input type="checkbox"/>	I can explain how new medicines are developed for human use.	<input type="checkbox"/>
	I can state that new drugs must be tested before clinical use.	<input type="checkbox"/>	I can describe how to perform a double-blind test.	<input type="checkbox"/>	I can distinguish between clinical and laboratory testing of a new drug.	<input type="checkbox"/>
	I can describe a simple plan to test one stage in the development of a new drug.	<input type="checkbox"/>	I can describe a detailed plan that would produce valid results to aid in the development of a new drug.	<input type="checkbox"/>	I can justify the stages in a plan that will produce valid data supporting the development of a new drug.	<input type="checkbox"/>

Triple only

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B6.3.7 Identification of plant disease			I can describe how plant diseases can be detected in the field.	<input type="checkbox"/>	I can evaluate the limitations of field testing to identify a plant disease.	<input type="checkbox"/>
			I can describe how plant diseases can be detected in the laboratory.	<input type="checkbox"/>	I can explain how DNA analysis and ELISA tests are used in the laboratory to identify a plant disease.	<input type="checkbox"/>
			I can discuss how everyday observation techniques have been used to diagnose plant diseases.	<input type="checkbox"/>	I can explain how technology has improved the identification of plant pathogens.	<input type="checkbox"/>
B6.3.6 Plant defences	I can name a physical plant defence.	<input type="checkbox"/>	I can describe some examples of physical plant defences.	<input type="checkbox"/>	I can explain how physical plant defences protect the plant from plant diseases.	<input type="checkbox"/>
	I can name a chemical plant defence.	<input type="checkbox"/>	I can describe some examples of chemical plant defences.	<input type="checkbox"/>	I can explain how chemical plant defences protect the plant from plant diseases.	<input type="checkbox"/>
	I can identify some major risks in a practical scientific procedure.	<input type="checkbox"/>	I can describe most of the risks in a parallel scientific procedure.	<input type="checkbox"/>	I can evaluate all major risks in a practical scientific procedure.	<input type="checkbox"/>

B6.3.9 Monoclonal antibodies			I can describe what monoclonal antibodies are.	<input type="checkbox"/>	I can explain how monoclonal antibodies are produced.	<input type="checkbox"/>
			I can describe some uses of monoclonal antibodies.	<input type="checkbox"/>	I can explain why a monoclonal antibody's specificity to a target antigen makes it useful.	<input type="checkbox"/>
			I can describe how advances in sciences have improved the quality of life.	<input type="checkbox"/>	I can evaluate the limitations in the advances in monoclonal antibody science.	<input type="checkbox"/>

B6.3.12 Aseptic technique	I can state what is meant by aseptic technique.	<input type="checkbox"/>	I can describe how to perform aseptic technique.	<input type="checkbox"/>	I can explain how methods used in aseptic technique work.	<input type="checkbox"/>
	I can describe briefly how to transfer bacteria from one medium to another.	<input type="checkbox"/>	I can describe how to streak for single colonies.	<input type="checkbox"/>	I can describe how to isolate bacterial colonies for identification.	<input type="checkbox"/>
	I can identify hazards in a practical procedure.	<input type="checkbox"/>	I can assess the risks caused by hazards in a practical procedure.	<input type="checkbox"/>	I can evaluate all the major risks in a practical procedure and suggest control measures for those risks.	<input type="checkbox"/>

Non communicable diseases

	Aiming for 4		Aiming for 6		Aiming for 8	
B6.3.14 Non-communicable diseases (1)	I can state some examples of non-communicable diseases.	<input type="checkbox"/>	I can describe the symptoms of some non-communicable diseases.	<input type="checkbox"/>	I can explain the effects of some non-communicable diseases on the body.	<input type="checkbox"/>
	I can name some lifestyle choices that have a harmful effect on health.	<input type="checkbox"/>	I can describe how a lifestyle choice might lead to a non-communicable disease.	<input type="checkbox"/>	I can explain the link between lifestyle choices and some forms of non-communicable disease.	<input type="checkbox"/>
	I can use a piece of evidence to make a recommendation about a lifestyle choice.	<input type="checkbox"/>	I can use the evidence and arguments to make recommendations about lifestyle choices.	<input type="checkbox"/>	I can evaluate the evidence and arguments to make recommendations about lifestyle choices.	<input type="checkbox"/>
B6.3.15 Non-communicable diseases (2)	I can state what is meant by cardiovascular disease.	<input type="checkbox"/>	I can describe the effects of cardiovascular disease on the circulatory system.	<input type="checkbox"/>	I can explain how the effects of cardiovascular disease may lead to a heart attack.	<input type="checkbox"/>
	I can state some lifestyle factors that would increase your risk of heart disease.	<input type="checkbox"/>	I can describe the links between lifestyle factors and the risk of cardiovascular disease.	<input type="checkbox"/>	I can explain how lifestyle factors could both increase or decrease the risk of cardiovascular disease.	<input type="checkbox"/>
	I can use a piece of evidence to recommend a change in a lifestyle choice to reduce the risk of developing heart disease.	<input type="checkbox"/>	I can use evidence to make recommendations about changes in lifestyle choices to reduce the risk of developing cardiovascular disease.	<input type="checkbox"/>	I can evaluate evidence to make recommendations about changes in lifestyle choices that might influence the risk of developing cardiovascular disease.	<input type="checkbox"/>
6.3.16 Treating cardiovascular disease	I can name some treatments for cardiovascular disease.	<input type="checkbox"/>	I can describe some lifestyle, medical, and surgical treatments for cardiovascular disease.	<input type="checkbox"/>	I can evaluate different treatments for cardiovascular disease.	<input type="checkbox"/>
	I can state that the application of science has improved treatments for cardiovascular disease.	<input type="checkbox"/>	I can discuss how science has been applied to solve a specific medical problem.	<input type="checkbox"/>	I can explain how a range of technological applications of science have solved many cardiovascular problems.	<input type="checkbox"/>
	I can use a piece of evidence to make a recommendation about a treatment for cardiovascular disease.	<input type="checkbox"/>	I can use evidence to make recommendations about suitable treatments for cardiovascular disease.	<input type="checkbox"/>	I can evaluate evidence to make recommendations about selecting the most appropriate treatment for cardiovascular disease.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
B6.3.17 Modern advances in medicine (1)	I can state what a stem cell is.	<input type="checkbox"/>	I can describe some uses of stem cells in medicine.	<input type="checkbox"/>	I can discuss the ethics surrounding the use of stem cells.	<input type="checkbox"/>
	I can list some examples of tissue and organ transplant.	<input type="checkbox"/>	I can describe some disadvantages of tissue and organ transplantation.	<input type="checkbox"/>	I can evaluate the process of tissue and organ transplantation.	<input type="checkbox"/>
	I can use a piece of evidence to make a recommendation about the use of replacement cells, tissues, or organs.	<input type="checkbox"/>	I can use evidence and arguments to make recommendations about the use of replacement cells, tissues, or organs.	<input type="checkbox"/>	I can evaluate the evidence and arguments to make recommendations about the use of replacement cells, tissues, or organs.	<input type="checkbox"/>
B6.3.18 Modern advances in medicine (2)	I can state what is meant by gene therapy.	<input type="checkbox"/>	I can describe the use of gene therapy in treating disease.	<input type="checkbox"/>	I can suggest ways in which gene therapy may be improved and developed in the future.	<input type="checkbox"/>
	I can state what is meant by genetic screening.	<input type="checkbox"/>	I can describe the advances in medicine that may be made as knowledge of the genome increases.	<input type="checkbox"/>	I can explain how a greater knowledge of the human genome could lead to the development of personalised medicines.	<input type="checkbox"/>
	I can list some scientific advances involved in gene-related medicine.	<input type="checkbox"/>	I can describe the scientific advances used in the development of gene therapies.	<input type="checkbox"/>	I can consider the power and limitations of scientific technologies in developing gene therapies.	<input type="checkbox"/>

Y11 Combined Science CHEMISTRY Jan PPE Exam Revision list

C1 Particles

The particle model

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C1.1.1 Introducing particles	I can draw diagrams to show the arrangements of particles in the three states of matter.	<input type="checkbox"/>	I can describe the movement and arrangement of particles in the three states of matter, and give examples of three	<input type="checkbox"/>	I can compare the movement and arrangement of particles in the three states of matter.	<input type="checkbox"/>
	I can describe typical physical properties of a substance in a given state.	<input type="checkbox"/>	I can compare the physical properties of a substance in its three states.	<input type="checkbox"/>	I can use the particle model to explain the differences in physical properties of a substance in its three states.	<input type="checkbox"/>
	I can state whether a given particle model is in two or three dimensions.	<input type="checkbox"/>	I can compare the features of 2D and 3D models to represent particles.	<input type="checkbox"/>	I can evaluate the advantages and disadvantages of given 2D and 3D models to represent particles.	<input type="checkbox"/>
C1.1.2 Chemical and physical changes	I can make observations, and give examples of physical and chemical changes.	<input type="checkbox"/>	I can state whether an observed change is physical or chemical.	<input type="checkbox"/>	I can justify classifying a given observed change as physical or chemical.	<input type="checkbox"/>
	I can state the definition of a physical change and a chemical changes.	<input type="checkbox"/>	I can compare the features of physical and chemical changes.	<input type="checkbox"/>	I can explain the differences between physical and chemical changes using the particle model.	<input type="checkbox"/>
	I can compare reactants and products in a chemical reaction using particle diagrams or physical models.	<input type="checkbox"/>	I can deduce whether a given change is physical or chemical by interpreting particle diagrams of reactants and products.	<input type="checkbox"/>	I can draw particle diagrams of reactants and products to model a chemical reaction.	<input type="checkbox"/>
C1.1.3 Limitations of the particle model	I can name the type of force that acts between particles.	<input type="checkbox"/>	I can describe how the strength of the forces between particles changes with distance.	<input type="checkbox"/>	I can explain why the strength of the forces between particles affects the properties of a substance.	<input type="checkbox"/>
	I can compare the relative distances between particles in the three states of matter.	<input type="checkbox"/>	I can state typical distances between particles in the gas state.	<input type="checkbox"/>	I can calculate the ratio distance to diameter, the distance between particles in a gas state, and the sizes of objects in scale models.	<input type="checkbox"/>
	I can describe one way in which the particle model is unlike the situation it represents.	<input type="checkbox"/>	I can describe three limitations of the particle model.	<input type="checkbox"/>	I can use mathematical ideas to explain some limitations of the particle model.	<input type="checkbox"/>

Atomic structure

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C1.2.1 Atomic structure	I can list the subatomic particles in an atom.	<input type="checkbox"/>	I can describe the subatomic particles in an atom.	<input type="checkbox"/>	I can explain evidence for the structure of the atom.	<input type="checkbox"/>
	I can qualitatively describe: the relative sizes of an atom, chemical bonds, and simple molecules.	<input type="checkbox"/>	I can use standard form to describe the sizes of atoms, chemical bonds, and molecules.	<input type="checkbox"/>	I can explain why a relative scale is used to compare subatomic particles.	<input type="checkbox"/>
	I can state the size of a typical atom.	<input type="checkbox"/>	I can use data to calculate the sizes, masses, and charges of subatomic particles.	<input type="checkbox"/>	I can use data to calculate the relative sizes, masses, and charges of subatomic particles.	<input type="checkbox"/>
C1.2.2 Isotopes	I can state definitions of the terms ion, atomic number, mass number, and isotope.	<input type="checkbox"/>	I can use an example to describe the similarities and differences between isotopes in terms of subatomic particles.	<input type="checkbox"/>	I can explain why isotopes of the same element may have different physical properties but identical chemical properties.	<input type="checkbox"/>
	I can describe how an atom becomes an ion.	<input type="checkbox"/>	I can use standard notation to represent an ion.	<input type="checkbox"/>	I can use and interpret standard notation to represent atoms, ions, and isotopes.	<input type="checkbox"/>
	I can state the number of protons, neutrons, and electrons from given values of atomic number and mass number.	<input type="checkbox"/>	I can state the numbers of protons, neutrons, and electrons in an atom when a Periodic Table is supplied.	<input type="checkbox"/>	I can state the number of protons, neutrons, and electrons for an ion when a Periodic Table is supplied.	<input type="checkbox"/>
C1.2.3 Developing the atomic model	I can recall the main features of the plum-pudding model and the Bohr model.	<input type="checkbox"/>	I can describe the development of the atomic model.	<input type="checkbox"/>	I can explain why the atomic model has changed over time.	<input type="checkbox"/>
	I can state the contribution Dalton, Thomson, Rutherford, Bohr, Geiger, and Marsden made to the atomic model.	<input type="checkbox"/>	I can explain the contribution of Dalton, Thomson, Rutherford, Bohr, Geiger, and Marsden to the development of the atomic model.	<input type="checkbox"/>	I can justify amendments to the model of the atom.	<input type="checkbox"/>
	I can state what an atom is.	<input type="checkbox"/>				

C2 Elements, compounds and mixtures

Purity and separating mixtures

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C2.1.1 Relative formula mass	I can state definitions of relative atomic mass, relative molecular mass, and relative formula mass.	<input type="checkbox"/>	I can use data from the Periodic Table to compare the relative atomic masses of different elements.	<input type="checkbox"/>	I can explain why relative formula mass is a useful measurement.	<input type="checkbox"/>
	I can use the Periodic Table to find the chemical symbol for an element.	<input type="checkbox"/>	I can interpret simple formulae to list the number of each type of atom present.	<input type="checkbox"/>	I can interpret diagrams of molecular compounds to write chemical formulae.	<input type="checkbox"/>
	I can use the Periodic Table to give the relative atomic mass of an element.	<input type="checkbox"/>	I can calculate the relative formula mass or relative molecular mass of a simple substance when the relative atomic mass and formula are given.	<input type="checkbox"/>	I can calculate the relative formula mass or relative molecular mass of substances from diagrams or formulae (including those with brackets).	<input type="checkbox"/>
C2.1.2 Empirical formula	I can state a definition of empirical formula.	<input type="checkbox"/>	I can use an example to explain how a molecular formula and an empirical formula can be the same.	<input type="checkbox"/>	I can explain why ionic compounds are always referred to by their empirical formulae.	<input type="checkbox"/>
	I can calculate the empirical formula for a simple covalent compound when the molecular formula is given.	<input type="checkbox"/>	I can calculate the empirical formula for a compound from a diagram.	<input type="checkbox"/>	I can calculate an empirical formula from a molecular formula that contains brackets.	<input type="checkbox"/>
	I can use a balanced symbol equation to calculate the relative formula mass or relative molecular mass when the relative atomic masses are given.	<input type="checkbox"/>	I can explain when the term relative molecular mass can be used.	<input type="checkbox"/>	I can explain how the sum of the M_r values of the reactants must equal the sum of the M_r values of the products in a balanced symbol equation.	<input type="checkbox"/>
C2.1.3 Pure and impure substances	I can state definitions of the terms pure and mixture.	<input type="checkbox"/>	I can explain the different meanings of pure in everyday and scientific language.	<input type="checkbox"/>	I can explain why a mixture is often more useful than a pure substance.	<input type="checkbox"/>
	I can give an example of a pure substance and a mixture.	<input type="checkbox"/>	I can identify a substance as either pure or a mixture.	<input type="checkbox"/>	I can explain the effect on melting point of adding different substances to a pure substance.	<input type="checkbox"/>
	I can safely determine the melting point of a substance.	<input type="checkbox"/>	I can identify a substance from melting point data.	<input type="checkbox"/>	I can evaluate the purity of a sample from its melting point data.	<input type="checkbox"/>
C2.1.4 Filtration and crystallisation	I can safely separate a mixture to collect an insoluble substance from a liquid or solution.	<input type="checkbox"/>	I can describe the process of filtering.	<input type="checkbox"/>	I can explain how filtration separates an insoluble solid from a liquid or solution.	<input type="checkbox"/>
	I can safely separate a solution to collect the solute.	<input type="checkbox"/>	I can describe the process of crystallisation.	<input type="checkbox"/>	I can explain how crystallisation separates the components of a solution.	<input type="checkbox"/>
	I can identify the solute, solvent, residue, and filtrate in named solutions or suspensions that have been separated.	<input type="checkbox"/>	I can suggest and describe a suitable technique to separate a named solution or suspension.	<input type="checkbox"/>	I can evaluate different techniques for folding filter paper.	<input type="checkbox"/>
C2.1.5 Distillation	I can list and recognise the key equipment used in a simple distillation.	<input type="checkbox"/>	I can describe the process of simple distillation.	<input type="checkbox"/>	I can explain how simple distillation separates a solution.	<input type="checkbox"/>
	I can safely use distillation to separate two miscible liquids.	<input type="checkbox"/>	I can describe the process of fractional distillation.	<input type="checkbox"/>	I can explain how fractional distillation separates a mixture of liquids.	<input type="checkbox"/>
	I can state the types of mixtures that can be separated by distillation.	<input type="checkbox"/>	I can suggest and describe a suitable technique to separate a named solution.	<input type="checkbox"/>	I can predict and justify the value shown on a thermometer in a distillation, given the mixture and relevant data.	<input type="checkbox"/>
C2.1.6 Chromatography	I can state definitions for the stationary and mobile phases in chromatography.	<input type="checkbox"/>	I can describe how to complete paper chromatography.	<input type="checkbox"/>	I can explain how separation occurs in a chromatography experiment.	<input type="checkbox"/>
	I can safely complete a paper chromatogram.	<input type="checkbox"/>	I can describe how to complete thin-layer chromatography.	<input type="checkbox"/>	I can explain how chromatograms for the same substances can be different when phases are changed.	<input type="checkbox"/>
	I can recall the formula for the R_f value.	<input type="checkbox"/>	I can calculate R_f values given a chromatogram.	<input type="checkbox"/>	I can interpret a chromatogram.	<input type="checkbox"/>
C2.1.7 Purification and checking purity	I can describe one purification technique to separate a simple mixture.	<input type="checkbox"/>	I can suggest a multistep separation technique for a mixture.	<input type="checkbox"/>	I can explain how a multistep method can be used to separate a given mixture.	<input type="checkbox"/>
	I can describe the processes of paper, thin-layer, and gas chromatography.	<input type="checkbox"/>	I can explain the processes of paper, thin-layer, and gas chromatography.	<input type="checkbox"/>	I can evaluate the different types of chromatography.	<input type="checkbox"/>
	I can use a chromatogram to classify a substance as pure or a mixture.	<input type="checkbox"/>	I can explain how a chromatogram can be used to identify a pure substance or a mixture.	<input type="checkbox"/>	I can justify the use of different purification techniques in different circumstances.	<input type="checkbox"/>

Bonding

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C2.2.1 Metals and non-metals	I can list the physical properties of metals and non-metals.	<input type="checkbox"/>	I can describe the differences between the chemical properties of metals and non-metals.	<input type="checkbox"/>	I can predict the physical and chemical properties of an element based on its position in the Periodic Table.	<input type="checkbox"/>
	I can state where metals and non-metals are found in the Periodic Table.	<input type="checkbox"/>	I can describe an experiment to determine whether an element is a metal or a non-metal.	<input type="checkbox"/>	I can evaluate an experiment designed to classify an element as a metal or a non-metal.	<input type="checkbox"/>
	I can use the Periodic Table to classify an element as a metal or a non-metal.	<input type="checkbox"/>	I can identify patterns in the Periodic Table for the physical properties of elements.	<input type="checkbox"/>	I can identify and justify anomalous elements in the Periodic Table.	<input type="checkbox"/>
C2.2.2 Electronic structures	I can state definitions of a group and a period in the Periodic Table.	<input type="checkbox"/>	I can identify an element given the group and period number, and vice versa.	<input type="checkbox"/>	I can determine the electronic structure of each of the first 20 elements given group number and period number.	<input type="checkbox"/>
	I can state the maximum number of electrons in each of the first three shells.	<input type="checkbox"/>	I can use simplified electronic structure notation to draw the electronic structure of the first 20 elements in the Periodic Table.	<input type="checkbox"/>	I can interpret simplified electronic notation for the first 20 elements to determine group number, period number, and element.	<input type="checkbox"/>
	I can draw the electronic structure of the first 20 elements given the number of electrons.	<input type="checkbox"/>	I can draw the electronic structure of the first 20 elements using the Periodic Table to determine their number of electrons.	<input type="checkbox"/>	I can justify the study of the electronic structures of only the first 20 elements.	<input type="checkbox"/>
C2.2.3 Forming ions	I can state the definition of the term ion.	<input type="checkbox"/>	I can use electron diagrams to explain how ions are formed.	<input type="checkbox"/>	I can explain the charge on a given ion in terms of subatomic particles and electron transfer.	<input type="checkbox"/>
	I can recognise an ion from its symbol.	<input type="checkbox"/>	I can explain whether a given electron diagram represents an atom or an ion.	<input type="checkbox"/>	I can explain how atoms and ions of different elements can have the same electronic structure.	<input type="checkbox"/>
	I can draw or state the electronic structure of an ion given its charge and the electronic structure of the neutral atom.	<input type="checkbox"/>	I can draw the electronic structure of an ion given its charge and the number of electrons in the neutral atom.	<input type="checkbox"/>	I can predict the electronic structure of an ion given its position in the Periodic Table.	<input type="checkbox"/>
C2.2.4 Ionic compounds	I can state that ionic compounds tend to form between a metal and a non-metal.	<input type="checkbox"/>	I can explain the formation of ionic bonds in terms of electron transfer.	<input type="checkbox"/>	I can justify the formation of ionic bonds in terms of the stability of the atoms and ions involved.	<input type="checkbox"/>
	I can draw dot-and-cross diagrams to represent simple binary ionic compounds in which one electron per atom is transferred.	<input type="checkbox"/>	I can draw dot-and-cross diagrams to represent ionic compounds in which more than one electron per atom is transferred.	<input type="checkbox"/>	I can justify how a space-filling model for a given compound arises from its dot-and-cross diagram.	<input type="checkbox"/>
	I can describe the structure and bonding in an ionic compound.	<input type="checkbox"/>	I can explain how a given model represents an ionically bonded compound.	<input type="checkbox"/>	I can evaluate different models to represent ionic compounds.	<input type="checkbox"/>
C2.2.5 Simple molecules	I can state that covalent compounds form between non-metal atoms.	<input type="checkbox"/>	I can describe the formation of covalent bonds in terms of electron sharing.	<input type="checkbox"/>	I can explain how covalent bonds form between non-metal atoms.	<input type="checkbox"/>
	I can recognise covalent bonding and identify substances as covalently bonded.	<input type="checkbox"/>	I can describe structure and bonding in simple molecular substances.	<input type="checkbox"/>	I can evaluate different models to represent covalent compounds.	<input type="checkbox"/>
	I can draw dot-and-cross diagrams of simple covalent substances, limited to the first 20 elements and single bonds.	<input type="checkbox"/>	I can draw displayed formulae or dot-and-cross diagrams of covalent compounds, limited to the first 20 elements with single and/or double bonds.	<input type="checkbox"/>	I can suggest the displayed formula, space-filling, or dot-and-cross diagrams for covalent compounds, including those with multiple bonds.	<input type="checkbox"/>
C2.2.6 Giant covalent structures	I can state that covalent compounds form between non-metal atoms.	<input type="checkbox"/>	I can describe the formation of covalent bonds in terms of electron sharing.	<input type="checkbox"/>	I can use examples to explain how covalent bonds hold together a giant covalent structure.	<input type="checkbox"/>
	I can state examples of substances with giant covalent structures.	<input type="checkbox"/>	I can describe the structure and bonding in giant covalent structures.	<input type="checkbox"/>	I can evaluate different models to represent covalent compounds.	<input type="checkbox"/>
	I can draw a 3D representation of a giant covalent structure.	<input type="checkbox"/>	I can determine the empirical formula of a substance with a giant covalent structure.	<input type="checkbox"/>	I can justify the use of empirical formulae to describe substances that have giant covalent structures.	<input type="checkbox"/>
C2.2.7 Polymer molecules	I can state definitions of the terms monomer and polymer and give examples of each.	<input type="checkbox"/>	I can describe the formation of a polymer.	<input type="checkbox"/>	I can explain how monomers join together to form an addition polymer.	<input type="checkbox"/>
	I can describe the difference between the properties of thermosoftening and thermosetting polymers.	<input type="checkbox"/>	I can describe an experiment to classify a polymer as thermosoftening or thermosetting.	<input type="checkbox"/>	I can explain how the structures of thermosoftening and thermosetting polymers affect their properties.	<input type="checkbox"/>
	I can identify a monomer and polymer in a model.	<input type="checkbox"/>	I can explain a model to represent a polymer.	<input type="checkbox"/>	I can evaluate different models to represent polymers.	<input type="checkbox"/>
C2.2.8 Structure of metals	I can list examples of substances with metallic bonds.	<input type="checkbox"/>	I can describe the formation of metallic bonds.	<input type="checkbox"/>	I can explain how monomers join together to form an addition polymer.	<input type="checkbox"/>
	I can describe the lattice structure of a metallic crystal.	<input type="checkbox"/>	I can use a model to explain the lattice structure of a metallic crystal.	<input type="checkbox"/>	I can explain how the structures of thermosoftening and thermosetting polymers affect their properties.	<input type="checkbox"/>
	I can recognise a model of a metallic lattice.	<input type="checkbox"/>	I can compare metallic bonds with covalent and ionic bonds.	<input type="checkbox"/>	I can evaluate different models to represent polymers.	<input type="checkbox"/>
C2.2.9 Developing the Periodic Table	I can describe how the elements are listed in the Periodic Table.	<input type="checkbox"/>	I can explain how Mendeleev organised the elements in the Periodic Table.	<input type="checkbox"/>	I can explain why the modern Periodic Table is not the same as Mendeleev's Periodic Table.	<input type="checkbox"/>
	I can use the Periodic Table to determine the symbol, atomic number, and relative atomic mass of an element.	<input type="checkbox"/>	I can explain why Mendeleev's Periodic Table was not adopted straight away.	<input type="checkbox"/>	I can evaluate the Periodic Table as a method of displaying information about the elements.	<input type="checkbox"/>

C2.2.10 Atomic structure and the Periodic Table	I can state the number of electrons in the outer electron shells for the elements in Groups 1 and 8.	<input type="checkbox"/>	I can use the Periodic Table to suggest the electronic structure for the first 20 elements.	<input type="checkbox"/>	I can use the Periodic Table to suggest the number of outer-shell electrons and the number of electron shells for an element.	<input type="checkbox"/>
	I can describe the trend in the reactions of the Group 1 elements with water.	<input type="checkbox"/>	I can predict and explain the trend in reactivity of elements in Groups 2 and 6.	<input type="checkbox"/>	I can explain, in terms of electronic structure, why noble gases are described as inert.	<input type="checkbox"/>
	I can describe observations from displacement reactions.	<input type="checkbox"/>	I can use the Periodic Table to make predictions about the chemical reactions of elements with oxygen.	<input type="checkbox"/>	I can evaluate the versatility of the Periodic Table as new elements are discovered.	<input type="checkbox"/>

Properties of materials

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C2.3.1 Carbon	I can describe the structure and bonding in graphite and diamond.	<input type="checkbox"/>	I can explain how carbon can form different families of compounds.	<input type="checkbox"/>	I can explain the uses of graphite and diamond in terms of their properties.	<input type="checkbox"/>
	I can list the properties of graphite and diamond.	<input type="checkbox"/>	I can explain the properties of graphite and diamond in terms of structure and bonding.	<input type="checkbox"/>	I can predict the properties of carbon allotropes, given information about their structure and bonding.	<input type="checkbox"/>
	I can name examples of carbon allotropes.	<input type="checkbox"/>	I can explain the term allotrope using carbon to illustrate.	<input type="checkbox"/>	I can predict the properties or structure of Group 4 elements.	<input type="checkbox"/>
C2.3.2 Changing state	I can describe changes of state in terms of bonds and forces of attraction.	<input type="checkbox"/>	I can explain changes of state in terms of bonds and interactions between particles.	<input type="checkbox"/>	I can use an example to explain sublimation.	<input type="checkbox"/>
	I can state what is meant by melting point and boiling point.	<input type="checkbox"/>	I can use melting and boiling point data to determine the state of a substance at a given temperature.	<input type="checkbox"/>	I can use melting and boiling point data to suggest the type of substance and/ or type of bonds present in a sample.	<input type="checkbox"/>
	I can explain why the boiling point of a substance is always higher than its melting point.	<input type="checkbox"/>	I can use melting and boiling point data to interpret the relative strengths of forces of attraction.	<input type="checkbox"/>	I can explain how to use melting and boiling point data to interpret the relative strengths of forces of attraction.	<input type="checkbox"/>
C2.3.3 Bulk properties of materials	I can state a definition of the term bulk properties.	<input type="checkbox"/>	I can explain that individual atoms do not exhibit the bulk properties of a material.	<input type="checkbox"/>	I can justify the choice of a material for a function based on its bulk properties.	<input type="checkbox"/>
	I can list the main bulk properties of ionic compounds, simple molecules, giant covalent structures, polymers and metals.	<input type="checkbox"/>	I can explain how structure and bonding cause the bulk properties of a material.	<input type="checkbox"/>	I can predict the bulk properties of a material given information about its structure and bonding.	<input type="checkbox"/>
	I can recognise models of ionic compounds, simple molecules, giant covalent structures, polymers and metals.	<input type="checkbox"/>	I can use models of ionic compounds, simple molecules, giant covalent structures, polymers and metals to explain bulk properties.	<input type="checkbox"/>	I can evaluate models of ionic compounds, simple molecules, giant covalent structures, polymers and metals used to explain bulk properties.	<input type="checkbox"/>

C3 Chemical Reactions

Introducing chemical reactions

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C3.1.1 Formulae of elements and molecules	I can name the elements in a familiar simple covalent substance, given the formula.	<input type="checkbox"/>	I can state the number of atoms of each element in an unfamiliar simple covalent substance, given the formula.	<input type="checkbox"/>	I can explain why metal elements are described using empirical formula and noble gases using just the element symbol.	<input type="checkbox"/>
	I can use the Periodic Table to find symbols for elements.	<input type="checkbox"/>	I can write the molecular formula of a compound that exists as simple covalent molecules, given the name or the number of atoms of each element present.	<input type="checkbox"/>	I can write the molecular formula for a simple covalent compound, given the structural formula.	<input type="checkbox"/>
C3.1.2 Formulae of ionic compounds	I can state the charges on ions in Groups 1, 2, 6 (IUPAC 16), and 7 (IUPAC 17).	<input type="checkbox"/>	I can determine the number and type of elements in unfamiliar ionic substances, given the formulae.	<input type="checkbox"/>	I can explain how a compound can contain both covalent and ionic bonds.	<input type="checkbox"/>
	I can state the ions in familiar ionic substances, given the formulae.	<input type="checkbox"/>	I can write the formula of ionic compounds containing one metal and one non-metal, given the name.	<input type="checkbox"/>	I can write the formulae of ionic compounds that include compound ions.	<input type="checkbox"/>
	I can state that transition metals can make more than one type of ion.	<input type="checkbox"/>	I can write the formula of a named ion, including using the Roman numeral convention.	<input type="checkbox"/>	I can name ionic compounds that contain transition metals using the Roman numeral convention.	<input type="checkbox"/>
C3.1.3 Conservation of mass	I can state the law of conservation of mass.	<input type="checkbox"/>	I can use the particle model to explain the law of conservation of mass.	<input type="checkbox"/>	I can explain why, in some chemical reactions performed in the laboratory, there appears to be a change in total mass.	<input type="checkbox"/>
	I can predict the total mass of the products or reactants in a closed chemical system, given the total mass of the reactants or products.	<input type="checkbox"/>	I can predict the total mass of the products or reactants in a non-enclosed chemical system, given the total mass of the reactants or products.	<input type="checkbox"/>	I can calculate the mass of one substance from a balanced symbol equation, given the masses of the other substances.	<input type="checkbox"/>

C3.1.4 Chemical equations	I can write a word equation, given a statement naming the reactants and products.	<input type="checkbox"/>	I can explain why a symbol equation must be balanced.	<input type="checkbox"/>	I can write a balanced symbol equation, given a statement describing a familiar chemical reaction.	<input type="checkbox"/>
	I can identify the reactants and products in a word or symbol equation.	<input type="checkbox"/>	I can balance symbol equations with formulae that do not contain brackets.	<input type="checkbox"/>	I can balance symbol equations with formulae that include brackets.	<input type="checkbox"/>
	I can recognise state symbols for solids, liquids, and gases.	<input type="checkbox"/>	I can add state symbols to balanced symbol equations and explain what they mean.	<input type="checkbox"/>	I can evaluate the use of the terms equations, balanced symbol equations, and state symbols to describe a chemical system.	<input type="checkbox"/>
C3.1.5 Half equations and ionic equations H			I can determine the ions in a compound, including those containing compound ions.	<input type="checkbox"/>	I can write an ionic equation or half equations, given a description of a chemical reaction.	<input type="checkbox"/>
			I can balance an ionic equation or half equation and explain what the equation shows.	<input type="checkbox"/>	I can explain what spectator ions are, and determine them in a given example.	<input type="checkbox"/>
			I can explain why precipitation reactions can be described by ionic equations.	<input type="checkbox"/>		
C3.1.6 The mole H			I can calculate the number of particles in a sample of a substance, given the amount in moles.	<input type="checkbox"/>	I can explain the relationship between the mole and the Avogadro constant.	<input type="checkbox"/>
			I can state the formula that links the amount in moles, mass, and molar mass.	<input type="checkbox"/>	I can calculate the mass or amount in moles of a given sample of a substance.	<input type="checkbox"/>
			I can use the Periodic Table to determine the molar mass of monatomic and polyatomic elements and compounds.	<input type="checkbox"/>	I can use standard form in calculations involving amounts of substance.	<input type="checkbox"/>


C3.1.7 Mole calculations H			I can define a limiting reactant.	<input type="checkbox"/>	I can explain the effect of a limiting amount of a reactant.	<input type="checkbox"/>
			I can identify a limiting reactant, given the mole values for a reaction.	<input type="checkbox"/>	I can use mass data to determine the stoichiometry and generate a balanced symbol equation for a reaction.	<input type="checkbox"/>
			I can calculate the number of moles of a substance used or produced in a chemical reaction, given the amounts of all of the other substances.	<input type="checkbox"/>	I can calculate the mass of a substance used or produced in a chemical reaction, given the mass of the limiting reactant.	<input type="checkbox"/>

Energetics

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C3.2.1 Exothermic and endothermic reactions	I can state definitions of the terms exothermic and endothermic.	<input type="checkbox"/>	I can describe the observations that indicate whether a reaction is exothermic or endothermic.	<input type="checkbox"/>	I can draw a line graph to calculate the maximum temperature change during a reaction, determine when the reaction stopped, and predict the temperature at different times during the reaction.	<input type="checkbox"/>
	I can identify a reaction as exothermic or endothermic when the temperature change is given.	<input type="checkbox"/>	I can describe an experiment to determine if a reaction is exothermic or endothermic.	<input type="checkbox"/>	I can evaluate an experiment to classify a reaction as exothermic or endothermic.	<input type="checkbox"/>
	I can state an example of an exothermic and an endothermic reaction.	<input type="checkbox"/>	I can explain the use of endothermic and exothermic reactions for a stated function.	<input type="checkbox"/>	I can compare endothermic and exothermic reactions.	<input type="checkbox"/>
C3.2.2 Reaction profiles	I can state a definition of activation energy.	<input type="checkbox"/>	I can describe activation energy using a reaction profile.	<input type="checkbox"/>	I can explain, in terms of bonds, the need for activation energy.	<input type="checkbox"/>
	I can identify a reaction as exothermic or endothermic from the reaction profile.	<input type="checkbox"/>	I can sketch a general reaction profile for an exothermic and an endothermic reaction.	<input type="checkbox"/>	I can sketch a specific reaction profile for a given reaction.	<input type="checkbox"/>
	I can identify bond breaking as endothermic and bond making as exothermic.	<input type="checkbox"/>	I can explain why bond breaking is endothermic and bond making is exothermic.	<input type="checkbox"/>	I can use the particle model to model a chemical reaction in terms of bond breaking and bond making.	<input type="checkbox"/>
C3.2.3 Calculating energy changes H			I can define the term bond energy.	<input type="checkbox"/>	I can compare bond energies for different bonds, and suggest reasons for differences.	<input type="checkbox"/>
			I can calculate the number and type of bonds in a molecule, given the displayed formula.	<input type="checkbox"/>	I can draw displayed formulae of familiar covalent molecules.	<input type="checkbox"/>
			I can use bond energy data to calculate the energy change in a given reaction.	<input type="checkbox"/>	I can explain why the calculated energy change may not be the same as the actual value.	<input type="checkbox"/>

Types of chemical reaction

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C3.3.1 Redox reactions	I can state definitions of reduction, oxidation, and redox.	<input type="checkbox"/>	I can explain reduction, oxidation, and redox in terms of electrons.	<input type="checkbox"/>	I can write balanced half equations to illustrate reduction and oxidation.	<input type="checkbox"/>
	I can state an example of a redox reaction.	<input type="checkbox"/>	I can balance half equations.	<input type="checkbox"/>	I can explain why oxidation or reduction does not happen in isolation.	<input type="checkbox"/>
	I can describe an oxidising agent and a reducing agent.	<input type="checkbox"/>	I can identify substances as oxidising agents or reducing agents, given the balanced symbol equation.	<input type="checkbox"/>	I can construct balanced symbol equations by combining half equations and adding spectator ions.	<input type="checkbox"/>
C3.3.2 The pH scale	I can state definitions of an acid and an alkali and give examples.	<input type="checkbox"/>	I can explain the terms acid and alkali in terms of ions.	<input type="checkbox"/>	I can use ionic equations to explain how acids produce hydrogen ions and alkalis produce hydroxide ions in solution.	<input type="checkbox"/>
	I can identify a solution as acidic or alkaline given its pH.	<input type="checkbox"/>	I can describe a method to use universal indicator or a pH probe to determine the pH of a solution.	<input type="checkbox"/>	I can evaluate the use of indicators or pH probes and dataloggers to determine the pH of a solution.	<input type="checkbox"/>
	I can safely use an indicator to classify a substance as an acid or an alkali.	<input type="checkbox"/>	I can explain the pH scale in terms of acidity and alkalinity.	<input type="checkbox"/>	I can explain the difference between an alkali and a base.	<input type="checkbox"/>
C3.3.3 Neutralisation	I can state a definition of neutralisation.	<input type="checkbox"/>	I can describe neutralisation in terms of reactants, products, and reacting ions.	<input type="checkbox"/>	I can write an ionic equation for the neutralisation of an alkali by an acid.	<input type="checkbox"/>
	I can describe some uses of neutralisation.	<input type="checkbox"/>	I can write a balanced symbol equation to describe a neutralisation reaction.	<input type="checkbox"/>	I can write balanced symbol equations with state symbols for unfamiliar neutralisation reactions.	<input type="checkbox"/>
	I can predict the name of a salt made from a named alkali and common strong acids.	<input type="checkbox"/>	I can state the formula of the salt made from a given alkali and strong acid.	<input type="checkbox"/>	I can use the particle model to explain how the products of neutralisation form.	<input type="checkbox"/>

C3.3.4 Reactions of acids	I can predict the names of the products of a reaction between a metal or a metal carbonate and an acid.	<input type="checkbox"/>	I can predict the observations that might be made during a reaction between a metal or a metal carbonate and an acid.	<input type="checkbox"/>	I can explain why the reaction between a metal or a metal carbonate and an acid is classified as a neutralisation reaction.	<input type="checkbox"/>
	I can write a word equation to model a reaction between a metal or a metal carbonate and an acid.	<input type="checkbox"/>	I can write a balanced symbol equation to model a reaction between a metal or a metal carbonate and an acid.	<input type="checkbox"/>	I can write a balanced symbol equation, including state symbols, to model a reaction between a metal or a metal carbonate and an acid.	<input type="checkbox"/>
	I can describe how to test and identify a gas made when a metal or a metal carbonate reacts with an acid.	<input type="checkbox"/>	I can describe how to make and collect a dry sample of a named salt from a reaction between a metal or a metal carbonate and an acid.	<input type="checkbox"/>	I can explain how the reactions of metals and metal carbonates with acids can be used to determine the reactivity of the metal.	<input type="checkbox"/>
C3.3.5 Hydrogen ions and pH 			I can describe what is meant by a strong acid and a weak acid.	<input type="checkbox"/>	I can explain the difference between a strong acid and a weak acid.	<input type="checkbox"/>
			I can describe how an acid can be dilute or concentrated.	<input type="checkbox"/>	I can explain the difference between a concentrated acid or alkali and a dilute acid or alkali.	<input type="checkbox"/>
			I can collect data to plot a pH curve.	<input type="checkbox"/>	I can interpret pH curves to determine the titre and the strength of reactants.	<input type="checkbox"/>

Electrolysis

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C3.4.1 Electrolysis of molten salts	I can explain why solid compounds of a metal with a non-metal do not conduct electricity.	<input type="checkbox"/>	I can describe the components of an electrolysis circuit, and how to mobilise the ions in the electrolyte.	<input type="checkbox"/>	I can explain why electrolysis provides evidence for the existence of ions.	<input type="checkbox"/>
	I can state that electrolysis breaks ionic compounds down into their component elements.	<input type="checkbox"/>	I can describe the process of electrolysis.	<input type="checkbox"/>	I can explain the process of electrolysis in detail.	<input type="checkbox"/>
	I can predict the products of electrolysis.	<input type="checkbox"/>	I can predict the products at the anode and the cathode during the electrolysis of molten ionic compounds.	<input type="checkbox"/>	I can write half equations for the reactions that occur at the anode and the cathode, and explain in terms of electron transfer why these are redox reactions.	<input type="checkbox"/>
C3.4.2 Electrolysis of solutions	I can state that inert electrodes are made from unreactive metals or graphite.	<input type="checkbox"/>	I can explain why inert electrodes are used for the electrolysis of water (and aqueous solutions) and state the products of this reaction.	<input type="checkbox"/>	I can use half equations to explain the formation of the products at each electrode during the electrolysis of water.	<input type="checkbox"/>
	I can name some products of the electrolysis of solutions.	<input type="checkbox"/>	I can predict and describe the products at each electrode during the electrolysis of a solution.	<input type="checkbox"/>	I can predict and explain the products at each electrode during the electrolysis of a solution.	<input type="checkbox"/>
	I can set up an electrolysis circuit and collect/observe some products formed by the electrolysis of a solution.	<input type="checkbox"/>	I can identify products formed by the electrolysis of a solution.	<input type="checkbox"/>	I can collect and identify the products at each electrode during the electrolysis of a solution.	<input type="checkbox"/>
C3.4.3 Electroplating	I can state that electrolysis can be used to electroplate metals.	<input type="checkbox"/>	I can describe the process of electroplating.	<input type="checkbox"/>	I can write half equations to show what happens at the anode and the cathode during electroplating.	<input type="checkbox"/>
	I can describe some components of an electroplating circuit.	<input type="checkbox"/>	I can suggest suitable substances for the anode, cathode, and electrolyte when electroplating.	<input type="checkbox"/>	I can explain in detail the components of an electroplating circuit.	<input type="checkbox"/>

	I can explain that copper can be purified by electrolysis.	<input type="checkbox"/>	I can explain how electrolysis is used to purify copper.	<input type="checkbox"/>	I can write half equations to explain what happens at the anode and the cathode during the purification of copper using electrolysis.	<input type="checkbox"/>
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C4 Predicting and Identifying reactions and products

Predicting chemical reactions

Lesson	Aiming for Grade 4		Aiming for Grade 6		Aiming for Grade 8	
C4.1.1 Group 1 – the alkali metals	I can describe some physical properties of the Group 1 elements.	<input type="checkbox"/>	I can interpret data to describe trends in the physical properties of the Group 1 elements.	<input type="checkbox"/>	I can predict the physical properties of a Group 1 element, given data about other members of the group.	<input type="checkbox"/>
	I can record the observations noted when Group 1 elements react with water.	<input type="checkbox"/>	I can explain the observations noted when Group 1 elements react with water.	<input type="checkbox"/>	I can explain in detail the observations noted when Group 1 elements react with water.	<input type="checkbox"/>
	I can state that Group 1 metals react vigorously with water, and name the products formed.	<input type="checkbox"/>	I can write balanced equations for the reactions of the Group 1 elements with water.	<input type="checkbox"/>	I can use knowledge of electronic structures to explain in detail the trend in reactivity of the Group 1 elements.	<input type="checkbox"/>
C4.1.2 Group 7 – the halogens	I can describe some physical properties of the Group 7 (IUPAC Group 17) elements.	<input type="checkbox"/>	I can interpret data to describe trends in the physical properties of the Group 7 (IUPAC Group 17) elements.	<input type="checkbox"/>	I can predict the physical properties of a Group 7 (IUPAC Group 17) element, given data about other members of the group.	<input type="checkbox"/>
	I can name the salt formed when a Group 7 (IUPAC Group 17) element reacts with a metal, and write the word equation for the reaction.	<input type="checkbox"/>	I can write balanced chemical equations for the reactions of Group 7 (IUPAC Group 17) elements with metals, given the formula of the salt formed.	<input type="checkbox"/>	Write balanced chemical equations for the reactions of Group 7 (IUPAC Group 17) elements with metals.	<input type="checkbox"/>
	I can state that Group 7 (IUPAC Group 17) elements react vigorously with metals.	<input type="checkbox"/>	I can describe the trend in reactivity of the Group 7 (IUPAC Group 17) elements.	<input type="checkbox"/>	I can use knowledge of electronic structures to explain in detail the trend in reactivity of the Group 7 (IUPAC Group 17) elements.	<input type="checkbox"/>
C4.1.3 Halogen displacement reactions	I can state that a more reactive halogen can displace a less reactive halogen from its compounds.	<input type="checkbox"/>	I can use the order of reactivity of the halogens to explain the outcome of a displacement reaction.	<input type="checkbox"/>	I can predict possible reactions from the order of reactivity of the halogens, or their positions in the Periodic Table.	<input type="checkbox"/>
	I can record the observations noted when halogens react with halide ions in solution.	<input type="checkbox"/>	I can use observations from halogen displacement reactions to identify the more reactive halogen in the reaction.	<input type="checkbox"/>	I can use observations from halogen displacement reactions to deduce the order of reactivity of the halogens.	<input type="checkbox"/>
	I can state the products when a halogen reacts with a halide ion.	<input type="checkbox"/>	I can write balanced chemical equations for halogen displacement reactions.	<input type="checkbox"/>	I can write half equations for each reactant in a halogen displacement reaction, and use them to identify which species have been oxidised and which have been reduced.	<input type="checkbox"/>

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GCSE Combined Sciences

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Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C4.1.4 Group 0 – the noble gases	I can describe some physical properties of the noble gases.	<input type="checkbox"/>	I can interpret data to describe trends in the physical properties of the noble gases.	<input type="checkbox"/>	I can predict the physical properties of a noble gas element, given data about other members of the group.	<input type="checkbox"/>
	I can state that noble gases are unreactive.	<input type="checkbox"/>	I can relate the lack of reactivity of the noble gases to their outer shell.	<input type="checkbox"/>	I can use knowledge of electronic structures to explain in detail the lack of reactivity of the noble gases.	<input type="checkbox"/>
	I can explain that noble gases exist as separate atoms.	<input type="checkbox"/>	I can use nomenclature nature of the noble gases to explain their low boiling points and densities.	<input type="checkbox"/>	I can use the relative strengths of the forces between atoms to explain the trend in boiling point of the noble gases.	<input type="checkbox"/>
C4.1.6 The reactivity of elements	I can record observations noted when metals react with water and dilute acids.	<input type="checkbox"/>	I can use observations from metal reactions to place them in an order of reactivity.	<input type="checkbox"/>	I can explain why some metals are more reactive than others.	<input type="checkbox"/>
	I can describe the products of a metal displacement reaction.	<input type="checkbox"/>	I can write balanced equations for metal displacement reactions.	<input type="checkbox"/>	I can write half equations for metal displacement reactions and distinguish those that model oxidation and those that model reduction.	<input type="checkbox"/>
		<input type="checkbox"/>	I can use the order of reactivity of metals to predict reactions.	<input type="checkbox"/>	I can use the order of reactivity of metals to predict reactions, and justify these predictions.	<input type="checkbox"/>

C4.2 Identifying the products of chemical

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C4.2.1 Detecting gases	I can recognise that limewater turns cloudy when carbon dioxide is bubbled through it.	<input type="checkbox"/>	I can describe in detail how to use limewater to test for carbon dioxide.	<input type="checkbox"/>	I can write balanced chemical equations to explain the reactions that occur when carbon dioxide is bubbled through lime.	<input type="checkbox"/>
	I can describe the results of positive tests for hydrogen and oxygen.	<input type="checkbox"/>	I can describe in detail how to test for chlorine, hydrogen, and oxygen.	<input type="checkbox"/>	I can write equations for the reactions that occur in the tests for hydrogen and oxygen.	<input type="checkbox"/>
	I can recognise that substances need to be smelt safely.	<input type="checkbox"/>	I can smell substances safely in the laboratory.	<input type="checkbox"/>	I can explain why it is important to smell substances safely.	<input type="checkbox"/>

C5 Monitoring and controlling chemical reactions

Lesson	Aiming for Grade 4	Aiming for Grade 6	Aiming for Grade 8
C5.1.1 Rate of reaction	I can state that reactions with a high rate proceed quickly and produce a large amount of product in a short time, and that those with low rate take longer to produce the same amount of product.	I can define the term rate of reaction.	I can explain how equations can be used to calculate rate of reaction.
	I can explain that the volume of gas produced in a reaction can be used as a measure of reaction rate.	I can explain how to use a gas syringe, measuring cylinder, or top-pan balance to monitor the volume of gas produced in a reaction.	I can explain how the volume of gas produced in a reaction can be used to calculate rate of reaction.
	I can use a graph to describe how rate of reaction changes with time.	I can calculate rate of reaction from a graph.	I can plot appropriate graphs from experimental data and use them to calculate rate of reaction.
C5.1.2 Temperature and reaction rate	I can state that particles have to collide in order to react.	I can define the term successful collision and explain how the number of successful collisions can be increased.	I can explain collision theory in detail.
	I can state that rate of reaction increases with temperature.	I can use collision theory to explain the effect of temperature on rate of reaction.	I can use collision theory to justify a detailed explanation of the effect of temperature on rate of reaction.
	I can record some reaction times at different temperatures in rate-of-reaction experiments.	I can use experimental data to calculate rate of reaction at different temperatures.	I can interpret a graph of rate of reaction against temperature and explain its shape.
C5.1.3 Concentration, pressure, and rate	I can state that rate of reaction increases as concentration increases.	I can define the term concentration and use collision theory to explain how concentration affects rate of reaction.	I can use detailed collision theory to explain the relationship between concentration and rate of reaction.
	I can state that rate of reaction increases as pressure increases.	I can define the term pressure and use collision theory to explain how pressure affects rate of reaction.	I can explain why the temperature should be kept constant when investigating the effect of concentration or pressure on rate.
	I can record some reaction times at different concentrations in rate-of-reaction experiments.	I can use experimental data to calculate rate of reaction at different concentrations.	I can interpret a graph of rate of reaction against concentration and explain its shape.

Lesson	Aiming for Grade 4	Aiming for Grade 6	Aiming for Grade 8
C5.1.4 Particle size and reaction rate	I can state that small pieces of a solid have a larger surface-area-to-volume ratio than larger pieces.	I can explain how to conduct a fair test and obtain valid results when investigating the effect of particle size on rate of reaction.	I can calculate the surface-area-to-volume ratio for different-sized pieces of solid.
	I can state that pieces of solid with a large surface area react more quickly than those with a smaller surface area.	I can use collision theory to explain how surface area affects rate of reaction.	I can use detailed collision theory to justify the relationship between surface area and rate of reaction.
	I can record data in rate-of-reaction experiments for pieces of solid with different surface areas.	I can use experimental data to demonstrate the effect of surface area on rate of reaction.	I can use experimental data to calculate mean rates of reaction for different surface areas.
C5.1.5 Catalysts and reaction rate	I can state that catalysts can be used to speed up chemical reactions.	I can define the term catalyst and describe how catalysts work.	I can explain in detail how catalysts affect rate of reaction.
	I can state that enzymes are biological catalysts.	I can explain how surface area affects the action of a catalyst.	I can explain using collision theory how a catalyst works.
	I can record reaction times for reactions involving catalysts.	I can process experimental data to demonstrate the effect of different catalysts on rate of reaction.	I can use experimental data to calculate the effects of different catalysts on rate of reaction.

C5.2 Controlling reactions Equilibria

Lesson	Aiming for Grade 4	Aiming for Grade 6	Aiming for Grade 8
C5.2.1 Reversible reactions	I can state that some reactions are reversible.	I can explain the meaning of the \rightleftharpoons symbol.	I can write balanced equations for a reversible reaction to model the forward and backward reactions.
	I can state one example of a reversible reaction.	I can describe how some chemical reactions can be reversed by altering the reaction conditions.	I can suggest the conditions needed to reverse a given chemical reaction.
	I can describe the concentrations of reacting substances as constant in a dynamic equilibrium.	I can explain why, in dynamic equilibrium reactions, the rates of the forward and backward reactions are equal.	I can explain in detail the conditions under which dynamic equilibria occur.
C5.2.2 Equilibrium position		I can describe the effect of changing pressure on a given equilibrium system.	I can explain fully the effect of changing pressure on a given equilibrium system.
		I can describe the effect of changing concentration on a given equilibrium system.	I can explain fully the effect of changing concentration on a given equilibrium system.
		I can describe the effect of changing temperature on a given equilibrium system.	I can explain fully the effect of changing temperature on a given equilibrium system.
C5.2.3 Choosing reaction conditions		I can describe the factors that affect the equilibrium yield of reaction.	I can explain why removing the product of a reversible reaction moves the equilibrium position to the right.
		I can explain the optimum pressure for producing a high yield of a particular product in an equilibrium reaction.	I can justify the choice of a compromise pressure for a particular equilibrium reaction.
		I can explain the optimum temperature for producing a high yield of a particular product in an equilibrium reaction.	I can justify the choice of a compromise temperature for a particular equilibrium reaction.

C6 Global Challenges

C6.1 Improving processes and products

C6.1.6 Extracting metals	I can state a definition of the term ore.	<input type="checkbox"/>	I can outline the steps in extracting a metal from its ore.	<input type="checkbox"/>	I can explain, using the position of carbon in the reactivity series, how the industrial process used to extract a metal is chosen.	<input type="checkbox"/>
	I can describe some stages in the extraction of copper.	<input type="checkbox"/>	I can describe how copper is extracted from copper (II) oxide.	<input type="checkbox"/>	I can explain the extraction of copper from different ores using chemical equations, and describe each part of the process as oxidation or reduction.	<input type="checkbox"/>
	I can use laboratory apparatus to heat a sample of copper (II) oxide and charcoal.	<input type="checkbox"/>	I can prepare a sample of copper from copper (II) oxide.	<input type="checkbox"/>	I can prepare a sample of copper from copper (II) oxide and explain why an excess of charcoal is used.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C6.1.7 Extracting iron	I can state that iron is produced from iron ore and coke.	<input type="checkbox"/>	I can name all the raw materials used to make iron.	<input type="checkbox"/>	I can explain why each of the raw materials used in iron production is needed.	<input type="checkbox"/>
	I can state that iron ore is converted into iron at a high temperature in the blast furnace.	<input type="checkbox"/>	I can describe the main processes that occur in the blast furnace in the production of iron ore.	<input type="checkbox"/>	I can explain in detail how iron is extracted from iron ore.	<input type="checkbox"/>
	I can state that the reaction that produces iron is a reduction reaction.	<input type="checkbox"/>	I can write equations for the reactions that occur in the blast furnace in the production of iron ore.	<input type="checkbox"/>	I can distinguish the reactions that occur in the blast furnace as combustion, oxidation, redox, or neutralisation.	<input type="checkbox"/>
C6.1.8 Extracting aluminium	I can state that aluminium is extracted from aluminium oxide by electrolysis.	<input type="checkbox"/>	I can state that the main ore of aluminium is bauxite, and explain why aluminium has to be extracted by electrolysis.	<input type="checkbox"/>	I can explain why aluminium oxide is dissolved in cryolite before electrolysis.	<input type="checkbox"/>
	I can describe some stages in the process of extracting aluminium from its ore.	<input type="checkbox"/>	I can describe how aluminium is extracted from its oxide.	<input type="checkbox"/>	I can explain in detail each stage of the extraction of aluminium from its ore and write a balanced equation to model the overall reaction.	<input type="checkbox"/>
	I can state that the electrolysis of aluminium oxide produces aluminium and oxygen.	<input type="checkbox"/>	I can name the substances formed at each electrode in the electrolysis of aluminium oxide, and explain why the anode needs replacing frequently.	<input type="checkbox"/>	I can write equations for the processes that occur at each electrode and describe them as oxidation or reduction.	<input type="checkbox"/>
C6.1.9 Biological metal extraction			I can describe the process of bioleaching.	<input type="checkbox"/>	I can explain the process of bioleaching in detail.	<input type="checkbox"/>
			I can describe the process of phytoextraction.	<input type="checkbox"/>	I can explain the process of phytoextraction in detail.	<input type="checkbox"/>
			I can describe some advantages and disadvantages of bioleaching and phytoextraction.	<input type="checkbox"/>	I can compare bioleaching and phytoextraction with alternative methods of metal extraction and evaluate them.	<input type="checkbox"/>

C6.1.15 Choosing materials	I can state why one material would be more suitable than another for a particular purpose.	<input type="checkbox"/>	I can choose the most appropriate material for a particular purpose, given data on a range of properties, and briefly explain this choice.	<input type="checkbox"/>	I can explain in detail the choice of an appropriate material for a particular purpose.	<input type="checkbox"/>
	I can explain what a life-cycle assessment (LCA) is.	<input type="checkbox"/>	I can describe the basic principles of carrying out an LCA.	<input type="checkbox"/>	I can describe in detail the process of carrying out an LCA.	<input type="checkbox"/>
	I can describe the stages in the life cycle of a product, given data.	<input type="checkbox"/>	I can interpret data from the LCA of a material or product.	<input type="checkbox"/>	I can evaluate data from an LCA and draw conclusions about the material or product.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C6.1.16 Recycling materials	I can describe some benefits of recycling materials.	<input type="checkbox"/>	I can explain the benefits of recycling materials.	<input type="checkbox"/>	I can interpret data to evaluate the recycling of different materials.	<input type="checkbox"/>
	I can state one factor to consider before deciding whether or not to recycle a material.	<input type="checkbox"/>	I can describe several factors to consider before deciding whether or not to recycle a material.	<input type="checkbox"/>	I can process numeric data to demonstrate the relative benefit of recycling different materials.	<input type="checkbox"/>
	I can describe methods of sorting materials before they are recycled.	<input type="checkbox"/>	I can explain why it is important to sort materials before recycling and describe how some materials are sorted.	<input type="checkbox"/>	I can explain in detail how materials are recycled.	<input type="checkbox"/>

C6.2 Organic

C6.2.5 Alkanes from crude oil	I can name some uses of crude oil and state that it is a fossil fuel.	<input type="checkbox"/>	I can explain how crude oil forms and why it is described as non-renewable.	<input type="checkbox"/>	I can explain in detail why crude oil is a finite resource.	<input type="checkbox"/>
	I can state that the fractions in crude oil can be separated by fractional distillation.	<input type="checkbox"/>	I can explain how the properties of alkanes are related to the number of carbon atoms in the molecule.	<input type="checkbox"/>	I can explain in detail the separation of crude oil by fractional distillation.	<input type="checkbox"/>
	I can name some fractions of crude oil.	<input type="checkbox"/>	I can name the fractions of crude oil in order of increasing boiling point.	<input type="checkbox"/>	I can justify the uses of different fractions obtained from crude oil.	<input type="checkbox"/>
C6.2.6 Cracking oil fractions	I can state that during cracking large alkane molecules are broken down into smaller ones.	<input type="checkbox"/>	I can describe the process of cracking and the conditions needed.	<input type="checkbox"/>	I can explain, with balanced chemical equations, the process of cracking.	<input type="checkbox"/>
	I can state that cracking is carried out to convert hydrocarbons with long-chain molecules into more useful ones with shorter-chain molecules.	<input type="checkbox"/>	I can explain why cracking is carried out.	<input type="checkbox"/>	I can explain in detail how cracking helps to satisfy the demand for specific fuels and other substances.	<input type="checkbox"/>
	I can describe some uses of substances obtained from crude oil.	<input type="checkbox"/>				

C6.3 Interpreting and interacting with Earth Systems

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C6.3.1 Forming the atmosphere	I can name the main gases in the atmosphere.	<input type="checkbox"/>	I can describe the composition of the atmosphere.	<input type="checkbox"/>	I can describe in detail the composition of the atmosphere.	<input type="checkbox"/>
	I can state that early atmosphere was mostly carbon dioxide.	<input type="checkbox"/>	I can explain how the Earth's early atmosphere is thought to have formed.	<input type="checkbox"/>	I can interpret evidence about the formation of the early atmosphere.	<input type="checkbox"/>
	I can state that photosynthesis may have caused the percentage of oxygen in the atmosphere to increase over time.	<input type="checkbox"/>	I can explain how an oxygen-rich atmosphere may have developed over time.	<input type="checkbox"/>	I can interpret evidence about changes in the atmosphere over time.	<input type="checkbox"/>
C6.3.2 Pollution and the atmosphere	I can state that carbon monoxide is a pollutant that may harm living things.	<input type="checkbox"/>	I can describe how carbon monoxide is produced and explain the effect it has on the body.	<input type="checkbox"/>	I can explain in detail the health problems caused by increased amounts of carbon monoxide in the atmosphere.	<input type="checkbox"/>
	I can state that particulates are pollutants that may harm living things.	<input type="checkbox"/>	I can describe how particulates are produced and explain the effect they have on the body.	<input type="checkbox"/>	I can explain in detail the health problems caused by increased amounts of particulates in the atmosphere.	<input type="checkbox"/>
	I can state that nitrogen oxide and sulphur dioxide are pollutants that may harm living things.	<input type="checkbox"/>	I can describe how acidic oxides are produced and explain the effect they have on living organisms.	<input type="checkbox"/>	I can explain in detail the health problems caused by increased amounts of acidic oxides in the atmosphere.	<input type="checkbox"/>
C6.3.3 Climate change	I can state that the greenhouse effect keeps the Earth and its atmosphere warm enough for living things to exist.	<input type="checkbox"/>	I can describe the atmospheric greenhouse effect.	<input type="checkbox"/>	I can explain the greenhouse effect in terms of the interaction of radiation with matter within the atmospheric.	<input type="checkbox"/>
	I can state that an increase in greenhouse gases is causing global warming.	<input type="checkbox"/>	I can explain the problems caused by an enhanced greenhouse effect.	<input type="checkbox"/>	I can evaluate evidence for causes of climate change.	<input type="checkbox"/>
	I can describe the importance of reducing emissions of greenhouse gases.	<input type="checkbox"/>	I can explain methods for reducing emissions of greenhouse gases.	<input type="checkbox"/>	I can evaluate the effectiveness of methods for reducing greenhouse gas emissions.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C6.3.4 Water for drinking	I can describe where drinking water comes from.	<input type="checkbox"/>	I can name the substances that are present in rivers and waste water.	<input type="checkbox"/>	I can explain the sources of the substances present in rivers and waste water.	<input type="checkbox"/>
	I can state that water has to be treated before it is safe to drink.	<input type="checkbox"/>	I can describe how ground water and waste water are treated in order to make them safe to drink.	<input type="checkbox"/>	I can evaluate the arguments for and against the fluoridation of drinking water.	<input type="checkbox"/>
	I can state that seawater can be made safe to drink using desalination to remove dissolved salts.	<input type="checkbox"/>	I can describe how salt water is treated to make it safe to drink.	<input type="checkbox"/>	I can evaluate the advantages and disadvantages of distilling large volumes of seawater to provide drinking water.	<input type="checkbox"/>

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C1 Particles

The particle model

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C1.1.1 Introducing particles	I can draw diagrams to show the arrangements of particles in the three states of matter.	<input type="checkbox"/>	I can describe the movement and arrangement of particles in the three states of matter, and give examples of three	<input type="checkbox"/>	I can compare the movement and arrangement of particles in the three states of matter.	<input type="checkbox"/>
	I can describe typical physical properties of a substance in a given state.	<input type="checkbox"/>	I can compare the physical properties of a substance in its three states.	<input type="checkbox"/>	I can use the particle model to explain the differences in physical properties of a substance in its three states.	<input type="checkbox"/>
	I can state whether a given particle model is in two or three dimensions.	<input type="checkbox"/>	I can compare the features of 2D and 3D models to represent particles.	<input type="checkbox"/>	I can evaluate the advantages and disadvantages of given 2D and 3D models to represent particles.	<input type="checkbox"/>
C1.1.2 Chemical and physical changes	I can make observations, and give examples of physical and chemical changes.	<input type="checkbox"/>	I can state whether an observed change is physical or chemical.	<input type="checkbox"/>	I can justify classifying a given observed change as physical or chemical.	<input type="checkbox"/>
	I can state the definition of a physical change and a chemical changes.	<input type="checkbox"/>	I can compare the features of physical and chemical changes.	<input type="checkbox"/>	I can explain the differences between physical and chemical changes using the particle model.	<input type="checkbox"/>
	I can compare reactants and products in a chemical reaction using particle diagrams or physical models.	<input type="checkbox"/>	I can deduce whether a given change is physical or chemical by interpreting particle diagrams of reactants and products.	<input type="checkbox"/>	I can draw particle diagrams of reactants and products to model a chemical reaction.	<input type="checkbox"/>
C1.1.3 Limitations of the particle model	I can name the type of force that acts between particles.	<input type="checkbox"/>	I can describe how the strength of the forces between particles changes with distance.	<input type="checkbox"/>	I can explain why the strength of the forces between particles affects the properties of a substance.	<input type="checkbox"/>
	I can compare the relative distances between particles in the three states of matter.	<input type="checkbox"/>	I can state typical distances between particles in the gas state.	<input type="checkbox"/>	I can calculate the ratio distance to diameter, the distance between particles in a gas state, and the sizes of objects in scale models.	<input type="checkbox"/>
	I can describe one way in which the particle model is unlike the situation it represents.	<input type="checkbox"/>	I can describe three limitations of the particle model.	<input type="checkbox"/>	I can use mathematical ideas to explain some limitations of the particle model.	<input type="checkbox"/>

Atomic structure

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C1.2.1 Atomic structure	I can list the subatomic particles in an atom.	<input type="checkbox"/>	I can describe the subatomic particles in an atom.	<input type="checkbox"/>	I can explain evidence for the structure of the atom.	<input type="checkbox"/>
	I can qualitatively describe: the relative sizes of an atom, chemical bonds, and simple molecules.	<input type="checkbox"/>	I can use standard form to describe the sizes of atoms, chemical bonds, and molecules.	<input type="checkbox"/>	I can explain why a relative scale is used to compare subatomic particles.	<input type="checkbox"/>
	I can state the size of a typical atom.	<input type="checkbox"/>	I can use data to calculate the sizes, masses, and charges of subatomic particles.	<input type="checkbox"/>	I can use data to calculate the relative sizes, masses, and charges of subatomic particles.	<input type="checkbox"/>
C1.2.2 Isotopes	I can state definitions of the terms ion, atomic number, mass number, and isotope.	<input type="checkbox"/>	I can use an example to describe the similarities and differences between isotopes in terms of subatomic particles.	<input type="checkbox"/>	I can explain why isotopes of the same element may have different physical properties but identical chemical properties.	<input type="checkbox"/>
	I can describe how an atom becomes an ion.	<input type="checkbox"/>	I can use standard notation to represent an ion.	<input type="checkbox"/>	I can use and interpret standard notation to represent atoms, ions, and isotopes.	<input type="checkbox"/>
	I can state the number of protons, neutrons, and electrons from given values of atomic number and mass number.	<input type="checkbox"/>	I can state the numbers of protons, neutrons, and electrons in an atom when a Periodic Table is supplied.	<input type="checkbox"/>	I can state the number of protons, neutrons, and electrons for an ion when a Periodic Table is supplied.	<input type="checkbox"/>
C1.2.3 Developing the atomic model	I can recall the main features of the plum-pudding model and the Bohr model.	<input type="checkbox"/>	I can describe the development of the atomic model.	<input type="checkbox"/>	I can explain why the atomic model has changed over time.	<input type="checkbox"/>
	I can state the contribution Dalton, Thomson, Rutherford, Bohr, Geiger, and Marsden made to the atomic model.	<input type="checkbox"/>	I can explain the contribution of Dalton, Thomson, Rutherford, Bohr, Geiger, and Marsden to the development of the atomic model.	<input type="checkbox"/>	I can justify amendments to the model of the atom.	<input type="checkbox"/>
	I can state what an atom is.	<input type="checkbox"/>				

C2 Elements, compounds and mixtures

Purity and separating mixtures

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C2.1.1 Relative formula mass	I can state definitions of relative atomic mass, relative molecular mass, and relative formula mass.	<input type="checkbox"/>	I can use data from the Periodic Table to compare the relative atomic masses of different elements.	<input type="checkbox"/>	I can explain why relative formula mass is a useful measurement.	<input type="checkbox"/>
	I can use the Periodic Table to find the chemical symbol for an element.	<input type="checkbox"/>	I can interpret simple formulae to list the number of each type of atom present.	<input type="checkbox"/>	I can interpret diagrams of molecular compounds to write chemical formulae.	<input type="checkbox"/>
	I can use the Periodic Table to give the relative atomic mass of an element.	<input type="checkbox"/>	I can calculate the relative formula mass or relative molecular mass of a simple substance when the relative atomic mass and formula are given.	<input type="checkbox"/>	I can calculate the relative formula mass or relative molecular mass of substances from diagrams or formulae (including those with brackets).	<input type="checkbox"/>
C2.1.2 Empirical formula	I can state a definition of empirical formula.	<input type="checkbox"/>	I can use an example to explain how a molecular formula and an empirical formula can be the same.	<input type="checkbox"/>	I can explain why ionic compounds are always referred to by their empirical formulae.	<input type="checkbox"/>
	I can calculate the empirical formula for a simple covalent compound when the molecular formula is given.	<input type="checkbox"/>	I can calculate the empirical formula for a compound from a diagram.	<input type="checkbox"/>	I can calculate an empirical formula from a molecular formula that contains brackets.	<input type="checkbox"/>
	I can use a balanced symbol equation to calculate the relative formula mass or relative molecular mass when the relative atomic masses are given.	<input type="checkbox"/>	I can explain when the term relative molecular mass can be used.	<input type="checkbox"/>	I can explain how the sum of the M_r values of the reactants must equal the sum of the M_r values of the products in a balanced symbol equation.	<input type="checkbox"/>
C2.1.3 Pure and impure substances	I can state definitions of the terms pure and mixture.	<input type="checkbox"/>	I can explain the different meanings of pure in everyday and scientific language.	<input type="checkbox"/>	I can explain why a mixture is often more useful than a pure substance.	<input type="checkbox"/>
	I can give an example of a pure substance and a mixture.	<input type="checkbox"/>	I can identify a substance as either pure or a mixture.	<input type="checkbox"/>	I can explain the effect on melting point of adding different substances to a pure substance.	<input type="checkbox"/>
	I can safely determine the melting point of a substance.	<input type="checkbox"/>	I can identify a substance from melting point data.	<input type="checkbox"/>	I can evaluate the purity of a sample from its melting point data.	<input type="checkbox"/>
C2.1.4 Filtration and crystallisation	I can safely separate a mixture to collect an insoluble substance from a liquid or solution.	<input type="checkbox"/>	I can describe the process of filtering.	<input type="checkbox"/>	I can explain how filtration separates an insoluble solid from a liquid or solution.	<input type="checkbox"/>
	I can safely separate a solution to collect the solute.	<input type="checkbox"/>	I can describe the process of crystallisation.	<input type="checkbox"/>	I can explain how crystallisation separates the components of a solution.	<input type="checkbox"/>
	I can identify the solute, solvent, residue, and filtrate in named solutions or suspensions that have been separated.	<input type="checkbox"/>	I can suggest and describe a suitable technique to separate a named solution or suspension.	<input type="checkbox"/>	I can evaluate different techniques for folding filter paper.	<input type="checkbox"/>
C2.1.5 Distillation	I can list and recognise the key equipment used in a simple distillation.	<input type="checkbox"/>	I can describe the process of simple distillation.	<input type="checkbox"/>	I can explain how simple distillation separates a solution.	<input type="checkbox"/>
	I can safely use distillation to separate two miscible liquids.	<input type="checkbox"/>	I can describe the process of fractional distillation.	<input type="checkbox"/>	I can explain how fractional distillation separates a mixture of liquids.	<input type="checkbox"/>
	I can state the types of mixtures that can be separated by distillation.	<input type="checkbox"/>	I can suggest and describe a suitable technique to separate a named solution.	<input type="checkbox"/>	I can predict and justify the value shown on a thermometer in a distillation, given the mixture and relevant data.	<input type="checkbox"/>
C2.1.6 Chromatography	I can state definitions for the stationary and mobile phases in chromatography.	<input type="checkbox"/>	I can describe how to complete paper chromatography.	<input type="checkbox"/>	I can explain how separation occurs in a chromatography experiment.	<input type="checkbox"/>
	I can safely complete a paper chromatogram.	<input type="checkbox"/>	I can describe how to complete thin-layer chromatography.	<input type="checkbox"/>	I can explain how chromatograms for the same substances can be different when phases are changed.	<input type="checkbox"/>
	I can recall the formula for the R_f value.	<input type="checkbox"/>	I can calculate R_f values given a chromatogram.	<input type="checkbox"/>	I can interpret a chromatogram.	<input type="checkbox"/>
C2.1.7 Purification and checking purity	I can describe one purification technique to separate a simple mixture.	<input type="checkbox"/>	I can suggest a multistep separation technique for a mixture.	<input type="checkbox"/>	I can explain how a multistep method can be used to separate a given mixture.	<input type="checkbox"/>
	I can describe the processes of paper, thin-layer, and gas chromatography.	<input type="checkbox"/>	I can explain the processes of paper, thin-layer, and gas chromatography.	<input type="checkbox"/>	I can evaluate the different types of chromatography.	<input type="checkbox"/>
	I can use a chromatogram to classify a substance as pure or a mixture.	<input type="checkbox"/>	I can explain how a chromatogram can be used to identify a pure substance or a mixture.	<input type="checkbox"/>	I can justify the use of different purification techniques in different circumstances.	<input type="checkbox"/>

Bonding

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C2.2.1 Metals and non-metals	I can list the physical properties of metals and non-metals.	<input type="checkbox"/>	I can describe the differences between the chemical properties of metals and non-metals.	<input type="checkbox"/>	I can predict the physical and chemical properties of an element based on its position in the Periodic Table.	<input type="checkbox"/>
	I can state where metals and non-metals are found in the Periodic Table.	<input type="checkbox"/>	I can describe an experiment to determine whether an element is a metal or a non-metal.	<input type="checkbox"/>	I can evaluate an experiment designed to classify an element as a metal or a non-metal.	<input type="checkbox"/>
	I can use the Periodic Table to classify an element as a metal or a non-metal.	<input type="checkbox"/>	I can identify patterns in the Periodic Table for the physical properties of elements.	<input type="checkbox"/>	I can identify and justify anomalous elements in the Periodic Table.	<input type="checkbox"/>
C2.2.2 Electronic structures	I can state definitions of a group and a period in the Periodic Table.	<input type="checkbox"/>	I can identify an element given the group and period number, and vice versa.	<input type="checkbox"/>	I can determine the electronic structure of each of the first 20 elements given group number and period number.	<input type="checkbox"/>
	I can state the maximum number of electrons in each of the first three shells.	<input type="checkbox"/>	I can use simplified electronic structure notation to draw the electronic structure of the first 20 elements in the Periodic Table.	<input type="checkbox"/>	I can interpret simplified electronic notation for the first 20 elements to determine group number, period number, and element.	<input type="checkbox"/>
	I can draw the electronic structure of the first 20 elements given the number of electrons.	<input type="checkbox"/>	I can draw the electronic structure of the first 20 elements using the Periodic Table to determine their number of electrons.	<input type="checkbox"/>	I can justify the study of the electronic structures of only the first 20 elements.	<input type="checkbox"/>
C2.2.3 Forming ions	I can state the definition of the term ion.	<input type="checkbox"/>	I can use electron diagrams to explain how ions are formed.	<input type="checkbox"/>	I can explain the charge on a given ion in terms of subatomic particles and electron transfer.	<input type="checkbox"/>
	I can recognise an ion from its symbol.	<input type="checkbox"/>	I can explain whether a given electron diagram represents an atom or an ion.	<input type="checkbox"/>	I can explain how atoms and ions of different elements can have the same electronic structure.	<input type="checkbox"/>
	I can draw or state the electronic structure of an ion given its charge and the electronic structure of the neutral atom.	<input type="checkbox"/>	I can draw the electronic structure of an ion given its charge and the number of electrons in the neutral atom.	<input type="checkbox"/>	I can predict the electronic structure of an ion given its position in the Periodic Table.	<input type="checkbox"/>
C2.2.4 Ionic compounds	I can state that ionic compounds tend to form between a metal and a non-metal.	<input type="checkbox"/>	I can explain the formation of ionic bonds in terms of electron transfer.	<input type="checkbox"/>	I can justify the formation of ionic bonds in terms of the stability of the atoms and ions involved.	<input type="checkbox"/>
	I can draw dot-and-cross diagrams to represent simple binary ionic compounds in which one electron per atom is transferred.	<input type="checkbox"/>	I can draw dot-and-cross diagrams to represent ionic compounds in which more than one electron per atom is transferred.	<input type="checkbox"/>	I can justify how a space-filling model for a given compound arises from its dot-and-cross diagram.	<input type="checkbox"/>
	I can describe the structure and bonding in an ionic compound.	<input type="checkbox"/>	I can explain how a given model represents an ionically bonded compound.	<input type="checkbox"/>	I can evaluate different models to represent ionic compounds.	<input type="checkbox"/>
C2.2.5 Simple molecules	I can state that covalent compounds form between non-metal atoms.	<input type="checkbox"/>	I can describe the formation of covalent bonds in terms of electron sharing.	<input type="checkbox"/>	I can explain how covalent bonds form between non-metal atoms.	<input type="checkbox"/>
	I can recognise covalent bonding and identify substances as covalently bonded.	<input type="checkbox"/>	I can describe structure and bonding in simple molecular substances.	<input type="checkbox"/>	I can evaluate different models to represent covalent compounds.	<input type="checkbox"/>
	I can draw dot-and-cross diagrams of simple covalent substances, limited to the first 20 elements and single bonds.	<input type="checkbox"/>	I can draw displayed formulae or dot-and-cross diagrams of covalent compounds, limited to the first 20 elements with single and/or double bonds.	<input type="checkbox"/>	I can suggest the displayed formula, space-filling, or dot-and-cross diagrams for covalent compounds, including those with multiple bonds.	<input type="checkbox"/>
C2.2.6 Giant covalent structures	I can state that covalent compounds form between non-metal atoms.	<input type="checkbox"/>	I can describe the formation of covalent bonds in terms of electron sharing.	<input type="checkbox"/>	I can use examples to explain how covalent bonds hold together a giant covalent structure.	<input type="checkbox"/>
	I can state examples of substances with giant covalent structures.	<input type="checkbox"/>	I can describe the structure and bonding in giant covalent structures.	<input type="checkbox"/>	I can evaluate different models to represent covalent compounds.	<input type="checkbox"/>
	I can draw a 3D representation of a giant covalent structure.	<input type="checkbox"/>	I can determine the empirical formula of a substance with a giant covalent structure.	<input type="checkbox"/>	I can justify the use of empirical formulae to describe substances that have giant covalent structures.	<input type="checkbox"/>
C2.2.7 Polymer molecules	I can state definitions of the terms monomer and polymer and give examples of each.	<input type="checkbox"/>	I can describe the formation of a polymer.	<input type="checkbox"/>	I can explain how monomers join together to form an addition polymer.	<input type="checkbox"/>
	I can describe the difference between the properties of thermosetting and thermosetting polymers.	<input type="checkbox"/>	I can describe an experiment to classify a polymer as thermosetting or thermosetting.	<input type="checkbox"/>	I can explain how the structures of thermosetting and thermosetting polymers affect their properties.	<input type="checkbox"/>
	I can identify a monomer and polymer in a model.	<input type="checkbox"/>	I can explain a model to represent a polymer.	<input type="checkbox"/>	I can evaluate different models to represent polymers.	<input type="checkbox"/>
C2.2.8 Structure of metals	I can list examples of substances with metallic bonds.	<input type="checkbox"/>	I can describe the formation of metallic bonds.	<input type="checkbox"/>	I can explain how monomers join together to form an addition polymer.	<input type="checkbox"/>
	I can describe the lattice structure of a metallic crystal.	<input type="checkbox"/>	I can use a model to explain the lattice structure of a metallic crystal.	<input type="checkbox"/>	I can explain how the structures of thermosetting and thermosetting polymers affect their properties.	<input type="checkbox"/>
	I can recognise a model of a metallic lattice.	<input type="checkbox"/>	I can compare metallic bonds with covalent and ionic bonds.	<input type="checkbox"/>	I can evaluate different models to represent polymers.	<input type="checkbox"/>
C2.2.9 Developing the Periodic Table	I can describe how the elements are listed in the Periodic Table.	<input type="checkbox"/>	I can explain how Mendeleev organised the elements in the Periodic Table.	<input type="checkbox"/>	I can explain why the modern Periodic Table is not the same as Mendeleev's Periodic Table.	<input type="checkbox"/>
	I can use the Periodic Table to determine the symbol, atomic number, and relative atomic mass of an element.	<input type="checkbox"/>	I can explain why Mendeleev's Periodic Table was not adopted straight away.	<input type="checkbox"/>	I can evaluate the Periodic Table as a method of displaying information about the elements.	<input type="checkbox"/>

C2.2.10 Atomic structure and the Periodic Table	I can state the number of electrons in the outer electron shells for the elements in Groups 1 and 8.	<input type="checkbox"/>	I can use the Periodic Table to suggest the electronic structure for the first 20 elements.	<input type="checkbox"/>	I can use the Periodic Table to suggest the number of outer-shell electrons and the number of electron shells for an element.	<input type="checkbox"/>
	I can describe the trend in the reactions of the Group 1 elements with water.	<input type="checkbox"/>	I can predict and explain the trend in reactivity of elements in Groups 2 and 6.	<input type="checkbox"/>	I can explain, in terms of electronic structure, why noble gases are described as inert.	<input type="checkbox"/>
	I can describe observations from displacement reactions.	<input type="checkbox"/>	I can use the Periodic Table to make predictions about the chemical reactions of elements with oxygen.	<input type="checkbox"/>	I can evaluate the versatility of the Periodic Table as new elements are discovered.	<input type="checkbox"/>

Properties of materials

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C2.3.1 Carbon	I can describe the structure and bonding in graphite and diamond.	<input type="checkbox"/>	I can explain how carbon can form different families of compounds.	<input type="checkbox"/>	I can explain the uses of graphite and diamond in terms of their properties.	<input type="checkbox"/>
	I can list the properties of graphite and diamond.	<input type="checkbox"/>	I can explain the properties of graphite and diamond in terms of structure and bonding.	<input type="checkbox"/>	I can predict the properties of carbon allotropes, given information about their structure and bonding.	<input type="checkbox"/>
	I can name examples of carbon allotropes.	<input type="checkbox"/>	I can explain the term allotrope using carbon to illustrate.	<input type="checkbox"/>	I can predict the properties or structure of Group 4 elements.	<input type="checkbox"/>
C2.3.2 Changing state	I can describe changes of state in terms of bonds and forces of attraction.	<input type="checkbox"/>	I can explain changes of state in terms of bonds and interactions between particles.	<input type="checkbox"/>	I can use an example to explain sublimation.	<input type="checkbox"/>
	I can state what is meant by melting point and boiling point.	<input type="checkbox"/>	I can use melting and boiling point data to determine the state of a substance at a given temperature.	<input type="checkbox"/>	I can use melting and boiling point data to suggest the type of substance and/or type of bonds present in a sample.	<input type="checkbox"/>
	I can explain why the boiling point of a substance is always higher than its melting point.	<input type="checkbox"/>	I can use melting and boiling point data to interpret the relative strengths of forces of attraction.	<input type="checkbox"/>	I can explain how to use melting and boiling point data to interpret the relative strengths of forces of attraction.	<input type="checkbox"/>
C2.3.3 Bulk properties of materials	I can state a definition of the term bulk properties.	<input type="checkbox"/>	I can explain that individual atoms do not exhibit the bulk properties of a material.	<input type="checkbox"/>	I can justify the choice of a material for a function based on its bulk properties.	<input type="checkbox"/>
	I can list the main bulk properties of ionic compounds, simple molecules, giant covalent structures, polymers and metals.	<input type="checkbox"/>	I can explain how structure and bonding cause the bulk properties of a material.	<input type="checkbox"/>	I can predict the bulk properties of a material given information about its structure and bonding.	<input type="checkbox"/>
	I can recognise models of ionic compounds, simple molecules, giant covalent structures, polymers and metals.	<input type="checkbox"/>	I can use models of ionic compounds, simple molecules, giant covalent structures, polymers and metals to explain bulk properties.	<input type="checkbox"/>	I can evaluate models of ionic compounds, simple molecules, giant covalent structures, polymers and metals used to explain bulk properties.	<input type="checkbox"/>

C2.3.4 Nanoparticles	I can state the relative size of nanoparticles and use this to classify substances.	<input type="checkbox"/>	I can describe how the properties of nanoparticles relate to their uses.	<input type="checkbox"/>	I can use standard form where appropriate, to describe the size of nanoparticles.	<input type="checkbox"/>
	I can calculate the surface area of a cube given the formula.	<input type="checkbox"/>	I can describe and explain how the surface-area-to-volume ratio affects properties.	<input type="checkbox"/>	I can calculate the surface-area-to-volume ratio of a cube.	<input type="checkbox"/>
	I can list some examples of the use of nanotechnology.	<input type="checkbox"/>	I can list the advantages and disadvantages of nanotechnology.	<input type="checkbox"/>	I can evaluate the use of nanotechnology.	<input type="checkbox"/>

C3 Chemical Reactions

Introducing chemical reactions

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C3.1.1 Formulae of elements and molecules	I can name the elements in a familiar simple covalent substance, given the formula.	<input type="checkbox"/>	I can state the number of atoms of each element in an unfamiliar simple covalent substance, given the formula.	<input type="checkbox"/>	I can explain why metal elements are described using empirical formula and noble gases using just the element symbol.	<input type="checkbox"/>
	I can use the Periodic Table to find symbols for elements.	<input type="checkbox"/>	I can write the molecular formula of a compound that exists as simple covalent molecules, given the name or the number of atoms of each element present.	<input type="checkbox"/>	I can write the molecular formula for a simple covalent compound, given the structural formula.	<input type="checkbox"/>
C3.1.2 Formulae of ionic compounds	I can state the charges on ions in Groups 1, 2, 6 (IUPAC 16), and 7 (IUPAC 17).	<input type="checkbox"/>	I can determine the number and type of elements in unfamiliar ionic substances, given the formulae.	<input type="checkbox"/>	I can explain how a compound can contain both covalent and ionic bonds.	<input type="checkbox"/>
	I can state the ions in familiar ionic substances, given the formulae.	<input type="checkbox"/>	I can write the formula of ionic compounds containing one metal and one non-metal, given the name.	<input type="checkbox"/>	I can write the formulae of ionic compounds that include compound ions.	<input type="checkbox"/>
	I can state that transition metals can make more than one type of ion.	<input type="checkbox"/>	I can write the formula of a named ion, including using the Roman numeral convention.	<input type="checkbox"/>	I can name ionic compounds that contain transition metals using the Roman numeral convention.	<input type="checkbox"/>
C3.1.3 Conservation of mass	I can state the law of conservation of mass.	<input type="checkbox"/>	I can use the particle model to explain the law of conservation of mass.	<input type="checkbox"/>	I can explain why, in some chemical reactions performed in the laboratory, there appears to be a change in total mass.	<input type="checkbox"/>
	I can predict the total mass of the products or reactants in a closed chemical system, given the total mass of the reactants or products.	<input type="checkbox"/>	I can predict the total mass of the products or reactants in a non-enclosed chemical system, given the total mass of the reactants or products.	<input type="checkbox"/>	I can calculate the mass of one substance from a balanced symbol equation, given the masses of the other substances.	<input type="checkbox"/>

C3.1.4 Chemical equations	I can write a word equation, given a statement naming the reactants and products.	<input type="checkbox"/>	I can explain why a symbol equation must be balanced.	<input type="checkbox"/>	I can write a balanced symbol equation, given a statement describing a familiar chemical reaction.	<input type="checkbox"/>
	I can identify the reactants and products in a word or symbol equation.	<input type="checkbox"/>	I can balance symbol equations with formulae that do not contain brackets.	<input type="checkbox"/>	I can balance symbol equations with formulae that include brackets.	<input type="checkbox"/>
	I can recognise state symbols for solids, liquids, and gases.	<input type="checkbox"/>	I can add state symbols to balanced symbol equations and explain what they mean.	<input type="checkbox"/>	I can evaluate the use of the terms equations, balanced symbol equations, and state symbols to describe a chemical system.	<input type="checkbox"/>
C3.1.5 Half equations and ionic equations H			I can determine the ions in a compound, including those containing compound ions.	<input type="checkbox"/>	I can write an ionic equation or half equations, given a description of a chemical reaction.	<input type="checkbox"/>
			I can balance an ionic equation or half equation and explain what the equation shows.	<input type="checkbox"/>	I can explain what spectator ions are, and determine them in a given example.	<input type="checkbox"/>
			I can explain why precipitation reactions can be described by ionic equations.	<input type="checkbox"/>		
C3.1.6 The mole H			I can calculate the number of particles in a sample of a substance, given the amount in moles.	<input type="checkbox"/>	I can explain the relationship between the mole and the Avogadro constant.	<input type="checkbox"/>
			I can state the formula that links the amount in moles, mass, and molar mass.	<input type="checkbox"/>	I can calculate the mass or amount in moles of a given sample of a substance.	<input type="checkbox"/>
			I can use the Periodic Table to determine the molar mass of monatomic and polyatomic elements and compounds.	<input type="checkbox"/>	I can use standard form in calculations involving amounts of substance.	<input type="checkbox"/>


C3.1.7 Mole calculations H			I can define a limiting reactant.	<input type="checkbox"/>	I can explain the effect of a limiting amount of a reactant.	<input type="checkbox"/>
			I can identify a limiting reactant, given the mole values for a reaction.	<input type="checkbox"/>	I can use mass data to determine the stoichiometry and generate a balanced symbol equation for a reaction.	<input type="checkbox"/>
			I can calculate the number of moles of a substance used or produced in a chemical reaction, given the amounts of all of the other substances.	<input type="checkbox"/>	I can calculate the mass of a substance used or produced in a chemical reaction, given the mass of the limiting reactant.	<input type="checkbox"/>

Energetics

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C3.2.1 Exothermic and endothermic reactions	I can state definitions of the terms exothermic and endothermic.	<input type="checkbox"/>	I can describe the observations that indicate whether a reaction is exothermic or endothermic.	<input type="checkbox"/>	I can draw a line graph to calculate the maximum temperature change during a reaction, determine when the reaction stopped, and predict the temperature at different times during the reaction.	<input type="checkbox"/>
	I can identify a reaction as exothermic or endothermic when the temperature change is given.	<input type="checkbox"/>	I can describe an experiment to determine if a reaction is exothermic or endothermic.	<input type="checkbox"/>	I can evaluate an experiment to classify a reaction as exothermic or endothermic.	<input type="checkbox"/>
	I can state an example of an exothermic and an endothermic reaction.	<input type="checkbox"/>	I can explain the use of endothermic and exothermic reactions for a stated function.	<input type="checkbox"/>	I can compare endothermic and exothermic reactions.	<input type="checkbox"/>
C3.2.2 Reaction profiles	I can state a definition of activation energy.	<input type="checkbox"/>	I can describe activation energy using a reaction profile.	<input type="checkbox"/>	I can explain, in terms of bonds, the need for activation energy.	<input type="checkbox"/>
	I can identify a reaction as exothermic or endothermic from the reaction profile.	<input type="checkbox"/>	I can sketch a general reaction profile for an exothermic and an endothermic reaction.	<input type="checkbox"/>	I can sketch a specific reaction profile for a given reaction.	<input type="checkbox"/>
	I can identify bond breaking as endothermic and bond making as exothermic.	<input type="checkbox"/>	I can explain why bond breaking is endothermic and bond making is exothermic.	<input type="checkbox"/>	I can use the particle model to model a chemical reaction in terms of bond breaking and bond making.	<input type="checkbox"/>
C3.2.3 Calculating energy changes H			I can define the term bond energy.	<input type="checkbox"/>	I can compare bond energies for different bonds, and suggest reasons for differences.	<input type="checkbox"/>
			I can calculate the number and type of bonds in a molecule, given the displayed formula.	<input type="checkbox"/>	I can draw displayed formulae of familiar covalent molecules.	<input type="checkbox"/>
			I can use bond energy data to calculate the energy change in a given reaction.	<input type="checkbox"/>	I can explain why the calculated energy change may not be the same as the actual value.	<input type="checkbox"/>

Types of chemical reaction

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C3.3.1 Redox reactions	I can state definitions of reduction, oxidation, and redox.	<input type="checkbox"/>	I can explain reduction, oxidation, and redox in terms of electrons.	<input type="checkbox"/>	I can write balanced half equations to illustrate reduction and oxidation.	<input type="checkbox"/>
	I can state an example of a redox reaction.	<input type="checkbox"/>	I can balance half equations.	<input type="checkbox"/>	I can explain why oxidation or reduction does not happen in isolation.	<input type="checkbox"/>
	I can describe an oxidising agent and a reducing agent.	<input type="checkbox"/>	I can identify substances as oxidising agents or reducing agents, given the balanced symbol equation.	<input type="checkbox"/>	I can construct balanced symbol equations by combining half equations and adding spectator ions.	<input type="checkbox"/>
C3.3.2 The pH scale	I can state definitions of an acid and an alkali and give examples.	<input type="checkbox"/>	I can explain the terms acid and alkali in terms of ions.	<input type="checkbox"/>	I can use ionic equations to explain how acids produce hydrogen ions and alkalis produce hydroxide ions in solution.	<input type="checkbox"/>
	I can identify a solution as acidic or alkaline given its pH.	<input type="checkbox"/>	I can describe a method to use universal indicator or a pH probe to determine the pH of a solution.	<input type="checkbox"/>	I can evaluate the use of indicators or pH probes and dataloggers to determine the pH of a solution.	<input type="checkbox"/>
	I can safely use an indicator to classify a substance as an acid or an alkali.	<input type="checkbox"/>	I can explain the pH scale in terms of acidity and alkalinity.	<input type="checkbox"/>	I can explain the difference between an alkali and a base.	<input type="checkbox"/>
C3.3.3 Neutralisation	I can state a definition of neutralisation.	<input type="checkbox"/>	I can describe neutralisation in terms of reactants, products, and reacting ions.	<input type="checkbox"/>	I can write an ionic equation for the neutralisation of an alkali by an acid.	<input type="checkbox"/>
	I can describe some uses of neutralisation.	<input type="checkbox"/>	I can write a balanced symbol equation to describe a neutralisation reaction.	<input type="checkbox"/>	I can write balanced symbol equations with state symbols for unfamiliar neutralisation reactions.	<input type="checkbox"/>
	I can predict the name of a salt made from a named alkali and common strong acids.	<input type="checkbox"/>	I can state the formula of the salt made from a given alkali and strong acid.	<input type="checkbox"/>	I can use the particle model to explain how the products of neutralisation form.	<input type="checkbox"/>

C3.3.4 Reactions of acids	I can predict the names of the products of a reaction between a metal or a metal carbonate and an acid.	<input type="checkbox"/>	I can predict the observations that might be made during a reaction between a metal or a metal carbonate and an acid.	<input type="checkbox"/>	I can explain why the reaction between a metal or a metal carbonate and an acid is classified as a neutralisation reaction.	<input type="checkbox"/>
	I can write a word equation to model a reaction between a metal or a metal carbonate and an acid.	<input type="checkbox"/>	I can write a balanced symbol equation to model a reaction between a metal or a metal carbonate and an acid.	<input type="checkbox"/>	I can write a balanced symbol equation, including state symbols, to model a reaction between a metal or a metal carbonate and an acid.	<input type="checkbox"/>
	I can describe how to test and identify a gas made when a metal or a metal carbonate reacts with an acid.	<input type="checkbox"/>	I can describe how to make and collect a dry sample of a named salt from a reaction between a metal or a metal carbonate and an acid.	<input type="checkbox"/>	I can explain how the reactions of metals and metal carbonates with acids can be used to determine the reactivity of the metal.	<input type="checkbox"/>
C3.3.5 Hydrogen ions and pH 			I can describe what is meant by a strong acid and a weak acid.	<input type="checkbox"/>	I can explain the difference between a strong acid and a weak acid.	<input type="checkbox"/>
			I can describe how an acid can be dilute or concentrated.	<input type="checkbox"/>	I can explain the difference between a concentrated acid or alkali and a dilute acid or alkali.	<input type="checkbox"/>
			I can collect data to plot a pH curve.	<input type="checkbox"/>	I can interpret pH curves to determine the titre and the strength of reactants.	<input type="checkbox"/>

Electrolysis

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C3.4.1 Electrolysis of molten salts	I can explain why solid compounds of a metal with a non-metal do not conduct electricity.	<input type="checkbox"/>	I can describe the components of an electrolysis circuit, and how to mobilise the ions in the electrolyte.	<input type="checkbox"/>	I can explain why electrolysis provides evidence for the existence of ions.	<input type="checkbox"/>
	I can state that electrolysis breaks ionic compounds down into their component elements.	<input type="checkbox"/>	I can describe the process of electrolysis.	<input type="checkbox"/>	I can explain the process of electrolysis in detail.	<input type="checkbox"/>
	I can predict the products of electrolysis.	<input type="checkbox"/>	I can predict the products at the anode and the cathode during the electrolysis of molten ionic compounds.	<input type="checkbox"/>	I can write half equations for the reactions that occur at the anode and the cathode, and explain in terms of electron transfer why these are redox reactions.	<input type="checkbox"/>
C3.4.2 Electrolysis of solutions	I can state that inert electrodes are made from unreactive metals or graphite.	<input type="checkbox"/>	I can explain why inert electrodes are used for the electrolysis of water (and aqueous solutions) and state the products of this reaction.	<input type="checkbox"/>	I can use half equations to explain the formation of the products at each electrode during the electrolysis of water.	<input type="checkbox"/>
	I can name some products of the electrolysis of solutions.	<input type="checkbox"/>	I can predict and describe the products at each electrode during the electrolysis of a solution.	<input type="checkbox"/>	I can predict and explain the products at each electrode during the electrolysis of a solution.	<input type="checkbox"/>
	I can set up an electrolysis circuit and collect/observe some products formed by the electrolysis of a solution.	<input type="checkbox"/>	I can identify products formed by the electrolysis of a solution.	<input type="checkbox"/>	I can collect and identify the products at each electrode during the electrolysis of a solution.	<input type="checkbox"/>
C3.4.3 Electroplating	I can state that electrolysis can be used to electroplate metals.	<input type="checkbox"/>	I can describe the process of electroplating.	<input type="checkbox"/>	I can write half equations to show what happens at the anode and the cathode during electroplating.	<input type="checkbox"/>
	I can describe some components of an electroplating circuit.	<input type="checkbox"/>	I can suggest suitable substances for the anode, cathode, and electrolyte when electroplating.	<input type="checkbox"/>	I can explain in detail the components of an electroplating circuit.	<input type="checkbox"/>

	I can explain that copper can be purified by electrolysis.	<input type="checkbox"/>	I can explain how electrolysis is used to purify copper.	<input type="checkbox"/>	I can write half equations to explain what happens at the anode and the cathode during the purification of copper using electrolysis.	<input type="checkbox"/>
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C4 Predicting and identifying reactions and products

C4.1 Predicting chemical reactions

Predicting chemical reactions

Lesson	Aiming for Grade 4	Aiming for Grade 6	Aiming for Grade 8
C4.1.1 Group 1 – the alkali metals	I can describe some physical properties of the Group 1 elements. <input type="checkbox"/>	I can interpret data to describe trends in the physical properties of the Group 1 elements. <input type="checkbox"/>	I can predict the physical properties of a Group 1 element, given data about other members of the group. <input type="checkbox"/>
	I can record the observations noted when Group 1 elements react with water. <input type="checkbox"/>	I can explain the observations noted when Group 1 elements react with water. <input type="checkbox"/>	I can explain in detail the observations noted when Group 1 elements react with water. <input type="checkbox"/>
	I can state that Group 1 metals react vigorously with water, and name the products formed. <input type="checkbox"/>	I can write balanced equations for the reactions of the Group 1 elements with water. <input type="checkbox"/>	I can use knowledge of electronic structures to explain in detail the trend in reactivity of the Group 1 elements. <input type="checkbox"/>
C4.1.2 Group 7 – the halogens	I can describe some physical properties of the Group 7 (IUPAC Group 17) elements. <input type="checkbox"/>	I can interpret data to describe trends in the physical properties of the Group 7 (IUPAC Group 17) elements. <input type="checkbox"/>	I can predict the physical properties of a Group 7 (IUPAC Group 17) element, given data about other members of the group. <input type="checkbox"/>
	I can name the salt formed when a Group 7 (IUPAC Group 17) element reacts with a metal, and write the word equation for the reaction. <input type="checkbox"/>	I can write balanced chemical equations for the reactions of Group 7 (IUPAC Group 17) elements with metals, given the formula of the salt formed. <input type="checkbox"/>	I can write balanced chemical equations for the reactions of Group 7 (IUPAC Group 17) elements with metals. <input type="checkbox"/>
	I can state that Group 7 (IUPAC Group 17) elements react vigorously with metals. <input type="checkbox"/>	I can describe the trend in reactivity of the Group 7 (IUPAC Group 17) elements. <input type="checkbox"/>	I can use knowledge of electronic structures to explain in detail the trend in reactivity of the Group 7 (IUPAC Group 17) elements. <input type="checkbox"/>
C4.1.3 Halogen displacement reactions	I can state that a more reactive halogen can displace a less reactive halogen from its compounds. <input type="checkbox"/>	I can use the order of reactivity of the halogens to explain the outcome of a displacement reaction. <input type="checkbox"/>	I can predict possible reactions from the order of reactivity of the halogens, or their positions in the Periodic Table. <input type="checkbox"/>
	I can record the observations noted when halogens react with halide ions in solution. <input type="checkbox"/>	I can use observations from halogen displacement reactions to identify the more reactive halogen in the reaction. <input type="checkbox"/>	I can use observations from halogen displacement reactions to deduce the order of reactivity of the halogens. <input type="checkbox"/>
	I can state the products when a halogen reacts with a halide ion. <input type="checkbox"/>	I can write balanced chemical equations for halogen displacement reactions. <input type="checkbox"/>	I can write half equations for each reactant in a halogen displacement reaction, and use them to identify which species have been oxidised and which have been reduced. <input type="checkbox"/>

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GCSE Combined Sciences

Lesson	Aiming for 4	Aiming for 6	Aiming for 8
C4.1.4 Group 0 – the noble gases	I can describe some physical properties of the noble gases. <input type="checkbox"/>	I can interpret data to describe trends in the physical properties of the noble gases. <input type="checkbox"/>	I can predict the physical properties of a noble gas element, given data about other members of the group. <input type="checkbox"/>
	I can state that noble gases are unreactive. <input type="checkbox"/>	I can relate the lack of reactivity of the noble gases to their outer shell. <input type="checkbox"/>	I can use knowledge of electronic structures to explain in detail the lack of reactivity of the noble gases. <input type="checkbox"/>
	I can explain that noble gases exist as separate atoms. <input type="checkbox"/>	I can use nomenclature nature of the noble gases to explain their low boiling points and densities. <input type="checkbox"/>	I can use the relative strengths of the forces between atoms to explain the trend in boiling point of the noble gases. <input type="checkbox"/>
C4.1.6 The reactivity of elements	I can record observations noted when metals react with water and dilute acids. <input type="checkbox"/>	I can use observations from metal reactions to place them in an order of reactivity. <input type="checkbox"/>	I can explain why some metals are more reactive than others. <input type="checkbox"/>
	I can describe the products of a metal displacement reaction. <input type="checkbox"/>	I can write balanced equations for metal displacement reactions. <input type="checkbox"/>	I can write half equations for metal displacement reactions and distinguish those that model oxidation and those that model reduction. <input type="checkbox"/>
	<input type="checkbox"/>	I can use the order of reactivity of metals to predict reactions. <input type="checkbox"/>	I can use the order of reactivity of metals to predict reactions, and justify these predictions. <input type="checkbox"/>

C4.2 Identifying the products of chemical

Lesson	Aiming for 4	Aiming for 6	Aiming for 8
C4.2.1 Detecting gases	I can recognise that limewater turns cloudy when carbon dioxide is bubbled through it. <input type="checkbox"/>	I can describe in detail how to use limewater to test for carbon dioxide. <input type="checkbox"/>	I can write balanced chemical equations to explain the reactions that occur when carbon dioxide is bubbled through lime. <input type="checkbox"/>
	I can describe the results of positive tests for hydrogen and oxygen. <input type="checkbox"/>	I can describe in detail how to test for chlorine, hydrogen, and oxygen. <input type="checkbox"/>	I can write equations for the reactions that occur in the tests for hydrogen and oxygen. <input type="checkbox"/>
	I can recognise that substances need to be smelt safely. <input type="checkbox"/>	I can smell substances safely in the laboratory. <input type="checkbox"/>	I can explain why it is important to smell substances safely. <input type="checkbox"/>

C5 Monitoring and Controlling Chemical Reactions

C5.2 Controlling reactions

Lesson	Aiming for Grade 4		Aiming for Grade 6		Aiming for Grade 8	
C5.1.1 Rate of reaction	I can state that reactions with a high rate proceed quickly and produce a large amount of product in a short time, and that those with low rate take longer to produce the same amount of product.	<input type="checkbox"/>	I can define the term rate of reaction.	<input type="checkbox"/>	I can explain how equations can be used to calculate rate of reaction.	<input type="checkbox"/>
	I can explain that the volume of gas produced in a reaction can be used as a measure of reaction rate.	<input type="checkbox"/>	I can explain how to use a gas syringe, measuring cylinder, or top-pan balance to monitor the volume of gas produced in a reaction.	<input type="checkbox"/>	I can explain how the volume of gas produced in a reaction can be used to calculate rate of reaction.	<input type="checkbox"/>
	I can use a graph to describe how rate of reaction changes with time.	<input type="checkbox"/>	I can calculate rate of reaction from a graph.	<input type="checkbox"/>	I can plot appropriate graphs from experimental data and use them to calculate rate of reaction.	<input type="checkbox"/>
C5.1.2 Temperature and reaction rate	I can state that particles have to collide in order to react.	<input type="checkbox"/>	I can define the term successful collision and explain how the number of successful collisions can be increased.	<input type="checkbox"/>	I can explain collision theory in detail.	<input type="checkbox"/>
	I can state that rate of reaction increases with temperature.	<input type="checkbox"/>	I can use collision theory to explain the effect of temperature on rate of reaction.	<input type="checkbox"/>	I can use collision theory to justify a detailed explanation of the effect of temperature on rate of reaction.	<input type="checkbox"/>
	I can record some reaction times at different temperatures in rate-of-reaction experiments.	<input type="checkbox"/>	I can use experimental data to calculate rate of reaction at different temperatures.	<input type="checkbox"/>	I can interpret a graph of rate of reaction against temperature and explain its shape.	<input type="checkbox"/>
C5.1.3 Concentration, pressure, and rate	I can state that rate of reaction increases as concentration increases.	<input type="checkbox"/>	I can define the term concentration and use collision theory to explain how concentration affects rate of reaction.	<input type="checkbox"/>	I can use detailed collision theory to explain the relationship between concentration and rate of reaction.	<input type="checkbox"/>
	I can state that rate of reaction increases as pressure increases.	<input type="checkbox"/>	I can define the term pressure and use collision theory to explain how pressure affects rate of reaction.	<input type="checkbox"/>	I can explain why the temperature should be kept constant when investigating the effect of concentration or pressure on rate	<input type="checkbox"/>
	I can record some reaction times at different concentrations in rate-of-reaction experiments.	<input type="checkbox"/>	I can use experimental data to calculate rate of reaction at different concentrations.	<input type="checkbox"/>	I can interpret a graph of rate of reaction against concentration and explain its shape.	<input type="checkbox"/>

Lesson	Aiming for Grade 4		Aiming for Grade 6		Aiming for Grade 8	
C5.1.4 Particle size and reaction rate	I can state that small pieces of a solid have a larger surface-area-to-volume ratio than larger pieces.	<input type="checkbox"/>	I can explain how to conduct a fair test and obtain valid results when investigating the effect of particle size on rate of reaction.	<input type="checkbox"/>	I can calculate the surface-area-to-volume ratio for different-sized pieces of solid.	<input type="checkbox"/>
	I can state that pieces of solid with a large surface area react more quickly than those with a smaller surface area.	<input type="checkbox"/>	I can use collision theory to explain how surface area affects rate of reaction.	<input type="checkbox"/>	I can use detailed collision theory to justify the relationship between surface area and rate of reaction.	<input type="checkbox"/>
	I can record data in rate-of-reaction experiments for pieces of solid with different surface areas.	<input type="checkbox"/>	I can use experimental data to demonstrate the effect of surface area on rate of reaction.	<input type="checkbox"/>	I can use experimental data to calculate mean rates of reaction for different surface areas.	<input type="checkbox"/>
C5.1.5 Catalysts and reaction rate	I can state that catalysts can be used to speed up chemical reactions.	<input type="checkbox"/>	I can define the term catalyst and describe how catalysts work.	<input type="checkbox"/>	I can explain in detail how catalysts affect rate of reaction.	<input type="checkbox"/>
	I can state that enzymes are biological catalysts.	<input type="checkbox"/>	I can explain how surface area affects the action of a catalyst.	<input type="checkbox"/>	I can explain using collision theory how a catalyst works.	<input type="checkbox"/>
	I can record reaction times for reactions involving catalysts.	<input type="checkbox"/>	I can process experimental data to demonstrate the effect of different catalysts on rate of reaction.	<input type="checkbox"/>	I can use experimental data to calculate the effects of different catalysts on rate of reaction.	<input type="checkbox"/>

C5.3 Equilibria

Lesson	Aiming for Grade 4		Aiming for Grade 6		Aiming for Grade 8	
C5.2.1 Reversible reactions	I can state that some reactions are reversible.	<input type="checkbox"/>	I can explain the meaning of the \rightleftharpoons symbol.	<input type="checkbox"/>	I can write balanced equations for a reversible reaction to model the forward and backward reactions.	<input type="checkbox"/>
	I can state one example of a reversible reaction.	<input type="checkbox"/>	I can describe how some chemical reactions can be reversed by altering the reaction conditions.	<input type="checkbox"/>	I can suggest the conditions needed to reverse a given chemical reaction.	<input type="checkbox"/>
	I can describe the concentrations of reacting substances as constant in a dynamic equilibrium.	<input type="checkbox"/>	I can explain why, in dynamic equilibrium reactions, the rates of the forward and backward reactions are equal.	<input type="checkbox"/>	I can explain in detail the conditions under which dynamic equilibria occur.	<input type="checkbox"/>
11 C5.2.2 Equilibrium position			I can describe the effect of changing pressure on a given equilibrium system.	<input type="checkbox"/>	I can explain fully the effect of changing pressure on a given equilibrium system.	<input type="checkbox"/>
			I can describe the effect of changing concentration on a given equilibrium system.	<input type="checkbox"/>	I can explain fully the effect of changing concentration on a given equilibrium system.	<input type="checkbox"/>
			I can describe the effect of changing temperature on a given equilibrium system.	<input type="checkbox"/>	I can explain fully the effect of changing temperature on a given equilibrium system.	<input type="checkbox"/>
11 C5.2.3 Choosing reaction conditions			I can describe the factors that affect the equilibrium yield of reaction.	<input type="checkbox"/>	I can explain why removing the product of a reversible reaction moves the equilibrium position to the right.	<input type="checkbox"/>
			I can explain the optimum pressure for producing a high yield of a particular product in an equilibrium reaction.	<input type="checkbox"/>	I can justify the choice of a compromise pressure for a particular equilibrium reaction.	<input type="checkbox"/>
			I can explain the optimum temperature for producing a high yield of a particular product in an equilibrium reaction.	<input type="checkbox"/>	I can justify the choice of a compromise temperature for a particular equilibrium reaction.	<input type="checkbox"/>

C6 Global Challenges

C6.1 Improving processes and products

C6.1.6 Extracting metals	I can state a definition of the term ore.	<input type="checkbox"/>	I can outline the steps in extracting a metal from its ore.	<input type="checkbox"/>	I can explain, using the position of carbon in the reactivity series, how the industrial process used to extract a metal is chosen.	<input type="checkbox"/>
	I can describe some stages in the extraction of copper.	<input type="checkbox"/>	I can describe how copper is extracted from copper (II) oxide.	<input type="checkbox"/>	I can explain the extraction of copper from different ores using chemical equations, and describe each part of the process as oxidation or reduction.	<input type="checkbox"/>
	I can use laboratory apparatus to heat a sample of copper (II) oxide and charcoal.	<input type="checkbox"/>	I can prepare a sample of copper from copper (II) oxide.	<input type="checkbox"/>	I can prepare a sample of copper from copper (II) oxide and explain why an excess of charcoal is used.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C6.1.7 Extracting iron	I can state that iron is produced from iron ore and coke.	<input type="checkbox"/>	I can name all the raw materials used to make iron.	<input type="checkbox"/>	I can explain why each of the raw materials used in iron production is needed.	<input type="checkbox"/>
	I can state that iron ore is converted into iron at a high temperature in the blast furnace.	<input type="checkbox"/>	I can describe the main processes that occur in the blast furnace in the production of iron ore.	<input type="checkbox"/>	I can explain in detail how iron is extracted from iron ore.	<input type="checkbox"/>
	I can state that the reaction that produces iron is a reduction reaction.	<input type="checkbox"/>	I can write equations for the reactions that occur in the blast furnace in the production of iron ore.	<input type="checkbox"/>	I can distinguish the reactions that occur in the blast furnace as combustion, oxidation, redox, or neutralisation.	<input type="checkbox"/>
C6.1.8 Extracting aluminium	I can state that aluminium is extracted from aluminium oxide by electrolysis.	<input type="checkbox"/>	I can state that the main ore of aluminium is bauxite, and explain why aluminium has to be extracted by electrolysis.	<input type="checkbox"/>	I can explain why aluminium oxide is dissolved in cryolite before electrolysis.	<input type="checkbox"/>
	I can describe some stages in the process of extracting aluminium from its ore.	<input type="checkbox"/>	I can describe how aluminium is extracted from its oxide.	<input type="checkbox"/>	I can explain in detail each stage of the extraction of aluminium from its ore and write a balanced equation to model the overall reaction.	<input type="checkbox"/>
	I can state that the electrolysis of aluminium oxide produces aluminium and oxygen.	<input type="checkbox"/>	I can name the substances formed at each electrode in the electrolysis of aluminium oxide, and explain why the anode needs replacing frequently.	<input type="checkbox"/>	I can write equations for the processes that occur at each electrode and describe them as oxidation or reduction.	<input type="checkbox"/>
C6.1.9 Biological metal extraction			I can describe the process of bioleaching.	<input type="checkbox"/>	I can explain the process of bioleaching in detail.	<input type="checkbox"/>
			I can describe the process of phytoextraction.	<input type="checkbox"/>	I can explain the process of phytoextraction in detail.	<input type="checkbox"/>
			I can describe some advantages and disadvantages of bioleaching and phytoextraction.	<input type="checkbox"/>	I can compare bioleaching and phytoextraction with alternative methods of metal extraction and evaluate them.	<input type="checkbox"/>

C6.1.15 Choosing materials	I can state why one material would be more suitable than another for a particular purpose.	<input type="checkbox"/>	I can choose the most appropriate material for a particular purpose, given data on a range of properties, and briefly explain this choice.	<input type="checkbox"/>	I can explain in detail the choice of an appropriate material for a particular purpose.	<input type="checkbox"/>
	I can explain what a life-cycle assessment (LCA) is.	<input type="checkbox"/>	I can describe the basic principles of carrying out an LCA.	<input type="checkbox"/>	I can describe in detail the process of carrying out an LCA.	<input type="checkbox"/>
	I can describe the stages in the life cycle of a product, given data.	<input type="checkbox"/>	I can interpret data from the LCA of a material or product.	<input type="checkbox"/>	I can evaluate data from an LCA and draw conclusions about the material or product.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C6.1.16 Recycling materials	I can describe some benefits of recycling materials.	<input type="checkbox"/>	I can explain the benefits of recycling materials.	<input type="checkbox"/>	I can interpret data to evaluate the recycling of different materials.	<input type="checkbox"/>
	I can state one factor to consider before deciding whether or not to recycle a material.	<input type="checkbox"/>	I can describe several factors to consider before deciding whether or not to recycle a material.	<input type="checkbox"/>	I can process numeric data to demonstrate the relative benefit of recycling different materials.	<input type="checkbox"/>
	I can describe methods of sorting materials before they are recycled.	<input type="checkbox"/>	I can explain why it is important to sort materials before recycling and describe how some materials are sorted.	<input type="checkbox"/>	I can explain in detail how materials are recycled.	<input type="checkbox"/>

6.2 Organic

C6.2.5 Alkanes from crude oil	I can name some uses of crude oil and state that it is a fossil fuel.	<input type="checkbox"/>	I can explain how crude oil forms and why it is described as non-renewable.	<input type="checkbox"/>	I can explain in detail why crude oil is a finite resource.	<input type="checkbox"/>
	I can state that the fractions in crude oil can be separated by fractional distillation.	<input type="checkbox"/>	I can explain how the properties of alkanes are related to the number of carbon atoms in the molecule.	<input type="checkbox"/>	I can explain in detail the separation of crude oil by fractional distillation.	<input type="checkbox"/>
	I can name some fractions of crude oil.	<input type="checkbox"/>	I can name the fractions of crude oil in order of increasing boiling point.	<input type="checkbox"/>	I can justify the uses of different fractions obtained from crude oil.	<input type="checkbox"/>
C6.2.6 Cracking oil fractions	I can state that during cracking large alkane molecules are broken down into smaller ones.	<input type="checkbox"/>	I can describe the process of cracking and the conditions needed.	<input type="checkbox"/>	I can explain, with balanced chemical equations, the process of cracking.	<input type="checkbox"/>
	I can state that cracking is carried out to convert hydrocarbons with long-chain molecules into more useful ones with shorter-chain molecules.	<input type="checkbox"/>	I can explain why cracking is carried out.	<input type="checkbox"/>	I can explain in detail how cracking helps to satisfy the demand for specific fuels and other substances.	<input type="checkbox"/>
	I can describe some uses of substances obtained from crude oil.	<input type="checkbox"/>				

C6.3 Interpreting and interacting with Earth Systems

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C6.3.1 Forming the atmosphere	I can name the main gases in the atmosphere.	<input type="checkbox"/>	I can describe the composition of the atmosphere.	<input type="checkbox"/>	I can describe in detail the composition of the atmosphere.	<input type="checkbox"/>
	I can state that early atmosphere was mostly carbon dioxide.	<input type="checkbox"/>	I can explain how the Earth's early atmosphere is thought to have formed.	<input type="checkbox"/>	I can interpret evidence about the formation of the early atmosphere.	<input type="checkbox"/>
	I can state that photosynthesis may have caused the percentage of oxygen in the atmosphere to increase over time.	<input type="checkbox"/>	I can explain how an oxygen-rich atmosphere may have developed over time.	<input type="checkbox"/>	I can interpret evidence about changes in the atmosphere over time.	<input type="checkbox"/>
C6.3.2 Pollution and the atmosphere	I can state that carbon monoxide is a pollutant that may harm living things.	<input type="checkbox"/>	I can describe how carbon monoxide is produced and explain the effect it has on the body.	<input type="checkbox"/>	I can explain in detail the health problems caused by increased amounts of carbon monoxide in the atmosphere.	<input type="checkbox"/>
	I can state that particulates are pollutants that may harm living things.	<input type="checkbox"/>	I can describe how particulates are produced and explain the effect they have on the body.	<input type="checkbox"/>	I can explain in detail the health problems caused by increased amounts of particulates in the atmosphere.	<input type="checkbox"/>
	I can state that nitrogen oxide and sulphur dioxide are pollutants that may harm living things.	<input type="checkbox"/>	I can describe how acidic oxides are produced and explain the effect they have on living organisms.	<input type="checkbox"/>	I can explain in detail the health problems caused by increased amounts of acidic oxides in the atmosphere.	<input type="checkbox"/>
C6.3.3 Climate change	I can state that the greenhouse effect keeps the Earth and its atmosphere warm enough for living things to exist.	<input type="checkbox"/>	I can describe the atmospheric greenhouse effect.	<input type="checkbox"/>	I can explain the greenhouse effect in terms of the interaction of radiation with matter within the atmospheric.	<input type="checkbox"/>
	I can state that an increase in greenhouse gases is causing global warming.	<input type="checkbox"/>	I can explain the problems caused by an enhanced greenhouse effect.	<input type="checkbox"/>	I can evaluate evidence for causes of climate change.	<input type="checkbox"/>
	I can describe the importance of reducing emissions of greenhouse gases.	<input type="checkbox"/>	I can explain methods for reducing emissions of greenhouse gases.	<input type="checkbox"/>	I can evaluate the effectiveness of methods for reducing greenhouse gas emissions.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
C6.3.4 Water for drinking	I can describe where drinking water comes from.	<input type="checkbox"/>	I can name the substances that are present in rivers and waste water.	<input type="checkbox"/>	I can explain the sources of the substances present in rivers and waste water.	<input type="checkbox"/>
	I can state that water has to be treated before it is safe to drink.	<input type="checkbox"/>	I can describe how ground water and waste water are treated in order to make them safe to drink.	<input type="checkbox"/>	I can evaluate the arguments for and against the fluoridation of drinking water.	<input type="checkbox"/>
	I can state that seawater can be made safe to drink using desalination to remove dissolved salts.	<input type="checkbox"/>	I can describe how salt water is treated to make it safe to drink.	<input type="checkbox"/>	I can evaluate the advantages and disadvantages of distilling large volumes of seawater to provide drinking water.	<input type="checkbox"/>

Y11 PPE Revision List – Physics 2019-20

P1 Matter (Combined and Triple PPE)

P1.1 The Particle Model

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P1.1.1 The model of the atom 1	I can describe Dalton's and Thomson's atomic models.	<input type="checkbox"/>	I can compare Dalton's and Thomson's atomic models.	<input type="checkbox"/>	I can evaluate Thomson's atomic model given prior knowledge of the modern model of the atom.	<input type="checkbox"/>
	I can describe Thomson's experiments with cathode rays.	<input type="checkbox"/>	I can explain Thomson's evidence for electrons.	<input type="checkbox"/>	I can explain how Thomson's observations led him to develop his atomic model.	<input type="checkbox"/>
	I can state how Democritus developed his atomic model.	<input type="checkbox"/>	I can explain why the atomic model did not develop between the times of Democritus and Dalton.	<input type="checkbox"/>	I can explain how new technology helped Thomson to develop Dalton's atomic theory.	<input type="checkbox"/>
P1.1.2 The model of the atom 2	I can describe the observations of Rutherford, Geiger, and Marsden's experiment.	<input type="checkbox"/>	I can explain why Rutherford's observations led him to reject Thomson's model.	<input type="checkbox"/>	I can explain how Rutherford's observations led him to suggest that an atom has a nucleus.	<input type="checkbox"/>
	I can name the subatomic particles in the modern (Bohr) model of the atom.	<input type="checkbox"/>	I can describe in detail the structure of the Bohr atom.	<input type="checkbox"/>	I can explain why Bohr's atomic model is better than Rutherford's model.	<input type="checkbox"/>
	I can state the size of a typical atom.	<input type="checkbox"/>	I can estimate the size of a molecule based on the size of an atom.	<input type="checkbox"/>	I can calculate the relative sizes of atoms and nuclei in scale models.	<input type="checkbox"/>


P1.1 Changes of State

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P1.2.1 Density	I can identify materials, and states of matter, with lower and higher densities.	<input type="checkbox"/>	I can explain what density means.	<input type="checkbox"/>	I can compare the meanings of density and mass.	<input type="checkbox"/>
	I can calculate the volume of a cuboid.	<input type="checkbox"/>	I can calculate the density of a material given its mass and the dimensions of a sample.	<input type="checkbox"/>	I can calculate values for mass, volume, and density using the density equation.	<input type="checkbox"/>
	I can describe the arrangement of particles in a substance in its solid, liquid and gas states.	<input type="checkbox"/>	I can explain the differences in density of a substance in its different states using the particle model.	<input type="checkbox"/>	I can explain differences in density between two substances in the same state using the particle model.	<input type="checkbox"/>
P1.2.2 Energy and temperature	I can state what temperature is.	<input type="checkbox"/>	I can compare the energy in different thermal stores.	<input type="checkbox"/>	I can explain the difference between temperature and the energy in a thermal store using the particle model.	<input type="checkbox"/>
	I can describe examples of physical and chemical changes.	<input type="checkbox"/>	I can compare physical and chemical changes.	<input type="checkbox"/>	I can explain the differences between physical and chemical changes using ideas about atoms.	<input type="checkbox"/>
	I can record results in a supplied table.	<input type="checkbox"/>	I can draw a suitable table to record results.	<input type="checkbox"/>	I can plot two variables on a graph and draw a line of best fit.	<input type="checkbox"/>
P1.2.3 Specific heat capacity	I can state the factors that determine the amount of energy needed to raise the temperature of an object.	<input type="checkbox"/>	I can describe what specific heat capacity is.	<input type="checkbox"/>	I can explain why it is useful to know the specific heat capacity of a material.	<input type="checkbox"/>
	I can calculate the energy transferred on heating a material.	<input type="checkbox"/>	I can calculate specific heat capacity by substituting values into an equation in which specific heat capacity is the subject.	<input type="checkbox"/>	I can rearrange the specific heat capacity equation and use it in calculations.	<input type="checkbox"/>

	I can compare results with other groups to check repeatability.	<input type="checkbox"/>	I can compare the results with the accepted value for a material and suggest sources of error.	<input type="checkbox"/>	I can calculate the percentage difference between a calculated value and the accepted value.	<input type="checkbox"/>
P1.2.4 Specific latent heat	I can state the energy changes that occur in changes of state.	<input type="checkbox"/>	I can describe what specific latent heat is in terms of energy changes that occur in changes of state.	<input type="checkbox"/>	I can compare specific heat capacity and specific latent heat.	<input type="checkbox"/>
	I can calculate the energy transferred in a change of state.	<input type="checkbox"/>	I can calculate specific latent heat by substituting values into an equation in which specific latent heat is the subject.	<input type="checkbox"/>	I can use the rearranged specific latent heat equation in calculations.	<input type="checkbox"/>
	I can compare results with other groups stating if there is a spread in the results.	<input type="checkbox"/>	I can compare results with other groups suggesting reasons for differences.	<input type="checkbox"/>	I can evaluate results suggesting reasons for errors.	<input type="checkbox"/>

P1.3 Pressure

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P1.3.1 Gas pressure and temperature	I can describe the motion of molecules in a gas.	<input type="checkbox"/>	I can explain how a gas exerts a pressure.	<input type="checkbox"/>	I can explain how the motion of molecules can affect gas pressure.	<input type="checkbox"/>
	I can state the units of pressure.	<input type="checkbox"/>	I can describe the relationship between temperature and pressure of a gas.	<input type="checkbox"/>	I can explain the relationship between the temperature and pressure of a gas.	<input type="checkbox"/>
	I can calculate the mean of recorded results.	<input type="checkbox"/>	I can plot two variables on a graph and draw a line of best fit.	<input type="checkbox"/>	I can describe the relationship between two variables based on the line of best fit.	<input type="checkbox"/>
P1.3.2 Pressure and volume	I can describe the relationship between the pressure and volume of a gas at constant temperature.	<input type="checkbox"/>	I can explain the relationship between the pressure and volume of a gas at constant temperature using ideas about the motion of particles.	<input type="checkbox"/>	I can explain why pressure is inversely proportional to volume only if the temperature is kept constant.	<input type="checkbox"/>
	I can describe how the product of pressure and volume is equal to a constant for a gas at constant temperature.	<input type="checkbox"/>	I can use the equation for pressure and volume.	<input type="checkbox"/>	I can apply the equation for pressure and volume and explain the effect of doing work on a gas.	<input type="checkbox"/>
	I can describe the relationship between two variables from a graph.	<input type="checkbox"/>	I can identify an inversely proportional relationship from a graph.	<input type="checkbox"/>	I can plot a graph to prove an inversely proportional relationship.	<input type="checkbox"/>
	I can describe a model of the Earth's atmosphere.	<input type="checkbox"/>	I can use a model of the Earth's atmosphere to estimate pressure at different altitudes.	<input type="checkbox"/>	I can evaluate a model of the Earth's atmosphere against real data.	<input type="checkbox"/>
	I can state the cause of atmospheric pressure.	<input type="checkbox"/>	I can describe what atmospheric pressure is and how it changes with height.	<input type="checkbox"/>	I can explain why atmospheric pressure varies with height.	<input type="checkbox"/>

P1.3.4 Liquid pressure	I can state two factors that affect the pressure in a liquid.	<input type="checkbox"/>	I can calculate the pressure in a liquid at a particular depth.	<input type="checkbox"/>	I can apply the pressure in a liquid equation to calculate depth or density.	<input type="checkbox"/>
	I can use appropriate units in all answers.	<input type="checkbox"/>	I can describe how pressure in a liquid changes with depth and density.	<input type="checkbox"/>	I can explain why the pressure in a liquid varies with depth and density.	<input type="checkbox"/>
			I can record calculated values with appropriate units and the number of significant figures asked for.	<input type="checkbox"/>	I can suggest an appropriate number of significant figures and units for calculated answers.	<input type="checkbox"/>
P1.3.5 Floating and sinking 			I can explain why there is an upwards force on a floating object.	<input type="checkbox"/>	I can calculate the pressure differences acting on a floating object.	<input type="checkbox"/>
			I can describe the forces acting on a floating object.	<input type="checkbox"/>	I can explain why some objects float and others sink.	<input type="checkbox"/>
			I can use results from experiments to find a relationship between upthrust and weight of fluid displaced.	<input type="checkbox"/>	I can use results from experiments to conclude a relationship between upthrust and weight of fluid displaced.	<input type="checkbox"/>

P2 Forces (Combined and Triple PPE)

P2.1 Motion

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P2.1.1 Distance, time, and speed	I can measure simple distances and times.	<input type="checkbox"/>	I can describe how to measure distance and time.	<input type="checkbox"/>	I can explain the choice of instruments used to measure distance and time.	<input type="checkbox"/>
	I can calculate the speed of an object.	<input type="checkbox"/>	I can use the speed equation.	<input type="checkbox"/>	I can calculate values for speed, distance, and time using the speed equation.	<input type="checkbox"/>
	I can state some different units for speed.	<input type="checkbox"/>	I can calculate speed by converting between miles per hour and metres per second.	<input type="checkbox"/>	I can calculate speed by converting between everyday and scientific units.	<input type="checkbox"/>
P2.1.2 Vectors and scalars	I can State some examples of scalar and vector quantities.	<input type="checkbox"/>	I can explain the difference between a scalar and a vector.	<input type="checkbox"/>	I can explain why it is difficult to combine vectors.	<input type="checkbox"/>
	I can state that distance and speed are scalars, and that displacement and velocity are their vector equivalents.	<input type="checkbox"/>	I can explain the difference between distance and displacement, and between speed and velocity.	<input type="checkbox"/>	I can explain how an object can have zero displacement and non-zero distance, and how it can have constant speed and still accelerate.	<input type="checkbox"/>
	I can label arrows to represent the size and direction of vectors.	<input type="checkbox"/>	I can use positive and negative signs to show the direction of 1D vectors.	<input type="checkbox"/>	I can explain how to combine vectors to find the resultant vector.	<input type="checkbox"/>
P2.1.3 Acceleration	I can describe acceleration.	<input type="checkbox"/>	I can explain what acceleration is.	<input type="checkbox"/>	I can explain the difference between acceleration and velocity.	<input type="checkbox"/>
	I can state the measurements needed to find acceleration.	<input type="checkbox"/>	I can use the equation for acceleration to calculate acceleration.	<input type="checkbox"/>	I can use the equation for acceleration to calculate acceleration, find velocity, initial velocity, or time.	<input type="checkbox"/>
	I can identify anomalous measurements.	<input type="checkbox"/>	I can identify sources of random and systematic error in the method.	<input type="checkbox"/>	I can explain anomalous measurements and suggest improvements to the method to reduce the errors.	<input type="checkbox"/>

P2.1.4 Distance-time graphs	I can describe the motion of objects represented by simple distance-time graphs.	<input type="checkbox"/>	I can interpret distance-time graphs and displacement-time graphs.	<input type="checkbox"/>	I can sketch a displacement-time graph for a motion.	<input type="checkbox"/>
	I can state that the gradient of a distance-time graph represents the speed.	<input type="checkbox"/>	I can use a distance-time graph to calculate speed.	<input type="checkbox"/>	I can describe the difference between distance-time and displacement-time graphs, and calculate velocity from a displacement-time graph.	<input type="checkbox"/>
	I can measure distances and times to construct a distance-time graph.	<input type="checkbox"/>	I can plan and collect measurements and draw a distance-time graph.	<input type="checkbox"/>	I can plan, collect, and analyse a distance-time graph.	<input type="checkbox"/>
P2.1.5 Velocity-time graphs	I can describe the motion of objects represented by simple speed-time graphs.	<input type="checkbox"/>	I can interpret velocity-time graphs.	<input type="checkbox"/>	I can sketch a velocity-time graph.	<input type="checkbox"/>
	I can state how to calculate acceleration, velocity, and distance traveled, and whether they are vector or scalar quantities.	<input type="checkbox"/>	I can use a velocity-time graph to calculate acceleration and distance travelled for an object with constant acceleration.	<input type="checkbox"/>	I can use a velocity-time graph to calculate acceleration and distance travelled for a non-uniform motion.	<input type="checkbox"/>
	I can calculate the area under a graph for zero acceleration.	<input type="checkbox"/>	I can calculate the area under a graph representing constant acceleration.	<input type="checkbox"/>	I can calculate the area under a curve by counting squares.	<input type="checkbox"/>
P2.1.6 Equations of motion and kinetic energy	I can state the factors that affect kinetic energy.	<input type="checkbox"/>	I can use the equation for kinetic energy.	<input type="checkbox"/>	I can use the kinetic energy equation to find kinetic energy, mass, or velocity.	<input type="checkbox"/>
	I can state the equation that links initial velocity, final velocity, acceleration, and distance travelled, and under what condition it can be used.	<input type="checkbox"/>	I can use the equation that links initial velocity, final velocity, acceleration, and distance travelled.	<input type="checkbox"/>	I can use the kinematics equation and rearrange to find initial velocity, final velocity, acceleration, or distance travelled.	<input type="checkbox"/>
	I can state whether measurements are repeatable.	<input type="checkbox"/>	I can explain whether measurements are repeatable.	<input type="checkbox"/>	I can explain whether measurements are repeatable and identify possible sources of error.	<input type="checkbox"/>

P2.2 Newton's Laws

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P2.2.1 Forces and interactions	I can describe the action of forces on objects.	<input type="checkbox"/>	I can describe how forces arise.	<input type="checkbox"/>	I can explain how forces arise.	<input type="checkbox"/>
	I can state whether examples of forces are contact or non-contact forces.	<input type="checkbox"/>	I can describe contact and non-contact forces.	<input type="checkbox"/>	I can compare contact and non-contact forces.	<input type="checkbox"/>
	I can state Newton's Third Law.	<input type="checkbox"/>	I can describe the two forces in an interaction pair.	<input type="checkbox"/>	I can apply Newton's Third Law.	<input type="checkbox"/>
P2.2.2 Free body diagrams	I can identify the forces acting on a body.	<input type="checkbox"/>	I can draw free body diagrams.	<input type="checkbox"/>	I can draw and interpret free body diagrams.	<input type="checkbox"/>
	I can calculate the resultant of two forces in one dimension.	<input type="checkbox"/>	I can use vector diagrams to find the resultant of two forces acting at right angles to each other.	<input type="checkbox"/>	I can use vector diagrams to show resolution of forces.	<input type="checkbox"/>
	I can use a scale diagram to represent a single force.	<input type="checkbox"/>	I can draw a scale diagram to represent two forces acting on an object.	<input type="checkbox"/>	I can draw scale diagrams to resolve a force vector.	<input type="checkbox"/>
P2.2.3 Newton's First Law	I can state Newton's First Law.	<input type="checkbox"/>	I can explain why objects move with a steady speed.	<input type="checkbox"/>	I can apply Newton's First Law to explain motion.	<input type="checkbox"/>
	I can identify the forces acting on a body in equilibrium.	<input type="checkbox"/>	I can draw a free body diagram for an object in equilibrium.	<input type="checkbox"/>	I can use a free body diagram to explain the motion of a body in equilibrium.	<input type="checkbox"/>
			I can define inertia.	<input type="checkbox"/>	I can explain motion in terms of inertia.	<input type="checkbox"/>

P2.2.4 Newton's Second Law	I can state Newton's Second Law.	<input type="checkbox"/>	I can use Newton's Second Law to calculate the resultant force on an object.	<input type="checkbox"/>	I can use Newton's Second Law to calculate the resultant force, mass, or acceleration of an object.	<input type="checkbox"/>
	I can state whether the forces acting on an object are balanced or not using a free body diagram.	<input type="checkbox"/>	I can use free body diagrams to analyse situations in which there is a resultant force on an object.	<input type="checkbox"/>	I can use a free body diagram to explain why objects move in a circle.	<input type="checkbox"/>
	I can write down a conclusion for an investigation into the relationship between acceleration and force.	<input type="checkbox"/>	I can use investigation results to describe the relationship between acceleration and resultant force.	<input type="checkbox"/>	I can explain the extent to which the investigation results support Newton's Second Law.	<input type="checkbox"/>
P2.2.5 Everyday forces and their effects H			I can analyse the motion of skydivers and cars in terms of forces.	<input type="checkbox"/>	I can explain the motion of skydivers and cars using Newton's Laws.	<input type="checkbox"/>
			I can describe how the component of weight down the slope changes with increasing height.	<input type="checkbox"/>	I can calculate the component of weight parallel to the slope.	<input type="checkbox"/>
			I can design preliminary experiments to determine the range of the independent variable.	<input type="checkbox"/>	I can design preliminary experiments to determine the range of the independent variable and control variables.	<input type="checkbox"/>
P2.2.6 Momentum H			I can use the equation for momentum.	<input type="checkbox"/>	I can use the equation for momentum to find momentum, mass, or velocity.	<input type="checkbox"/>
			I can use the Law of Conservation of Momentum to explain motion during collisions and explosions.	<input type="checkbox"/>	I can apply and use the Law of Conservation of Momentum for both collisions and explosions.	<input type="checkbox"/>
			I can select apparatus and design a method to measure momentum.	<input type="checkbox"/>	I can apply prior knowledge to design an investigation to measure momentum after an explosion.	<input type="checkbox"/>

P2.2.7 Work and power	I can state some examples of energy stores.	<input type="checkbox"/>	I can describe in terms of energy what happens when you do work.	<input type="checkbox"/>	I can explain what happens when you do work.	<input type="checkbox"/>
	I can state definitions and units for work and power.	<input type="checkbox"/>	I can use equations for work and power, and convert between newton-metres and joules.	<input type="checkbox"/>	I can apply equations for work and power.	<input type="checkbox"/>
	I can measure the correct quantities, following instructions, and use these to calculate personal power.	<input type="checkbox"/>	I can measure quantities and calculate personal power.	<input type="checkbox"/>	I can design activities and measurements needed to calculate personal power.	<input type="checkbox"/>

P2.3 Forces in Action

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P2.3.1 Stretching in springs	I can describe how you can deform objects.	<input type="checkbox"/>	I can describe the difference between plastic and elastic behaviour.	<input type="checkbox"/>	I can explain the use of elastic and plastic behaviour in modern materials.	<input type="checkbox"/>
	I can describe the relationship between force and extension for a spring.	<input type="checkbox"/>	I can explain the shape of a force–extension graph for a spring and calculate the spring constant.	<input type="checkbox"/>	I can explain what factors will affect the spring constant.	<input type="checkbox"/>
	I can follow instructions and carry out a practical to investigate the extension of a spring.	<input type="checkbox"/>	I can plan and carry out an investigation into the extension of a spring.	<input type="checkbox"/>	I can evaluate the method used in an investigation of the extension of a spring.	<input type="checkbox"/>
P2.3.2 Stretching materials and storing energy	I can state that different materials have different shapes of force–extension graph.	<input type="checkbox"/>	I can describe the relationship between force and extension for materials such as rubber, copper, and glass.	<input type="checkbox"/>	I can interpret force–extension graphs and identify materials and their properties.	<input type="checkbox"/>
	I can state the factors that affect the work done when stretching.	<input type="checkbox"/>	I can calculate the work done in stretching.	<input type="checkbox"/>	I can calculate the work done in stretching from a force–extension graph.	<input type="checkbox"/>
	I can describe the relationship between force and extension from a graph.	<input type="checkbox"/>	I can describe linear and non-linear relationships from force–extension graphs.	<input type="checkbox"/>	I can explain the difference between a linear and a non-linear relationship between force and extension.	<input type="checkbox"/>
P2.3.3 Gravitational field and potential energy	I can state the gravitational field strength, g , and state the acceleration due to gravity on Earth, also called g .	<input type="checkbox"/>	I can explain what is meant by a gravitational field, gravity force, and weight.	<input type="checkbox"/>	I can explain why gravitational field strength, g , and acceleration due to gravity, g , have the same magnitude.	<input type="checkbox"/>
	I can state the factors affecting gravity force.	<input type="checkbox"/>	I can calculate gravity force and gravitational potential energy.	<input type="checkbox"/>	I can apply the equations for gravity force and gravitational potential energy and see how they are inter-related.	<input type="checkbox"/>
	I can state that g decreases with increasing distance from a planet.	<input type="checkbox"/>	I can describe how g varies with distance from a planet.	<input type="checkbox"/>	I can use the inverse square relationship to determine g at a distance.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P2.3.4 Turning forces	I can describe how forces cause a rotation.	<input type="checkbox"/>	I can calculate moments given perpendicular distance and force.	<input type="checkbox"/>	I can calculate moments where the perpendicular distance has to be identified.	<input type="checkbox"/>
	I can state that clockwise moments equal anticlockwise moments when an object is in equilibrium.	<input type="checkbox"/>	I can use the principle of moments.	<input type="checkbox"/>	I can apply the principle of moments to simple machines.	<input type="checkbox"/>
	I can follow instructions and use the principle of moments to find an unknown mass.	<input type="checkbox"/>	I can design a method and use calculations to find an unknown mass.	<input type="checkbox"/>	I can design a method to find an unknown mass and compare it with the measured mass.	<input type="checkbox"/>
P2.3.5 Simple machines	I can describe uses of levers and gears.	<input type="checkbox"/>	I can explain how levers and gears work.	<input type="checkbox"/>	I can explain how gears can be used to multiply force or distance.	<input type="checkbox"/>
	I can calculate a ratio of two values.	<input type="checkbox"/>	I can use ratios to calculate forces or distances involved.	<input type="checkbox"/>	I can use identified ratios to calculate forces or distances involved.	<input type="checkbox"/>
	I can state the definition of mechanical advantage.	<input type="checkbox"/>	I can calculate the mechanical advantage of simple machines.	<input type="checkbox"/>	I can suggest how to improve the mechanical advantage of a range of simple machines.	<input type="checkbox"/>
P2.3.6 Hydraulics	I can describe how a fluid causes a force and what factors affect the size of the force.	<input type="checkbox"/>	I can explain how a fluid causes a force, and calculate the force.	<input type="checkbox"/>	I can use the pressure equation to find pressure, force, or area.	<input type="checkbox"/>
	I can name examples of hydraulic machines.	<input type="checkbox"/>	I can describe how hydraulic machines work.	<input type="checkbox"/>	I can calculate how much a hydraulic machine multiplies a force.	<input type="checkbox"/>
	I can calculate a ratio of two values.	<input type="checkbox"/>	I can calculate a value using ratios.	<input type="checkbox"/>	I can use identified ratios and fractions to solve problems.	<input type="checkbox"/>

P3 Electricity (Combined and Triple PPE)

P3.1 Static and Charge

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P3.1.1 Electrostatics	I can describe what charge is and how insulators can be charged.	<input type="checkbox"/>	I can describe why the effects of charge are not normally seen and how insulators become positively or negatively charged.	<input type="checkbox"/>	I can explain how the transfer of electrons causes objects to become positively or negatively charged.	<input type="checkbox"/>
	I can describe evidence for the attraction or repulsion between charged objects.	<input type="checkbox"/>	I can explain what an electric field is and how it can be used to explain the behaviour of charges.	<input type="checkbox"/>	I can sketch electric fields and explain where the field strength is greatest and how this relates to force.	<input type="checkbox"/>
	I can state examples of uses and dangers of static electricity.	<input type="checkbox"/>	I can describe the uses and dangers of static electricity.	<input type="checkbox"/>	I can explain the uses and dangers of static electricity.	<input type="checkbox"/>
P3.1.2 Electric current	I can state a definition for current and the instrument used to measure it.	<input type="checkbox"/>	I can describe what current is and how to measure it.	<input type="checkbox"/>	I can use a model to explain current.	<input type="checkbox"/>
	I can state the equation relating charge, current, and time.	<input type="checkbox"/>	I can calculate charge, current, or time.	<input type="checkbox"/>	I can calculate charge, current, time, or number of electrons.	<input type="checkbox"/>
	I can use numbers written in standard form in a calculation.	<input type="checkbox"/>	I can record answers in standard form to the number of significant figures asked for.	<input type="checkbox"/>	I can record answers in standard form and decide on an appropriate number of significant figures.	<input type="checkbox"/>

P3.2 Simple Circuits

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P3.2.1 Circuits and potential difference	I can state a definition for potential difference.	<input type="checkbox"/>	I can explain what potential difference is.	<input type="checkbox"/>	I can use a model to explain potential difference and how it relates to electric fields.	<input type="checkbox"/>
	I can state the equation that links energy, potential difference, and charge.	<input type="checkbox"/>	I can use the equation that links energy, potential difference, and charge to calculate charge.	<input type="checkbox"/>	I can use the equation that links energy, potential difference, and charge.	<input type="checkbox"/>
	I can state the instrument used to measure potential difference.	<input type="checkbox"/>	I can describe how to measure potential difference across a component.	<input type="checkbox"/>	I can explain why a voltmeter is connected in parallel.	<input type="checkbox"/>
P3.2.2 Series and parallel circuits	I can state the definitions of series and parallel circuits.	<input type="checkbox"/>	I can describe the differences between series and parallel circuits.	<input type="checkbox"/>	I can explain the difference between series and parallel circuits.	<input type="checkbox"/>
	I can describe what happens to current and potential difference in a series circuit.	<input type="checkbox"/>	I can describe what happens to current and potential difference in series and parallel circuits.	<input type="checkbox"/>	I can predict current and potential difference values in series and parallel circuits.	<input type="checkbox"/>
	I can follow instructions and connect meters in series and parallel circuits.	<input type="checkbox"/>	I can describe how to connect meters in series and parallel circuits to test hypotheses.	<input type="checkbox"/>	I can connect meters in series and parallel circuits and explain the extent to which the results support the hypothesis.	<input type="checkbox"/>
P3.2.3 Resistance	I can state a definition of resistance.	<input type="checkbox"/>	I can describe the structure of a metal and how it relates to resistance.	<input type="checkbox"/>	I can explain why resistance in a metal wire changes with length, cross-sectional area, and type of metal.	<input type="checkbox"/>
	I can state that current depends on resistance and potential difference.	<input type="checkbox"/>	I can use the equation for resistance.	<input type="checkbox"/>	I can apply the equation for resistance to everyday situations.	<input type="checkbox"/>
	I can follow instructions and carry out a fair test to investigate one independent variable.	<input type="checkbox"/>	I can plan and carry out a series of fair tests to identify the factors that affect resistance in a wire.	<input type="checkbox"/>	I can plan a series of fair tests to identify the factors that affect resistance in a wire.	<input type="checkbox"/>

P3.2.4 Graphs of p.d. and current	I can draw a circuit diagram showing how to find the current through and potential difference across a component.	<input type="checkbox"/>	I can describe how to take measurements to plot graphs of current and potential difference.	<input type="checkbox"/>	I can design an investigation to take measurements to plot graphs of current and potential difference.	<input type="checkbox"/>
	I can sketch characteristic graphs for wires, lamps, and diodes.	<input type="checkbox"/>	I can interpret characteristic graphs for wires, lamps, and diodes.	<input type="checkbox"/>	I can explain characteristic graphs for wires, lamps, and diodes.	<input type="checkbox"/>
	I can plot results on a graph with prepared axes.	<input type="checkbox"/>	I can plot a graph with positive and negative axes, choosing suitable scales.	<input type="checkbox"/>	I can plot graphs, choosing suitable scales, and draw appropriate lines of best fit.	<input type="checkbox"/>
P3.2.5 LDRs and thermistors	I can state that the resistance of a thermistor decreases with increasing temperature.	<input type="checkbox"/>	I can interpret the graph of resistance against temperature for a thermistor.	<input type="checkbox"/>	I can explain the graph of resistance against temperature for a thermistor.	<input type="checkbox"/>
	I can state that the resistance of a light-dependent resistor (LDR) decreases with increasing light intensity.	<input type="checkbox"/>	I can interpret the graph of resistance against light intensity for an LDR.	<input type="checkbox"/>	I can explain the graph of resistance against light intensity for an LDR.	<input type="checkbox"/>
	I can state one source of systematic error and one of random error.	<input type="checkbox"/>	I can identify sources of random and systematic error in the investigation.	<input type="checkbox"/>	I can identify sources of random and systematic error in the investigation and minimise their effects.	<input type="checkbox"/>
P3.2.6 Net resistance and circuit calculations	I can describe the difference between resistance and net resistance.	<input type="checkbox"/>	I can explain what net resistance is.	<input type="checkbox"/>	I can explain what happens to net resistance in series and parallel circuits.	<input type="checkbox"/>
	I can calculate current, potential difference, or resistance in a series circuit.	<input type="checkbox"/>	I can calculate potential difference, current, and resistance in series and parallel circuits.	<input type="checkbox"/>	I can design a calculation involving potential difference, current, and resistance in series and parallel circuits.	<input type="checkbox"/>
	I can state the measurements needed to calculate resistance.	<input type="checkbox"/>	I can describe how to take measurements to calculate resistance in series and parallel circuits.	<input type="checkbox"/>	I can explain how to take measurements to determine net resistance and component resistance in series and parallel circuits.	<input type="checkbox"/>

P3.2.7 Sensing circuits	I can state examples of sensors used in circuits.	<input type="checkbox"/>	I can explain how to use a circuit to monitor the environment.	<input type="checkbox"/>	I can design a circuit to monitor the environment.	<input type="checkbox"/>
	I can calculate the p.d. across a component given the current and resistance.	<input type="checkbox"/>	I can calculate the output of a sensing circuit.	<input type="checkbox"/>	I can calculate the output of a sensing circuit when conditions change.	<input type="checkbox"/>
	I can describe how the p.d. is shared between two resistors in series.	<input type="checkbox"/>	I can describe how the p.d. across each of two resistors in series is proportional to their resistance.	<input type="checkbox"/>	I can explain that the p.d. across each of two resistors in series is proportional to their share of net resistance.	<input type="checkbox"/>
P3.2.8 Electrical power	I can state a definition of power.	<input type="checkbox"/>	I can explain what power means and how it relates to potential difference and current.	<input type="checkbox"/>	I can apply knowledge of power and circuits to predict power output in series and parallel circuits.	<input type="checkbox"/>
	I can state equations for electrical power.	<input type="checkbox"/>	I can use equations for power.	<input type="checkbox"/>	I can use and apply equations for power.	<input type="checkbox"/>
	I can carry out an experiment to test a given hypothesis.	<input type="checkbox"/>	I can design an experiment to test a hypothesis.	<input type="checkbox"/>	I can design an experiment to test a hypothesis and explain the extent to which the results support the hypothesis.	<input type="checkbox"/>

P4 Magnetism and Magnetic Fields (Combined and Triple PPE)

P4.1 Magnets and Magnetic Fields

Lesson	Aiming for 4	Aiming for 6	Aiming for 8
P4.1.1 Magnets and magnetic fields	I can state that magnets can attract or repel.	<input type="checkbox"/> I can describe how magnets behave and link this behaviour to magnetic field lines.	<input type="checkbox"/> I can explain the behaviour of a compass in terms of the Earth's magnetic field lines.
	I can state examples of permanent and induced magnetism.	<input type="checkbox"/> I can describe the difference between permanent and induced magnetism.	<input type="checkbox"/> I can explain induced and permanent magnetism using the domain theory.
	I can describe an experiment that allows magnetic field lines to be seen.	<input type="checkbox"/> I can draw 2D representations of magnetic field lines for a bar magnet and the Earth.	<input type="checkbox"/> I can draw 2D representations of magnetic field lines to explain attraction and repulsion.
P4.1.2 Currents and fields	I can describe evidence for the magnetic field around a wire.	<input type="checkbox"/> I can describe the factors affecting the strength of the magnetic field around a wire.	<input type="checkbox"/> I can explain the factors affecting the strength of the magnetic field around a wire.
	I can draw the pattern of the magnetic field around a wire.	<input type="checkbox"/> I can describe the direction of the magnetic field around a wire.	<input type="checkbox"/> I can explain why increasing the number of loops makes the magnetic field around a solenoid larger than that
	I can follow instructions to measure the strength of an electromagnet.	<input type="checkbox"/> I can plan and carry out a method to measure the strength of an electromagnet.	<input type="checkbox"/> I can plan and carry out a method to collect continuous data to measure the strength of an electromagnet.

P4.2 Uses of Magnetism

Lesson	Aiming for 4	Aiming for 6	Aiming for 8
P4.2.1 Currents and forces		<input type="checkbox"/> I can describe the force between a magnet and current-carrying conductor, and use Fleming's left-hand rule to work out its	<input type="checkbox"/> I can explain why there is a force on a current-carrying wire and between attracting magnets.
		<input type="checkbox"/> I can calculate the force on a current-carrying wire.	<input type="checkbox"/> I can use the equation for force on a current-carrying wire to find force, current, length of conductor, or field
		<input type="checkbox"/> I can draw the field lines for a current-carrying wire and between attracting magnets.	<input type="checkbox"/> I can use a drawing of combined field lines to explain direction of the force.
P4.2.2 Motors		<input type="checkbox"/> I can describe how you can use a current-carrying wire and magnets to make a coil rotate.	<input type="checkbox"/> I can describe how a motor works.
		<input type="checkbox"/> I can explain why the coil rotates in terms of magnetic fields.	<input type="checkbox"/> I can explain the factors that affect the speed of rotation in terms of magnetic fields.
		<input type="checkbox"/> I can describe uses of motors in everyday life.	<input type="checkbox"/> I can explain how motors are designed for different applications.
P4.2.3 Electromagnetic induction		<input type="checkbox"/> I can describe electromagnetic induction.	<input type="checkbox"/> I can explain how to increase the induced potential difference.
		<input type="checkbox"/> I can describe the direction of the induced potential difference.	<input type="checkbox"/> I can explain the direction of the induced potential difference.
		<input type="checkbox"/> I can calculate a value using ratios.	<input type="checkbox"/> I can use ratios to estimate the induced potential difference when one or more factors are changed.

Lesson	Aiming for 4	Aiming for 6		Aiming for 8	
P4.2.4 Generators		I can describe how electromagnetic induction is used to produce a.c. and d.c.	<input type="checkbox"/>	I can explain how electromagnetic induction is used to produce a.c. and d.c.	<input type="checkbox"/>
		I can describe a.c. and d.c.	<input type="checkbox"/>	Compare a.c. and d.c. generators.	<input type="checkbox"/>
		I can describe how the output of generators can be increased.	<input type="checkbox"/>	I can explain how the output of generators can be increased.	<input type="checkbox"/>
P4.2.5 Transformers		I can explain the construction of a transformer.	<input type="checkbox"/>	I can explain the construction of a transformer.	<input type="checkbox"/>
		I can calculate potential differences on the primary and secondary coils using ratios.	<input type="checkbox"/>	I can calculate potential differences and numbers of turns on the primary and secondary coils using the transformer equation.	<input type="checkbox"/>
		I can describe the magnetic field around a wire carrying a.c.	<input type="checkbox"/>	I can explain the forces between coils carrying a.c. current.	<input type="checkbox"/>
P4.2.6 Microphones and loudspeakers		I can describe the structure of a microphone.	<input type="checkbox"/>	I can explain how a microphone works.	<input type="checkbox"/>
		I can describe the structure of a loudspeaker.	<input type="checkbox"/>	I can explain how a loudspeaker works.	<input type="checkbox"/>
		I can compare loudspeakers and microphones.	<input type="checkbox"/>	I can explain whether a loudspeaker can be used as a microphone.	<input type="checkbox"/>

P5 Waves in Matter (Combined and Triple PPE)

P5.1 Wave Behaviour

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P5.1.1 Waves and their properties	I can state examples of waves.	<input type="checkbox"/>	I can describe what waves are and describe evidence that waves (not matter) travel.	<input type="checkbox"/>	I can explain the difference between transverse and longitudinal waves.	<input type="checkbox"/>
	I can state definitions of wavelength and frequency.	<input type="checkbox"/>	I can describe properties of waves.	<input type="checkbox"/>	I can explain how to measure wave properties.	<input type="checkbox"/>
	I can draw a displacement-time graph for a wave.	<input type="checkbox"/>	I can identify wave properties from displacement-distance graphs.	<input type="checkbox"/>	I can use the equation linking time period and frequency.	<input type="checkbox"/>
P5.1.2 Wave velocity	I can state the wave equation.	<input type="checkbox"/>	I can calculate wave speed.	<input type="checkbox"/>	I can use the wave equation to calculate wave speed, wavelength, or frequency.	<input type="checkbox"/>
	I can state a method for finding the speed of a water wave.	<input type="checkbox"/>	I can describe how to calculate the speed of water waves.	<input type="checkbox"/>	I can explain how to calculate the speed of water waves.	<input type="checkbox"/>
	I can state a method for finding the speed of sound waves in air.	<input type="checkbox"/>	I can describe how to calculate accurately the speed of sound waves in air.	<input type="checkbox"/>	I can explain how to calculate accurately the speed of sound in substances in the solid, liquid, and gas	<input type="checkbox"/>
P5.1.3 Sound properties and uses	I can describe what happens to a wave crossing a boundary.	<input type="checkbox"/>	I can describe what happens to the speed, frequency, and wavelength of a wave crossing a boundary.	<input type="checkbox"/>	I can explain refraction using the wave equation.	<input type="checkbox"/>
	I can state that sound can have any frequency.	<input type="checkbox"/>	I can describe the range of human hearing.	<input type="checkbox"/>	I can explain what ultrasound is.	<input type="checkbox"/>
	I can state some examples of uses of ultrasound.	<input type="checkbox"/>	I can describe the uses of ultrasound	<input type="checkbox"/>	I can explain how ultrasound is used to make images and calculate distances.	<input type="checkbox"/>

Lesson	Aiming for 4	Aiming for 6		Aiming for 8	
P5.1.4 Sound in solid and the ear		I can describe the structure of the ear.	<input type="checkbox"/>	I can explain how each structure in the ear aids the transmission of sound.	<input type="checkbox"/>
		I can describe how sound waves are produced and absorbed.	<input type="checkbox"/>	I can explain how sound waves make objects vibrate.	<input type="checkbox"/>
		I can explain how objects detect sound frequencies.	<input type="checkbox"/>	I can explain why objects detect sound over a narrow range of frequencies.	<input type="checkbox"/>

P5.2 The Electromagnetic Spectrum

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P5.2.1 Electromagnetic waves	I can name the waves of the electromagnetic spectrum and state the wave our eyes detect.	<input type="checkbox"/>	I can record the waves of the electromagnetic spectrum in order of decreasing frequency.	<input type="checkbox"/>	I can explain the patterns for frequency and wavelength across the electromagnetic spectrum.	<input type="checkbox"/>
	I can state that electromagnetic waves are transverse.	<input type="checkbox"/>	I can describe the properties of electromagnetic waves.	<input type="checkbox"/>	I can explain how radio waves are produced and detected.	<input type="checkbox"/>
	I can state the wave equation and know that all electromagnetic waves travel at the same speed in a vacuum (3×10^8	<input type="checkbox"/>	I can use the wave equation for electromagnetic waves to find speed.	<input type="checkbox"/>	I can use the wave equation for electromagnetic waves to calculate speed, frequency, or wavelength.	<input type="checkbox"/>
P5.2.2 Uses and dangers of EM radiation	I can state some uses of waves in different regions of the electromagnetic spectrum.	<input type="checkbox"/>	I can describe some uses of waves in different regions of the electromagnetic spectrum.	<input type="checkbox"/>	I can explain why waves are suitable for particular uses.	<input type="checkbox"/>
	I can state some examples of waves that are dangerous.	<input type="checkbox"/>	I can describe which waves are dangerous and why.	<input type="checkbox"/>	I can explain which waves are dangerous and the precautions that are taken when using them.	<input type="checkbox"/>
	I can state some risks in the use of a given type of electromagnetic wave.	<input type="checkbox"/>	I can explain the risks and benefits of a given type of electromagnetic wave.	<input type="checkbox"/>	I can evaluate the risks of electromagnetic waves and justify their uses for particular purposes.	<input type="checkbox"/>
P5.2.3 Imaging with electromagnetic waves			I can describe how infrared radiation is used for imaging.	<input type="checkbox"/>	I can evaluate the use of infrared radiation for imaging.	<input type="checkbox"/>
			I can describe how X-rays are used for imaging.	<input type="checkbox"/>	I can evaluate the use of X-rays for imaging.	<input type="checkbox"/>
			I can describe how gamma rays are used for imaging.	<input type="checkbox"/>	I can evaluate the use of gamma rays for imaging.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P5.2.4 Electromagnetic waves and matter	I can describe reflection and refraction.	<input type="checkbox"/>	I can describe how to use ray diagrams to show reflection and refraction.	<input type="checkbox"/>	I can explain how to use a ray diagram to investigate where the image is formed in a mirror.	<input type="checkbox"/>
	I can measure an angle using a protractor.	<input type="checkbox"/>	I can explain why electromagnetic waves are refracted.	<input type="checkbox"/>	I can explain the different ways that electromagnetic waves interact with matter.	<input type="checkbox"/>
			I can measure incident and reflected angles from traced rays of light.	<input type="checkbox"/>	I can draw a normal and measure incident, reflected, and refracted rays from traced rays of light.	<input type="checkbox"/>

P5.3 Wave Interaction

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P5.3.1 Lenses	I can draw ray diagrams for convex and concave lenses.	<input type="checkbox"/>	I can use ray diagrams to show the similarities and differences between convex and concave lenses.	<input type="checkbox"/>	I can draw ray diagrams to predict the size, position, and nature of the image formed by a convex lens.	<input type="checkbox"/>
	I can describe convex and concave lenses.	<input type="checkbox"/>	I can describe what convex and concave lenses are used for.	<input type="checkbox"/>	I can explain how and why convex and concave lenses are suitable for their uses.	<input type="checkbox"/>
	I can identify a source of error in data.	<input type="checkbox"/>	I can identify sources of random and systematic error in data.	<input type="checkbox"/>	I can explain how to reduce random and systematic errors in data.	<input type="checkbox"/>
P5.3.2 Light and colour	I can state that coloured objects reflect light of the same colour as the object.	<input type="checkbox"/>	I can describe how objects reflect white light to appear coloured.	<input type="checkbox"/>	I can explain how colour is seen in terms of absorption, reflection, and scattering.	<input type="checkbox"/>
	I can state that filters transmit light of the colour of the filter only.	<input type="checkbox"/>	I can describe the effects of filters on white light and on the appearance of objects.	<input type="checkbox"/>	I can explain colour filters and the colours that objects appear in terms of absorption, transmission, reflection,	<input type="checkbox"/>
	I can record observations in a given table.	<input type="checkbox"/>	I can draw a table to record observations.	<input type="checkbox"/>	I can design a table that presents observations in the most appropriate way.	<input type="checkbox"/>

P6 Radioactivity (Combined and Triple PPE)

P6.1 Radioactive Emissions

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P6.1.1 Atoms and isotopes	I can describe what is inside the nucleus of an atom.	<input type="checkbox"/>	I can describe the charge and relative mass of subatomic particles.	<input type="checkbox"/>	I can explain why an atom is neutral and how you distinguish between the atom of different elements.	<input type="checkbox"/>
	I can state examples of isotopes of an element.	<input type="checkbox"/>	I can describe what the term isotope means.	<input type="checkbox"/>	I can explain the difference between the isotopes of an element.	<input type="checkbox"/>
	I can state the definitions of mass number and atomic number.	<input type="checkbox"/>	I can use the correct symbols for isotopes.	<input type="checkbox"/>	I can use symbols to calculate the numbers of neutrons in different isotopes.	<input type="checkbox"/>
P6.1.2 Alpha, beta, gamma	I can name the types of radiation that unstable nuclei emit.	<input type="checkbox"/>	I can describe the types of radiation that unstable nuclei emit.	<input type="checkbox"/>	I can explain the properties of the different types of radiation that unstable nuclei emit.	<input type="checkbox"/>
	I can state a material that will absorb radiation.	<input type="checkbox"/>	I can describe the different penetrating powers of alpha, beta, and gamma radiation.	<input type="checkbox"/>	I can explain the different penetrating powers of alpha, beta, and gamma radiation.	<input type="checkbox"/>
	I can name a method for detecting radiation.	<input type="checkbox"/>	I can describe how radiation can be detected.	<input type="checkbox"/>	I can explain how radiation is detected.	<input type="checkbox"/>
P6.1.3 Nuclear equations	I can state the structure of alpha and beta radiation.	<input type="checkbox"/>	I can describe what happens in alpha decay and beta decay in terms of particles.	<input type="checkbox"/>	I can compare alpha decay, beta decay, and gamma decay in terms of particles.	<input type="checkbox"/>
	I can state alpha or beta decay as a nuclear equation.	<input type="checkbox"/>	I can use balanced equations for nuclear decay.	<input type="checkbox"/>	I can determine the structure of the stable daughter element for a decay series.	<input type="checkbox"/>
	I can state how to find atomic number and mass number from the Periodic Table.	<input type="checkbox"/>	I can use the Periodic Table to identify an element after decay.	<input type="checkbox"/>	I can use the Periodic Table to identify an element at the end of a decay series.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P6.1.4 Half-life	I can state a definition of half-life.	<input type="checkbox"/>	I can describe what half-life means.	<input type="checkbox"/>	I can explain what half-life means and how it relates to the random nature of decay.	<input type="checkbox"/>
	I can draw a graph of activity against time on given axes.	<input type="checkbox"/>	I can interpret graphs of activity against time and convert count rate to becquerels (Bq).	<input type="checkbox"/>	I can calculate half-life from graphs of activity against time.	<input type="checkbox"/>
			I can calculate the ratio of final to initial activity after a given number of half-lives.	<input type="checkbox"/>	I can calculate the age of a sample using the ratio of final to initial activity.	<input type="checkbox"/>
P6.1.5 Radiation in and out of atoms	I can state that electrons move to higher energy levels when an atom absorbs a photon.	<input type="checkbox"/>	I can describe what happens when atoms absorb electromagnetic radiation.	<input type="checkbox"/>	I can explain what happens when atoms absorb electromagnetic radiation.	<input type="checkbox"/>
	I can state that electrons move to lower energy levels when an atom emits a photon.	<input type="checkbox"/>	I can describe what happens when atoms emit electromagnetic radiation.	<input type="checkbox"/>	I can explain what happens when atoms emit electromagnetic radiation.	<input type="checkbox"/>
	I can state a model for electromagnetic waves.	<input type="checkbox"/>	I can describe the photon and energy level models.	<input type="checkbox"/>	I can use models to explain absorption and emission spectra.	<input type="checkbox"/>

P6.2 Uses and Hazards

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P6.2.1 Radiation and the human body	I can state an example of contamination and an example of irradiation.	<input type="checkbox"/>	I can describe the difference between contamination and irradiation.	<input type="checkbox"/>	I can compare the risks of contamination and irradiation.	<input type="checkbox"/>
	I can state that medical tracers have half-lives of about 4 hours.	<input type="checkbox"/>	I can explain how half-life affects the hazards associated with radioactive materials.	<input type="checkbox"/>	I can explain how half-life and radiation type affect the hazards associated with radioactive materials.	<input type="checkbox"/>
	I can state some uses of radioactive materials.	<input type="checkbox"/>	I can describe how radioactive materials are used as tracers and in cancer treatment.	<input type="checkbox"/>	I can evaluate the risks of using radioactive materials as tracers and in cancer treatment.	<input type="checkbox"/>
P6.2.2 Nuclear fission	I can state the name of a fissionable material.	<input type="checkbox"/>	I can describe nuclear fission.	<input type="checkbox"/>	I can complete and balance a nuclear equation for a fission reaction.	<input type="checkbox"/>
	I can describe what can be produced when a nucleus splits.	<input type="checkbox"/>	I can describe what happens in a chain reaction.	<input type="checkbox"/>	I can explain how a chain reaction can be controlled.	<input type="checkbox"/>
	I can describe how energy is transferred in a fission reaction.	<input type="checkbox"/>	I can describe how a nuclear power station works and state the name of the fuel.	<input type="checkbox"/>	I can calculate percentages of uranium-235 in uranium one.	<input type="checkbox"/>
P6.2.3 Nuclear fusion	I can state a definition of nuclear fusion.	<input type="checkbox"/>	I can describe nuclear fusion.	<input type="checkbox"/>	I can compare nuclear fission and fusion.	<input type="checkbox"/>
	I can describe how a fusion reaction transfers energy.	<input type="checkbox"/>	I can explain why a fusion reaction transfers energy.	<input type="checkbox"/>	I can calculate the energy transferred using $E = mc^2$.	<input type="checkbox"/>
	I can state an example of nuclear fusion.	<input type="checkbox"/>	I can describe the conditions needed for nuclear fusion.	<input type="checkbox"/>	I can explain the conditions necessary for nuclear fusion, and why there is not a working fusion reactor.	<input type="checkbox"/>

P7 Energy (Combined PPE Only)

P7.1 Work Done

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P7.1.1 Energy stores and energy transfers	I can name some mechanisms of energy transfer.	<input type="checkbox"/>	I can describe energy stores and transfers.	<input type="checkbox"/>	I can outline the energy stores and transfers in a given situation.	<input type="checkbox"/>
	I can name some different energy stores and give examples of each.	<input type="checkbox"/>	I can explain what an energy store is.	<input type="checkbox"/>	I can use the correct equation for each energy store and transfer.	<input type="checkbox"/>
	I can state the law of conservation of energy.	<input type="checkbox"/>	I can describe the law of conservation of energy.	<input type="checkbox"/>	I can explain the law of conservation of energy.	<input type="checkbox"/>
P7.1.2 Energy analysis with forces 1	I can label an energy analysis diagram.	<input type="checkbox"/>	I can describe how to do an energy analysis.	<input type="checkbox"/>	I can suggest appropriate start and end points for an energy analysis diagram.	<input type="checkbox"/>
	I can state the equation for energy transfer by mechanical working.	<input type="checkbox"/>	I can calculate the energy store and energy transferred by mechanical working.	<input type="checkbox"/>	I can use calculations involving energy stores and mechanical working for objects accelerating due to constant	<input type="checkbox"/>
	I can follow instructions and use light gates to measure the velocity of a trolley.	<input type="checkbox"/>	I can apply knowledge and select appropriate apparatus to measure the velocity of the trolley.	<input type="checkbox"/>	I can apply knowledge and select an appropriate method and apparatus to measure the velocity of the trolley.	<input type="checkbox"/>
P7.1.3 Energy analysis with forces 2	I can name the energy stores in a given example.	<input type="checkbox"/>	I can describe how to do an energy analysis.	<input type="checkbox"/>	I can explain a situation using an energy analysis.	<input type="checkbox"/>
	I can state the equation for energy transfer by mechanical working.	<input type="checkbox"/>	I can calculate energy stores and mechanical working.	<input type="checkbox"/>	I can use calculations involving energy stores and mechanical working for objects being slowed down or	<input type="checkbox"/>
	I can state some possible sources of error in an experiment.	<input type="checkbox"/>	I can identify sources of random and systematic error in an experiment.	<input type="checkbox"/>	I can evaluate the validity of results by analysing sources of random and systematic error.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P7.1.4 Energy analysis with forces 3	I can label an energy analysis diagram for situations involving the force of gravity.	<input type="checkbox"/>	I can describe how to analyse situations involving the force of gravity, in terms of energy.	<input type="checkbox"/>	I can explain situations involving gravity by completing an energy analysis.	<input type="checkbox"/>
	I can state the equation for the change of energy in a gravitational store.	<input type="checkbox"/>	I can calculate energy stores and work done by the force of gravity.	<input type="checkbox"/>	I can use calculations involving energy stores and work done by the force of gravity, and objects hitting obstacles.	<input type="checkbox"/>
	I can calculate the mean of a set of results.	<input type="checkbox"/>	I can calculate the mean of a set of results and state the range.	<input type="checkbox"/>	I can calculate the mean of a set of results and its percentage uncertainty.	<input type="checkbox"/>

P7.2 Power and Efficiency

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P7.2.1 Energy, power, and paying for electricity	I can state the names of stores from which electric current transfers energy.	<input type="checkbox"/>	I can describe how an electric current transfers energy.	<input type="checkbox"/>	I can explain why an electric current is a useful transfer of energy.	<input type="checkbox"/>
	I can state the units of power and know that $1000\text{ W} = 1\text{ kW}$.	<input type="checkbox"/>	I can calculate power in kilowatts (kW) and energy in kilowatt-hours (kW h).	<input type="checkbox"/>	I can calculate the cost of using electrical appliances.	<input type="checkbox"/>
	I can describe which types of appliances have the highest power ratings.	<input type="checkbox"/>	I can describe which types of appliances have the highest power ratings.	<input type="checkbox"/>	I can explain how power rating is related to the transfer of energy between stores.	<input type="checkbox"/>
P7.2.2 Energy analysis – electric current	I can draw an energy analysis diagram for an electrical appliance.	<input type="checkbox"/>	I can describe how to analyse situations in terms of energy when a current flows through an appliance.	<input type="checkbox"/>	I can analyse a situation in terms of energy when a current flows.	<input type="checkbox"/>
	I can state the equation for energy in a thermal store and a gravity store.	<input type="checkbox"/>	I can calculate energy stores and electric power.	<input type="checkbox"/>	I can use calculations involving stores and electric power.	<input type="checkbox"/>
	I can state some methods for reducing electrical costs.	<input type="checkbox"/>	I can explain some methods for reducing electrical costs.	<input type="checkbox"/>	I can explain the wider implications of using electricity.	<input type="checkbox"/>
P7.2.3 Energy analysis - heating	I can state how to increase the energy in a thermal store.	<input type="checkbox"/>	I can describe how energy is transferred to or from a thermal store.	<input type="checkbox"/>	I can explain the dissipation of energy.	<input type="checkbox"/>
	I can draw an energy analysis diagram for a cooling object.	<input type="checkbox"/>	I can describe how to analyse situations in terms of energy.	<input type="checkbox"/>	I can use calculations involving stores and heating.	<input type="checkbox"/>
	I can describe a cooling curve.	<input type="checkbox"/>	I can describe the shape of a cooling curve, pointing out key features.	<input type="checkbox"/>	I can explain the shape of a cooling curve.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P7.2.4 Walls and insulation	I can describe how energy can be transferred from a house.	<input type="checkbox"/>	I can describe how a house a house maintains its thermal store.	<input type="checkbox"/>	I can explain how a house can be designed to maintain its thermal source without being internally heated.	<input type="checkbox"/>
	I can state the definition of thermal conductivity.	<input type="checkbox"/>	I can describe how the rate of cooling depends on the thermal conductivity and/or thickness of the walls.	<input type="checkbox"/>	I can estimate relative rates of cooling using values for the thermal conductivity and/or thickness of the	<input type="checkbox"/>
	I can identify variables in an experiment.	<input type="checkbox"/>	I can design a fair test to compare the thermal conductivity of different materials.	<input type="checkbox"/>	I can design an investigation that yields continuous data.	<input type="checkbox"/>
P7.2.5 Efficiency	I can state a definition for efficiency.	<input type="checkbox"/>	I can describe what efficiency means and how it can be increased.	<input type="checkbox"/>	I can explain the advantage of increasing the efficiency of appliances.	<input type="checkbox"/>
	I can state the equation for efficiency.	<input type="checkbox"/>	I can calculate efficiency.	<input type="checkbox"/>	I can calculate values using the efficiency equation.	<input type="checkbox"/>
	I can identify variables in an experiment.	<input type="checkbox"/>	I can repeat measurements and calculate the mean to improve reliability.	<input type="checkbox"/>	I can design a method to improve the reliability of a measurement.	<input type="checkbox"/>

P8 Global Challenges (Combined PPE Only)

P8.1 Physics on the move

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P8.1.1 Everyday motion	I can describe how to measure speed.	<input type="checkbox"/>	I can describe how to measure speeds in everyday situations.	<input type="checkbox"/>	I can explain how to measure and calculate speeds in everyday situations.	<input type="checkbox"/>
	I can state typical walking, running, and car speeds.	<input type="checkbox"/>	I can suggest approximate speeds for everyday objects.	<input type="checkbox"/>	I can suggest approximate speeds for a range of objects.	<input type="checkbox"/>
	I can state the equation for calculating acceleration.	<input type="checkbox"/>	I can describe how to calculate the acceleration of everyday objects.	<input type="checkbox"/>	I can estimate the acceleration of everyday objects.	<input type="checkbox"/>
P8.1.2 Reaction time and thinking distance	I can state a method for measuring reaction time.	<input type="checkbox"/>	I can describe how to measure reaction time.	<input type="checkbox"/>	I can explain how reaction time can be measured.	<input type="checkbox"/>
	I can state a definition for thinking distance.	<input type="checkbox"/>	I can describe what thinking distance is and some factors that affect it.	<input type="checkbox"/>	I can calculate thinking distance, speed, or reaction time using the relationship between them.	<input type="checkbox"/>
	I can state a typical value for reaction time.	<input type="checkbox"/>	I can describe how reaction time affects measurements.	<input type="checkbox"/>	I can explain what reaction time is and how it affects measurements.	<input type="checkbox"/>
P8.1.3 Braking distance and stopping distance	I can state a definition for braking distance.	<input type="checkbox"/>	I can describe the factors that affect braking distance.	<input type="checkbox"/>	I can the factors that affect braking distance and compare them with the factors that affect thinking distance.	<input type="checkbox"/>
	I can state the speed limit in built-up areas.	<input type="checkbox"/>	I can describe how thinking and braking distance affect stopping distance and how this affects safety.	<input type="checkbox"/>	I can explain the implications of stopping distance for safety.	<input type="checkbox"/>
	I can state a definition of stopping distance.	<input type="checkbox"/>	I can estimate stopping distance for a range of speeds.	<input type="checkbox"/>	I can calculate stopping, braking, and thinking distances, or reaction time, using the relationship between them.	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P8.1.4 Forces in collisions	I can describe what happens to a body when it undergoes a large deceleration.	<input type="checkbox"/>	I can explain the dangers caused by large decelerations.	<input type="checkbox"/>	I can explain how modern cars are designed to reduce the dangers of large decelerations.	<input type="checkbox"/>
	I can state equations for acceleration and force.	<input type="checkbox"/>	I can calculate acceleration or force using equations.	<input type="checkbox"/>	I can estimate accelerations and forces involved in everyday situations on roads.	<input type="checkbox"/>
	I can follow instructions to carry out an investigation into seatbelt design.	<input type="checkbox"/>	I can plan and carry out an investigation to test designs seatbelts.	<input type="checkbox"/>	I can plan and carry out an investigation to test designs of seatbelts which yields quantitative	<input type="checkbox"/>

P8.2 Powering Earth

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P8.2.1 Energy sources	I can state the main energy sources we use on Earth.	<input type="checkbox"/>	I can describe the main energy sources we use on Earth.	<input type="checkbox"/>	I can explain the advantages and disadvantages of the main energy sources we use on Earth.	<input type="checkbox"/>
	I can state definitions for renewable and non-renewable energy sources.	<input type="checkbox"/>	I can describe an energy source as renewable or non-renewable.	<input type="checkbox"/>	I can explain the differences between renewable and non-renewable energy sources.	<input type="checkbox"/>
	I can state the main uses of energy sources.	<input type="checkbox"/>	I can describe how we use energy sources.	<input type="checkbox"/>	I can explain how alternative energy sources can be used for the main uses of energy.	<input type="checkbox"/>
P8.2.2 Using resources	I can state how our use of energy sources has changed.	<input type="checkbox"/>	I can describe how our use of energy sources has changed.	<input type="checkbox"/>	I can explain why our use of energy sources has changed.	<input type="checkbox"/>
	I can state some of the issues with the use of energy sources.	<input type="checkbox"/>	I can describe some of the issues with the use of energy sources.	<input type="checkbox"/>	I can explain some of the issues with the use of energy sources.	<input type="checkbox"/>
	I can state some ways in which energy sources can be saved.	<input type="checkbox"/>	I can describe how our use of energy sources may change in the future.	<input type="checkbox"/>	I can predict how our use of energy sources may change in the future and justify the prediction.	<input type="checkbox"/>
P8.2.3 The National Grid	I can state a definition for the National Grid.	<input type="checkbox"/>	I can describe the National Grid.	<input type="checkbox"/>	I can explain why the National Grid is needed.	<input type="checkbox"/>
	I can describe where you would find a step-up transformer and a step-down transformer in the National Grid.	<input type="checkbox"/>	I can describe how transformers are used in the National Grid.	<input type="checkbox"/>	I can explain why transformers are used in the National Grid.	<input type="checkbox"/>
	I can state the equation relating current and p.d. in the primary coil to that in the secondary coil.	<input type="checkbox"/>	I can calculate p.d. and current for transformers.	<input type="checkbox"/>	I can calculate the efficiency of transformers; use equations for number of coils, current, and p.d. in	<input type="checkbox"/>

Lesson	Aiming for 4		Aiming for 6		Aiming for 8	
P8.2.4 Mains electricity	I can state the frequency and voltage of the UK domestic supply.	<input type="checkbox"/>	I can describe the domestic electricity supply in the UK.	<input type="checkbox"/>	I can explain why the domestic electricity supply in the UK is alternating.	<input type="checkbox"/>
	I can state examples of sources of alternating and direct voltage.	<input type="checkbox"/>	I can describe the difference between direct and alternating voltage.	<input type="checkbox"/>	I can calculate the frequency of an alternating voltage from an oscilloscope.	<input type="checkbox"/>
	I can describe the correct wiring in a plug.	<input type="checkbox"/>	I can describe the functions of the wires in a plug and the p.d. between them.	<input type="checkbox"/>	I can explain why we have an earth wire and the danger of providing a connection between the live wire and	<input type="checkbox"/>

Equations that are NOT on the formula sheet and need to be memorized:

EQUATION – Recall and Use

Word Equation:

Weight = **Mass** × **Gravity**

Symbol Equation:

$W = m \times g$

Units:

Weight is measured in **Newtons (N)**
Mass is measured in **Kilograms (kg)**
Gravity is measured in **N/kg**

EQUATION – Recall and Use

Word Equation:

Work Done = **Force** × **Distance**

Symbol Equation:

$W = F \times d$

Units:

Work Done is measured in **Joules (J)**
Force is measured in **Newtons (N)**
Distance is measured in **metres (m)**

EQUATION – Recall and Use

Word Equation:

$$\text{Force} = \text{Spring Constant} \times \text{Extension}$$

Symbol Equation:

$$F = k \times e$$

Units:

Force is measured in Newtons (N)

Spring Constant is measured in Newtons per metre (N/m)

extension is measured in metres (m)

EQUATION – Recall and Use

Word Equation:

$$\text{Pressure} = \text{Force} / \text{Area}$$

Symbol Equation:

$$P = F / A$$

Units:

Pressure is measured in Pascals (Pa)

Force is measured in Newtons (N)

Area is measured in metres squared (m²)

EQUATION – Recall and Use

Word Equation:

$$\text{distance} = \text{Velocity} \times \text{Time}$$

Symbol Equation:

$$s = v \times t$$

Units:

Distance is measured in meters (m)

Velocity is measured in meters per second (m/s)

Time is measured in seconds (s)

EQUATION – Recall and Use

Word Equation:

$$\text{acceleration} = \frac{\text{change in velocity}}{\text{Time}}$$

Symbol Equation:

$$a = \frac{\Delta v}{t}$$

Units:

Acceleration is measured in meters per second squared (m/s²)

Velocity is measured in meters per second (m/s)

Time is measured in seconds (s)

EQUATION – Recall and Use

Word Equation:

$$\text{Force} = \text{mass} \times \text{acceleration}$$

Symbol Equation:

$$F = m \times a$$

Units:

Force is measured in Newtons (N)

Mass is measured in kilograms (kg)

Acceleration is measured in meters per second squared (m/s²)

EQUATION – Recall and Use

Word Equation:

$$\text{momentum} = \text{mass} \times \text{velocity}$$

Symbol Equation:

$$p = m \times v$$

Units:

Momentum is measured in kg m/s

Mass is measured in kilograms (kg)

Velocity is measured in meters per second (m/s)

EQUATION – Recall and Use

Word Equation:

$$K.E = \frac{1}{2} \times \text{mass} \times \text{velocity}^2$$

Symbol Equation:

$$E_K = \frac{1}{2} \times m \times v^2$$

Units:

Kinetic Energy is measured in **Joules (J)**

Mass is measured in **Kilograms (kg)**

Velocity/speed is measured in **metres per second (m/s)**

EQUATION – Recall and Use

Word Equation:

$$G.P.E = \text{mass} \times \text{gravity} \times \text{height}$$

Symbol Equation:

$$E_P = m \times g \times h$$

Units:

Gravitational Potential is measured in **Joules (J)**

Mass is measured in **Kilograms (kg)**

Gravity is measured in **N/kg**

Height is measured in **metres (m)**

EQUATION – Recall and Use

Word Equation:

$$\text{Power} = \frac{\text{Energy}}{\text{time}}$$

Symbol Equation:

$$P = \frac{E}{t} \text{ Can be used with 2 sets of units.}$$

Units:

Power is measured in **Watts (W)** or kW

Energy is measured in **Joules (J)** or kWh

Time is measured in **seconds (s)** or h

EQUATION – Recall and Use

Word Equation:

$$\text{Wave speed} = \text{frequency} \times \text{wavelength}$$

Symbol Equation:

$$v = f \times \lambda$$

Units:

Wave speed is measured in **metres per second (m/s or ms⁻¹)**

Frequency is measured in **Hertz (Hz)**

Wavelength is measured in **metres (m)**

EQUATION – Recall and Use

Word Equation:

$$\text{Current} = \frac{\text{Charge}}{\text{time}}$$

Symbol Equation:

$$I = \frac{Q}{t}$$

Units:

Current is measured in **Amps (A)**

Charge is measured in **Coulombs (C)**

Time is measured in **seconds (s)**

EQUATION – Recall and Use

Word Equation:

$$\text{Voltage(p.d.)} = \text{Current} \times \text{Resistance}$$

Symbol Equation:

$$V = I \times R$$

Units:

Voltage(p.d.) is measured in **Volts (V)**

Current is measured in **Amps (A)**

Resistance is measured in **Ohms (Ω)**

EQUATION – Recall and Use

Word Equation:

$$\text{Power} = \text{Voltage} \times \text{Current}$$

Symbol Equation:

$$P = V \times I$$

Units:

Power is measured in **Watts (W)**
Voltage(p.d.) is measured in **Volts (V)**
Current is measured in **Amps(A)**

EQUATION – Recall and Use

Word Equation:

$$\text{Power} = \text{Current}^2 \times \text{Resistance}$$

Symbol Equation:

$$P = I^2 \times R$$

Units:

Power is measured in **Watts (W)**
Current is measured in **Amps (A)**
Resistance is measured in **Ohms (Ω)**

EQUATION – Recall and Use

Word Equation:

$$\text{Energy} = \text{Power} \times \text{time}$$

Symbol Equation:

$$E = P \times t$$

Units:

Energy is measured in **Joules (J)**
Power is measured in **Watts (W)**
Time is measured in **Seconds (s)**

EQUATION – Recall and Use

Word Equation:

$$\text{Voltage} = \frac{\text{Energy}}{\text{Charge}}$$

Symbol Equation:

$$V = \frac{W}{Q}$$

Units:

Voltage is measured in **Volts (V)**
Energy is measured in **Joules (J)**
Charge is measured in **Coulombs (C)**

EQUATION – Recall and Use

Word Equation:

$$\text{Density} = \text{Mass} \div \text{Volume}$$

Symbol Equation:

$$\rho = \frac{m}{V}$$

Units: Note: Two sets of units.

Density is measured in **kilograms per metre³ (kg/m³)** or **(g/cm³)**
Mass is measured in **Kilograms (kg)** or **(g)**
Volume is measured in **metres cubed (m³)** or **(cm³)**

Year 11 GCSE ART



The GCSE art exam paper will be released on 6th January with the exam period running from January 6th to early May. Students are to choose **one** of the seven starting points set by AQA and develop a book of preparatory work in response. The bookwork will be produced during lesson time and home-learning time, exploring the chosen theme thoroughly and developing ideas through to a final outcome. The final piece will be produced in a 10-hour exam in early May. This will be a very similar experience to the mock exam the students experienced in year 10 when they produced their Collections project. All book work must be submitted when the exam starts.

Whilst there is no specific revision of material for art, it is essential that all students allocate time to their art exam prep work during the PPE fortnight in January. It is expected that all art students will begin work on the exam unit whilst the PPE's are on. This unit is significantly shorter than the coursework units and as a result no time can be lost.

The Art sessions on the students PPE timetables are times set specifically for working on the exam unit with the support of staff who will check progress and discuss ideas and next steps.

Students will need to collect the exam paper on the 6th January during break or lunchtime (unless they have a lesson that day).

AQA (9-1) GCSE Business – Year 11 revision list

3.1 The purpose and nature of businesses (year 10)

3.1.1 The purpose and nature of businesses	
Content	Additional information
<ul style="list-style-type: none">• Purpose of business• Reasons for starting a business• Basic functions and types of business• Business enterprise and entrepreneurship• Dynamic nature of business	<ul style="list-style-type: none">• Understand what a business is and the reasons for starting a business• Understand the difference between goods and services, needs and wants• Understand the meaning of factors of production –• Define opportunity cost• Understand primary, secondary and tertiary• Understand the terms enterprise and entrepreneur• Outline the characteristics of an entrepreneur• Outline the objectives of an entrepreneur,• Understand that businesses face a constantly changing business environment

3.1.2 Business ownership	
Content	Additional information
<ul style="list-style-type: none">• Sole traders• Partnerships• Private limited companies (Ltd)• Public limited companies (plc)• Not-for-profit organisations	<ul style="list-style-type: none">• Understand the different legal structures that businesses adopt• Analyse the benefits and drawbacks of each legal structure)• Understand the concept of limited liability and which legal structures benefit from this• Evaluate which legal structure would be most appropriate for a variety of business examples, including new start-up businesses and large established businesses

3.1.3 Setting business aims and objectives	
Content	Additional information
<ul style="list-style-type: none">• What are business aims and objectives• Purpose of setting objectives• Role of objectives in running a business• Changing objectives• Use of objectives in judging success	<ul style="list-style-type: none">• Understand the main aims and objectives for businesses• Understand the role of objectives in running a business• Understand how and why the objectives set will differ between businesses• Understand how and why the objectives set may change as businesses evolve• Understand the success of a business can be measured in other ways than profit

3.1.4 Stakeholders	
Content	Additional information
<ul style="list-style-type: none"> • Main stakeholders of business • Objectives of stakeholders • Impact of business activity on stakeholders • Impact and influence stakeholders have on businesses 	<ul style="list-style-type: none"> • Understand what is meant by a stakeholder and who the main stakeholders of a business are • Understand stakeholders' main objectives • Understand the impact and influence stakeholders have on businesses and their objectives and how businesses may face conflict between stakeholders

3.1.5 Business location	
Content	Additional information
<ul style="list-style-type: none"> • Factors influencing the location decision of a business 	<ul style="list-style-type: none"> • Understand the factors that influence where a business is located

3.1.6 Business planning	
Content	Additional information
<ul style="list-style-type: none"> • The purpose of business planning • The main sections within a business plan • Basic financial terms • Basic financial calculations 	<ul style="list-style-type: none"> • Understand the reasons why businesses create plans • Understand the main sections of a business plan • Analyse the benefits and drawbacks of business planning • Understand the difference between variable costs, fixed costs and total costs • Understand the concept of revenue, costs, profit and loss

3.1.7 Expanding a business	
Content	Additional information
<ul style="list-style-type: none"> • Methods of expansion • Benefits and drawbacks of expansion • Economies of scale • Diseconomies of scale 	<ul style="list-style-type: none"> • Discuss the advantages and disadvantages of methods of growth • Understand the methods used by businesses when expanding • Understand the benefits of growth and the drawbacks of growth • Understand the meaning of purchasing and technical economies of scale • Understand that with growth businesses increase the risk of diseconomies of scale occurring • Calculate and interpret average unit costs

3.2 Influences on business (end of year 10 and year 11)

3.2.1. Technology	
Content	Additional information
<ul style="list-style-type: none"> E-commerce Digital communication 	<ul style="list-style-type: none"> Understand the impact of the changing use of ICT and how it influences business activity E-commerce to access wider markets Digital communication changing the way businesses communicate with stakeholders

3.2.2 Ethical and environmental considerations	
Content	Additional information
Ethical considerations	<ul style="list-style-type: none"> Identify and analyse where there may be a possible trade-off between ethics and profit Ethical behaviour requires businesses to act in ways that stakeholders consider to be both fair and honest
Environmental considerations: <ul style="list-style-type: none"> Impact on traffic congestion Recycling Disposal of waste Noise and pollution 	<ul style="list-style-type: none"> Demonstrate knowledge and understanding of how business and consumers accept greater environmental responsibility in their decision making and the costs and benefits of businesses behaving this way
Sustainability <ul style="list-style-type: none"> Global warming Using scarce resources 	<ul style="list-style-type: none"> Identify and analyse where there may be a possible trade-off between sustainability and profit

3.2.3 The economic climate on businesses	
Content	Additional information
Interest rates: <ul style="list-style-type: none"> How fluctuating interest rates can affect businesses that rely on overdrafts and loans for finance How fluctuating interest rates can affect consumer and business spending 	<ul style="list-style-type: none"> Understand how businesses might be affected by changes in the rate of interest
Level of employment	<ul style="list-style-type: none"> Identify how and why businesses might be affected by changes in levels of employment
Consumer spending	<ul style="list-style-type: none"> Discuss how demand for products and services may change as incomes fluctuate

3.2.4 Globalisation	
Content	Additional information
How UK businesses compete internationally, offering: <ul style="list-style-type: none"> Better designs Higher quality products at lower prices 	<ul style="list-style-type: none"> Understand globalisation and the benefits and drawbacks that it offers UK businesses.
Exchange rates	<ul style="list-style-type: none"> Impact of exchange rates on the profit and sales of those businesses that import and/or export

3.2.5 Legislation	
Content	Additional information
<ul style="list-style-type: none"> • Employment law • Health And Safety law • Consumer law 	<ul style="list-style-type: none"> • Impact of legislation on businesses • benefits of providing a safe working environment • Employment law including: <ul style="list-style-type: none"> • National minimum wage/living wage • The Equality Act (2010) • Health and safety law including: the Health and Safety at Work Act (1974) • Consumer law including trade descriptions

3.2.6 Competitive environment	
Content	Additional information
<ul style="list-style-type: none"> • Impact on businesses of operating in competitive markets • Uncertainty and risks businesses face 	<ul style="list-style-type: none"> • Understand the meaning of a market and competition • Analyse potential impacts of competition on businesses and identify situations when businesses face minimal or no competition • Understand the risks businesses face and the reasons why all businesses face uncertainty • Understand the reason why entrepreneurs embark on running businesses and the activities businesses can undertake to minimise risks

3.3 Business operations (year 11)

3.3.1 Production processes	
Content	Additional information
Methods of production: <ul style="list-style-type: none"> • Job • Flow 	<ul style="list-style-type: none"> • Understand job and flow production methods and understand when each is appropriate
Efficiency in production: <ul style="list-style-type: none"> • Lean production • Just in time (JIT) 	<ul style="list-style-type: none"> • Understand how production might be made more efficient by the use of lean production techniques

3.3.2 The role of procurement	
Content	Additional information
Managing stock: <ul style="list-style-type: none"> • Just in time (JIT) • Just in case (JIC) 	<ul style="list-style-type: none"> • Evaluate the use of managing of stock using JIT • benefits of reduced costs must be balanced against the cost of more frequent deliveries and lost purchasing economies of scale • benefits of having spare stock to satisfy demand balanced against the cost of holding buffer stock

<p>Factors affecting choice of suppliers including:</p> <ul style="list-style-type: none"> • Price • Quality • Reliability 	<ul style="list-style-type: none"> • Analyse the factors that affect the choice of suppliers for a given business
<p>The effects of procurement and logistics on a business, including:</p> <ul style="list-style-type: none"> • Efficiency • Lower unit costs <p>The value of effective supply chain management, including:</p> <ul style="list-style-type: none"> • Working with suppliers to ensure that key processes are running efficiently and cost effectively • Getting goods and services for the best price and value • Cutting any waste and unnecessary costs to create a streamlined process and fast production times 	<ul style="list-style-type: none"> • Understand what procurement and logistics are and their effect on a business • Understand that the benefits of reduced costs must be balanced against the quality of service • Understand what a supply chain is and recognise the benefits of managing an effective supply chain

3.3.3. The concept of quality	
Content	Additional information
Consequences of quality issues	<ul style="list-style-type: none"> • Understanding of customer expectations of quality in terms of production of goods and the provision of services • Identify how businesses identify quality problems and how businesses measure quality and the consequences of these issues
Methods of maintaining consistent quality: Total quality management (TQM)	<ul style="list-style-type: none"> • Aware of the methods of maintaining consistent quality and be able to identify the advantages to a business of using TQM
Costs and benefits of maintaining quality: <ul style="list-style-type: none"> • Additional sales • Image/reputation • Higher price • Inspection costs • Staff training • Product recalls • The provision of services 	<ul style="list-style-type: none"> • Aware of the possible quality issues as businesses grow, particularly if outsourcing and franchising is used

3.3.4 Good customer services	
Content	Additional information
<p>Methods of good service:</p> <ul style="list-style-type: none"> • Product knowledge • Customer engagement (creating a positive experience for the customer) • Post sales services (e.g. user training, help lines, servicing) 	<ul style="list-style-type: none"> • Understand the sales process

<p>Benefits of good customer service, including:</p> <ul style="list-style-type: none"> • Increase in customer satisfaction • Customer loyalty • Increased spend • Profitability <p>Dangers of poor customer service, including:</p> <ul style="list-style-type: none"> • Dissatisfied customers • Poor reputation via word of mouth • Reduction in revenue 	<ul style="list-style-type: none"> • Understand the importance of providing good service to customers and analyse the techniques businesses use to provide good customer service
<p>The ways in which advances in ICT have allowed customer services to develop:</p> <ul style="list-style-type: none"> • Websites • E-commerce • Social media 	

3.5 Marketing (year 10)

3.5.1 identifying and understanding customers	
Content	Additional information
The importance of identifying and satisfying customer needs	<p>The importance of identifying and satisfying customer needs, in order to:</p> <ul style="list-style-type: none"> • Provide a product or service that customers will buy • Increase sales • Select the correct marketing mix • Avoid costly mistakes • Be competitive

3.5.2 segmentation	
Content	Additional information
Types of segmentation	<p>Understand how and why different businesses use segmentation to target customers, including:</p> <ul style="list-style-type: none"> • Gender • Age • Location • Income

3.5.3 The purpose and methods of market research	
Content	Additional information
<p>Purpose of market research</p> <p>Collect information about:</p> <ul style="list-style-type: none"> • Demand • Competition • Target market 	<ul style="list-style-type: none"> • Understand why businesses conduct market research, such as to identify market opportunities and to get a better insight into their customers and competitors

<p>Methods of market research to include primary and secondary:</p> <ul style="list-style-type: none"> • Questionnaires • Surveys • Interviews • Focus groups • Internet research • Printed press e.g. newspapers 	<ul style="list-style-type: none"> • Identify the benefits and drawbacks for various market research techniques and select the best method for a given business
<p>Use of market research: information that may help decision making</p>	<ul style="list-style-type: none"> • Interpret and use qualitative and quantitative market research findings to help make appropriate decisions for different types of business • Manipulate and interpret data from tables and charts • identify market size and market share

3.5.4 The elements of the marketing mix: Price, Product, Promotion and Place (4Ps)

Content	Additional information
<p>Pricing methods, including:</p> <ul style="list-style-type: none"> • Price skimming • Price penetration • Competitive pricing • Loss leader • Cost-plus 	<ul style="list-style-type: none"> • Understand the main features of the pricing methods and the impact they will have on a business
<p>The factors that include pricing decisions, including:</p> <ul style="list-style-type: none"> • Costs • Nature of the market • Degree of competition • Product life cycle 	<ul style="list-style-type: none"> • Recognise the factors, internal and external, which might influence the pricing decision, particularly as businesses grow and expand • evaluate these factors and use them to assess the suitability of pricing methods for a given business • understand the basic relationship between price and demand ie as prices rise demand is likely to fall
<p>Product</p>	<ul style="list-style-type: none"> • Benefits and risks of developing new products • Importance of product design, image and the needs of the target market when designing new products
<p>Product differentiation:</p> <ul style="list-style-type: none"> • Unique Selling Point (USP) • Brand image 	<ul style="list-style-type: none"> • Significance of having a USP in a competitive market and the importance of a good brand image
<p>The product lifecycle:</p> <ul style="list-style-type: none"> • Research and development • Introduction • Growth • Maturity • Decline • Extension strategies: <ul style="list-style-type: none"> • Updating package • Adding more or different features • Changing target market • Advertising • Price reduction 	<ul style="list-style-type: none"> • Understand the product life cycle and demonstrate how demand for a product or service might change over time • Evaluate the effectiveness of extension strategies and when they would be suitable

Product portfolio	<ul style="list-style-type: none"> Understand how and why businesses might broaden and balance their product portfolio using the Boston Matrix Identify and explain the four categories of the Boston Box
<p>Promotional methods</p> <p>Advertising including:</p> <ul style="list-style-type: none"> Newspapers Magazines Television Internet Billboards <p>PR:</p> <ul style="list-style-type: none"> Sales promotion Point of sales displays 2 for 1 offers Free gifts Samples Coupons Competitions Sponsorship Social media <p>Factors influencing the selection of the promotional mix:</p> <ul style="list-style-type: none"> Finance available Competitor actions The nature of the product or service The nature of the market Target market <p>Reasons for promotion:</p> <ul style="list-style-type: none"> Inform/remind customers about the product Create or increase sales Create or change the image of the product Persuade customers to buy the product 	<ul style="list-style-type: none"> Promotional methods which are likely to be used by a given business. benefits and drawbacks of promotional methods used by businesses Analyse factors influencing the selection of the promotion mix to assess their suitability for a given business
<p>Place (the different channels of distribution used by businesses):</p> <ul style="list-style-type: none"> Retailers Wholesalers Telesales 	<ul style="list-style-type: none"> Different channels of distribution used by businesses to gain access to potential customers. Analyse the appropriateness of each distribution method for a given scenario
E-commerce and m-commerce	<ul style="list-style-type: none"> Analyse the growing importance of e-commerce and m-commerce and how it can extend the reach of businesses to include international markets Benefits and drawbacks of a business using e-commerce and m-commerce

<ul style="list-style-type: none"> • Integrated nature of the marketing mix • Using the marketing mix to inform and implement business decisions 	<ul style="list-style-type: none"> • Importance of the four elements and how they work together • Recommend appropriate marketing activities for a given business • Recognise how the marketing mix evolves over time and evaluate how businesses may react to this
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3.6 Finance (year 10)

3.6.1 Sources of Finance	
Content	Additional information
<ul style="list-style-type: none"> • Methods businesses use to raise finance • Appropriateness of sources of finance 	<ul style="list-style-type: none"> • Understand the main internal and external sources of finance available (including family and friends, retained profit, a new share issue, obtaining a loan or mortgage, selling unwanted assets, overdrafts, trade credit, hire purchase and government grants) • Analyse the advantages and disadvantages of each method for a given situation • Evaluate the suitability of sources of finance for new and established businesses

3.6.2 Cash flow	
Content	Additional information
<ul style="list-style-type: none"> • Importance of cash to business • Interpreting cash flow forecasts • Difference between cash and profit 	<ul style="list-style-type: none"> • Understand the consequences of cash flow problems and the effect of positive cash flow • Understand how and why cash flow forecasts are constructed • Complete and interpret sections of a cash flow forecast • Evaluate possible solutions to cash flow problems

3.6.3	
Content	Additional information
<ul style="list-style-type: none"> • Basic financial terms • Basic calculations • Average rate of return • Break-even 	<ul style="list-style-type: none"> • Understand the difference between variable costs, fixed costs and total costs • Understand the concept of revenue, costs, profit and loss • Understand the main investment projects that businesses undertake and to be able to calculate the average rate of return for these projects • Understand the meaning of the term break-even output and interpret break-even charts • Identify the break-even level of output and margin of safety from a break-even chart • Evaluate the value of using break-even analysis to a business

3.6.4 Analysing the financial performance of a business	
Content	Additional information
<ul style="list-style-type: none"> • Purpose of financial statements • Components of financial statements • Interpretation of data given on financial statements 	<ul style="list-style-type: none"> • Understand the importance of financial statements for assessing business performance and helping make business decisions • Identify the main components of the income statement and the statement of financial position • Understand the difference between assets and liabilities and that statement of financial position is a snapshot in time • Make judgements on the performance of a business through the interpretation of the information contained in income statements • Consider current performance, performance against previous years, performance against competitors and performance from the perspective of a range of stakeholders • Calculate gross profit margin and net profit margin to help assess financial performance

Child Development

Revision Check List

R018

Exam Technique:

- Underline key words in the question with a different colour.
- Look to see how many marks the question is worth.
- Check for command words e.g. **List** means name them, **explain**, requires detailed descriptions, examples and advantages and disadvantage regarding that topic.
- Longer answer questions:

6 mark questions require 4 detailed points and examples.

8 mark questions require 6 detailed points and examples



Topics to Revise: R018

Learning Objective 1:

- Factors that affect the decision to have children
- Pre-conception Health
- Roles and responsibilities of parenthood
- Methods of contraception, their efficiency and reliability
- The structure and function of the male and female reproductive systems.



Learning Objective 2:

- The roles of the different health professionals supporting the pregnant mother.
- The importance of antenatal and parenting classes.
- Routine checks carried out at an antenatal clinic.
- Specialised diagnostic tests.
- The choices available for delivery.
- The stages of labour and the methods of delivery, including pain relief.



Learning Objective 3:

- The postnatal checks of the newborn baby.
- The specific needs of the pre-term (premature) baby.
- The postnatal provision available for the mother and baby, and the postnatal needs of the family.
- Conditions for development.



Learning Objective 4:

- How much immunity to disease and infection can be acquired.
- How to recognise and treat common childhood ailments and diseases.
- When to seek treatment by a doctor, and when emergency medical help should be sought.
- Diet-related illnesses.
- The needs of an ill child.
- How to prepare a child for a stay in hospital.



Learning Objective 5:

- How to create a safe, child-friendly environment.
- Safety labelling.
- To be aware of the most common childhood accidents.
- Social safety.

Lion Mark - Toy safety



OCR GCSE Computer Science (J276)

Specification: <http://www.ocr.org.uk/qualifications/gcse-computer-science-j276-from-2016/>

You will have two exam papers, each lasting 1 hour 30 minutes:

- Computer systems (J276/01)
- Computational thinking, algorithms and programming (J276/02)

You will need to attempt all questions; each exam paper will be a whole new unseen paper which is being provided by OCR. The papers will include a mixture of short and long answer questions, some of which will require you to write pseudocode/algorithms. Remember you will not be allowed to use a calculator.

You may find it useful to practice your programming skills – use <https://www.codecademy.com/> and <http://www.learnpython.org/>

To prepare for the PPEs you should:

- Refer to your colour coded specification
 - o Start your revision using the red coloured sections , then do the orange ones, then the green ones
- Use the textbook – attempt end of chapter questions as well as using your own notes/previous exam papers
- Presentations on the N drive
- Past Papers and mark schemes for the old specification can be found here under the subheading past papers, mark schemes and reports: <http://www.ocr.org.uk/qualifications/gcse-computing-j275-from-2012/>

Other useful resources:

GCSE MOOC – you should have already registered as a learner - <https://www.cambridgegcsecomputing.org/>

Teach-ict.com (Username – RG411EE, Password: binary9) :

http://www.teach-ict.com/2016/GCSE_Computing/OCR_J276/OCR_J276_home.html

BBC Bitesize GCSE Computer Science: Although not specific to our course, there is a lot of useful information and quizzes to be used on there. <http://www.bbc.co.uk/education/subjects/z34k7ty>

You should be keeping up to date with technology news:

BBC Click: http://news.bbc.co.uk/1/hi/programmes/click_online/

BBC Technology news: <http://www.bbc.co.uk/news/technology/>

The Guardian Technology news: <http://www.guardian.co.uk/technology>

The Daily Telegraph technology news: <http://www.telegraph.co.uk/technology/>

How Stuff Works: <http://electronics.howstuffworks.com/tech>

YouTube Playlists:

CraignDave - <https://youtu.be/t8H6-anK0t4?list=PLCiOXwirraUAvkTPDWeeSqAKty3LAG37->

Computer Science Tutor - https://www.youtube.com/playlist?list=PL04uZ7242_M60Z2F8qV7sld99cuwV_Z3T

Design & Technology – Core

(This applies to all material areas)

Key areas	I know this	Ask for support
1.1 The impact of new and emerging technologies		
1.2 Evaluating new and emerging technologies to inform design decisions		
1.3 Energy Generation, storage and choosing appropriate sources		
1.4 Smart and composite materials and technical textiles		
1.5 Mechanical devices used to produce movement – Levers and Cams		
1.6 Electronic systems		
1.7 Programmable components		
1.8 Categorisation of ferrous & Non-ferrous metals		
1.9 Papers and Boards		
1.10 Thermoforming and Thermosetting polymers		
1.11 Fibres and textiles		
1.12 Natural and manufactured Timbers		
1.13 Design & technological practice in context which informs outcomes		
1.14 Challenges that influence D&T processes of design & making		
1.15 Analysis of Professionals and companies that inform design		
1.16 Design strategies		
1.17 Communication techniques used to present designs		
Basic Maths		

Design & Technology - Textiles

Key areas	In particular	I know this	Ask for support
6.1 Design contexts	Context Analysis Design Brief Research Specification Designs Development Final Design Planning Making Evaluating Testing Modification Use of ICT in designing		
6.2 Properties of fibres and social implications including Sustainability	The properties and uses of a larger range of natural and synthetic fibres and the origins The 6Rs Social moral and cultural issues Environmental issues Globalisation		
6.3 Selecting natural synthetic blended and mixed fibre textiles	The fabrics you chose have a social and ecological impact Types of finishing techniques and surface treatments Selection of the most appropriate fibres and textiles for projects		
6.4 the impact of forces and stresses on textiles and the processes of reinforcing and stiffening	That the materials will undergo forces when being used Different techniques used to reinforce textiles		
6.5 Stock forms, types sizes used	What the stock sizes are and how they are calculated		
6.6 Processes used to manufacture typical products to different scales of production and Construction methods Industrial production	Weaving Knitting Joining fabrics Patterns and marking Care labelling and symbols Job, batch, mass, and JIT production Dyeing and printing Patterns grading and lay planning Health and safety QA & QC Use of ICT in production- CAD/CAM		
6.7 Specialist techniques for high quality textiles prototypes	The different techniques used to assemble high quality prototypes		
6.8 Surface treatments/ finishes	Finishing techniques and surface treatments Decorative techniques Printing techniques Chemical treatments		
There will be some long answer questions so please be prepared to write a few paragraphs, check spelling (sometimes the words you use are in the exam paper already so copy the correct spelling!), grammar and punctuation.			

Design & Technology – Resistant Materials

Key areas	In particular	I know this	Ask for support
4.1 Design Contexts	Key words – definitions and examples and reasons for each Context Analysis Design Brief Research Specification Designs Development Final Design Planning Making Evaluating Testing Modification		
4.2 Sources and properties and Environmental impact of plastics	The types properties and structures of polymers not outlined in the core section of polymers Components and manufacturing processes, advantages and disadvantages of using polymers The social and ecological footprint of polymers, plastic disposal, plastic production and transportation		
4.3 Selecting polymers	The various factors affecting the selection of polymers, how aesthetic, environmental, availability , cost and social factors can influence the selection of polymers		
4.4 Impact of forces and stresses	Context with which polymers need to withstand forces and stresses, how polymer items are reinforced and stiffened and the forces and stresses that act upon products made from polymers		
4.5 Calculating quantities	Standard forms that polymers are available, how to calculate cross sectional areas and diameters of materials		
4.6 Alternative Manufacturing processes	Plastic moulding techniques		
4.7 Specialist techniques for making prototypes of products	Techniques to shape and form polymers, the tools used, techniques to bend and vacuum forming methods to form polymers.		
4.8 Surface treatments	The different surface treatment and finishes that can be applied to the different polymers		
Basic Maths	To apply to questions areas, use of basic formulas		
There will be some long answer questions so please be prepared to write a few paragraphs, check spelling (sometimes the words you use are in the exam paper already so copy the correct spelling!), grammar and punctuation.			

Design & Technology – Graphics

Key areas	In particular	I know this	Ask for support
3.1 Design contexts	Key words – definitions and examples and reasons for each: <i>Context</i> <i>Analysis</i> <i>Design Brief</i> <i>Research</i> <i>Specification</i> <i>Designs</i> <i>Development</i> <i>Final Design</i> <i>Planning</i> <i>Making</i> <i>Evaluating</i> <i>Testing</i> <i>Modification</i>		
3.2 The sources origins and properties of papers and boards	Different materials used to package products – reasons – advantages and disadvantages		
3.3 Selection of papers & boards	The various factors affecting the selection of papers and boards		
3.4 Forces and stresses	That the materials will undergo forces when being processed and used Different techniques used to reinforce materials		
3.5 Stock forms, types sizes and calculations required	What the stock sizes are		
3.6 Manufacturing processes for different scales of production Manufacturing systems	Different types of production e.g. Offset Lithography, Flexography, Gravure, and screen printing, Low level production e.g. Photocopying, digital and letter press. One off / batch / mass – costs JIT		
3.7 Specialist techniques for high quality paper.	Range of hand processes, and the differences in letter forms.		
3.8 Surface treatments and finishes of papers and boards	Types of finishing techniques and surface treatments that can be applied to paper and board.		
Basic Maths	To apply to questions areas, use of basic formulas		
There will be some long answer questions so please be prepared to write a few paragraphs, check spelling (sometimes the words you use are in the exam paper already so copy the correct spelling!), grammar and punctuation.			



How to be a successful AQA Drama GCSE Student.

The written exam is your chance to share your expertise with the examiner, showing your knowledge and understanding of the set text (The 39 Steps) as well as your analytical and evaluation skills in reviewing a live theatre production.

You will be provided with a clean copy of your set text, 'The 39 Steps' which you need, to answer questions in Section B.

The exam is 1 hour 45 minutes

Section A: Theatre roles and terminology

Multiple choice (4 Marks)

Section B: Study of set play

Four questions on a given extract from the set play chosen (44 marks)

Section C: Live theatre production

One question (from a choice) on the work of theatre makers in a single live theatre production (32 marks)

Create a flash card for each of the following topics	
Topic	Flashcard
Section A: Theatre roles and terminology	
STAGE POSITIONING (E.G. STAGE RIGHT, DOWNSTAGE, ETC)	
STAGING CONFIGURATION: THEATRE IN THE ROUND	
STAGING CONFIGURATION: PROSCENIUM ARCH	
STAGING CONFIGURATION: THRUST STAGE	
STAGING CONFIGURATION: TRAVERSE	
STAGING CONFIGURATION: END ON	
STAGING CONFIGURATION: PROMENADE	
ROLE AND RESPONSIBILITY: PLAYWRIGHT	
ROLE AND RESPONSIBILITY: PERFORMER	
ROLE AND RESPONSIBILITY: UNDERSTUDY	
ROLE AND RESPONSIBILITY: LIGHTING DESIGNER	
ROLE AND RESPONSIBILITY: SOUND DESIGNER	
ROLE AND RESPONSIBILITY: SET DESIGNER	
ROLE AND RESPONSIBILITY: COSTUME DESIGNER	
ROLE AND RESPONSIBILITY: PUPPET DESIGNER	
ROLE AND RESPONSIBILITY: TECHNICAL	
ROLE AND RESPONSIBILITY: DIRECTOR	
ROLE AND RESPONSIBILITY: STAGE MANAGER	
ROLE AND RESPONSIBILITY: THEATRE MANAGER	

Section B: Study of set play	
SOCIAL CONTEXT	
CULTURAL CONTEXT	
HISTORICAL CONTEXT	
PLOT: Act 1	
PLOT: Act 2	
CHARACTER INTERPRETATION : Hannay	
CHARACTER INTERPRETATION: Pamela	
CHARACTER INTERPRETATION: Professor Jordon	
CHARACTER INTERPRETATION: Margaret	
CHARACTER DEVELOPMENT: Hannay	
CHARACTER DEVELOPMENT: Pamela	
CHARACTER DEVELOPMENT: Professor Jordon	
CHARACTER DEVELOPMENT: Margaret	
LIGHTING: Act 1	
LIGHTING: Act 2	
SET: Act 1	
SET: Act 2	
SOUND: Act 1	
SOUND: Act 2	
Section C: Live theatre production	
GENERAL NOTES (TITLE, VENUE, SYNOPSIS, ETC)	
PERFORMER 1 (INCLUDING KEY QUOTES)	
PERFORMER 2 (INCLUDING KEY QUOTES)	
PERFORMER 3 (INCLUDING KEY QUOTES)	
SET DESIGN NOTES	
COSTUME DESIGN NOTES	
LIGHTING DESIGN NOTES	
SOUND DESIGN NOTES	

Revision Task to prepare for the written exam	
Task	Completed
Section B: Set text	
Re-read the play	
How to answer questions – decode the question	
Read exemplar answers	
Character interpretation	
Character development	
Revisit your notes on the context: 1930s fashion, furniture, Alfred Hitchcock, John Buchan	
Section C: Live Theatre Review	
Re-watch <i>Thigs I Know to be True</i> on Digital Theatre	
How to answer, using the DAE structure	
Analysing two moments from the play looking at Vocal and physical skills	
Read the 'Frantic Assembly' resource pack on FROG to further your understanding of interpretations.	
Read theatre reviews on the performance to further your knowledge of the play.	
Study the pictures on FROG to remember key scenes where actors' physicality, facial expressions, costumes, use of set or lighting communicated mood.	
Use your GCSE pocket revision book to revise key drama terminology to support this question.	

Economics - Part 1 and Part 2 Checklist

	☺	☹	☹
Part 1 - Introduction to Economics			
Main economic groups			
Explain the role of the main economic groups: consumers, producers and the government, including their interdependence			
Factors of Production			
Explain the factors of production: land, labour, capital and enterprise including how they might be combined			
The basic economic problem			
Explain what is meant by scarce resources and unlimited wants			
Explain the economic problem, including the questions of how resources should be allocated, what, for whom and how goods and services should be produced			
Explain what is meant by opportunity cost			
Evaluate the costs and benefits of economic choices, including the impact on economic, social and environmental sustainability			
Part 2 – The role of markets and money			
The role of markets			
Explain what is meant by a market			
Explain the features of the primary, secondary and tertiary sectors, including the difference between the production of goods and services			
Explain the difference between factor and product markets, including their interdependence			
Evaluate the costs and benefits of specialisation and exchange in markets including for producers, workers, regions and countries			
Demand			
Explain what is meant by demand			
Draw and explain a demand curve using data, including individual and market demand			
Draw shifts of, and movements along, the demand curve			
Analyse the causes and consequences for consumers and producers, of shifts of, and movements along, the demand curve			
Explain price elasticity of demand			
Draw demand curves of different elasticity			
Evaluate the importance of price elasticity of demand for consumers and producers			
Supply			
Explain what is meant by supply			
Draw and explain a supply curve using data, including individual and market demand			
Draw shifts of, and movements along, the supply curve			
Analyse the causes and consequences for consumers and producers, of shifts of, and movements along, the supply curve			
Explain price elasticity of demand			
Draw supply curves of different elasticity			
Evaluate the importance of price elasticity of supply for consumers and producers			
Price			
Explain price as a reflection of worth and its role in determining an efficient			

distribution of resources			
Explain what is meant by equilibrium in price and quantity			
Draw and analyse the interaction of demand and supply			
Explain the role of markets in the determination of price and the allocation of resources			
Analyse how the market forces of demand and supply affect equilibrium price and quantity			
Competition			
Explain competition between producers in a market economy, including the reasons why producers compete			
Analyse how competition affects price			
Evaluate the economic impact of competition on producers and consumers			
Explain the meaning of monopoly and oligopoly and how they differ from competitive markets			
Production			
Explain the role of producers, including individuals, firms and the government			
Evaluate the importance of production and productivity for the economy			
Calculate and explain total cost, average cost, total revenue, average revenue, profit and loss			
Evaluate the importance of cost, revenue, profit and loss for producers, including how costs and revenues affect profit and supply			
Explain what is meant by economies of scale			
The Labour Market			
Explain the role and operation of the labour market, including the interaction between workers and employers			
Analyse the determination of wages through supply and demand, including factors affecting the supply and demand of labour			
Explain and calculate gross and net pay, including deductions through income tax, national insurance and pension contributions			
The role of money and financial markets			
Explain the role of money as a medium of exchange			
Explain the role of the financial sector for the economy, including financial institutions such as banks, building societies and insurance companies			
Evaluate the importance of the financial sector for consumers, producers and government			
Analyse how different interest rates affect the levels of saving, borrowing and investment			
Calculate the effect on savings and borrowings of changes in the rate of interest			

Economics - Part 3 and Part 4 Checklist

	😊	😐	😞
Part 3 – Economic objectives and the role of government			
Economic growth			
Explain what is meant by economic growth			
Calculate and explain how economic growth is measured with reference to Gross Domestic Product (GDP) and GDP per capita			
Analyse recent and historical GDP data			
Analyse the determinants of economic growth, including investment, changes in technology, size of workforce, education and training, availability of natural resources and government policies			
Evaluate the costs and benefits of economic growth, including the impact on economic, social and environmental sustainability			
Low unemployment			
Explain what is meant by employment and unemployment			
Explain how unemployment is measured using the Claimant Count			
Calculate the unemployment rate			
Analyse recent and historical unemployment figures			
Explain the types of unemployment, including cyclical, frictional, seasonal and structural unemployment			
Evaluate the causes and consequences of unemployment for individuals, regions and the government			
Fair distribution of income			
Explain what is meant by the distribution of income, including different types of income and the difference between income and wealth			
Calculate income and wealth			
Evaluate the causes of differences in the distribution of income and wealth and the consequences for an economy			
Price Stability			
Explain what is meant by price stability and inflation, including the difference between real and nominal values			
Explain how inflation is measured using the Consumer Price Index (CPI)			
Calculate the effect of inflation on prices			
Analyse recent and historical inflation figures			
Evaluate the causes of inflation and the consequences for consumers, producers, savers and the government			
Fiscal Policy			
Explain purposes of government spending and sources of government revenue, including direct and indirect taxes			
Explain what is meant by a balanced government budget, budget surplus and budget deficit			
Explain what is meant by fiscal policy and how it can be used to achieve economic objectives			
Calculate and analyse how taxes and government spending can affect markets as well as the overall economy			
Evaluate the costs, including opportunity cost, and the benefits of fiscal policy on the economy to achieve economic objectives			
Evaluate economic consequences of measures to redistribute income and wealth, including progressive taxes			
Monetary Policy			

Explain what is meant by monetary policy and how it can be used to achieve economic objectives			
Analyse how monetary policy can affect growth, employment and price stability			
Evaluate the effects of monetary policy on consumer spending, borrowing, saving and investment			
Supply Side Policies			
Explain what is meant by supply side policy and how it can be used to achieve economic objectives			
Evaluate the costs, including opportunity cost, and the benefits of supply side policies for the economies			
Limitations of markets			
Explain what is meant by positive and negative externalities			
Explain government policies to correct positive and negative externalities, including taxation and subsidies, state provision, legislation and regulation and information provision			
Evaluate the use and impact of government policies to correct positive and negative externalities			
Evaluate the costs, including opportunity cost, and the benefits of government policies to correct positive and negative externalities			
Part 4 – International trade and the global economy			
Importance of international trade			
Explain why countries import and export goods and services and the benefits of this for consumers and producers			
Explain free trade agreements including the European Union			
Balance of Payments			
Explain the balance of payments on current account			
Explain the meaning of a balanced current account, a current account surplus and current account deficit			
Calculate deficits and surpluses			
Analyse recent and historical data on exports and imports			
Evaluate the importance of the balance of payments on current account to the UK economy			
Evaluate the causes of surpluses and deficits of the BoP on current account			
Exchange Rates			
Draw and analyse how exchange rates are determined through the interaction of supply and demand			
Calculate currency conversion			
Analyse recent and historical exchange rate data			
Evaluate the effect of changes in the exchange rate on consumers and producers			

FOOD AND NUTRITION

GUIDANCE AND REVISION IDEAS FOR YEAR 11

Pre – Public Examination 2020

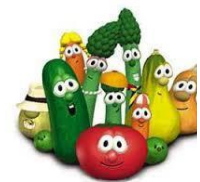


- Read the questions carefully before you begin, highlight the key words in a coloured pen to show you understand the meaning of a question. It is essential you do not isolate the knowledge you have gained so far in your controlled assessment. You should be able to transfer skills and knowledge to the demands of some of the questions on the paper.
- One word answers are rarely sufficient; you are advised to make use of the mark allocation on the paper as an indication of the depth of response required. This will also give you an idea of how long to spend on each question.
 - Look at all of the work we have covered since the beginning of Year 10.
- Think clearly about your answers - check both sides of the paper so you do not miss anything out.
- Be as neat as you can.



KEY AREAS FOR YOU TO FOCUS ON:

- NSP
- The Eat well Plate
- Considerations relating to obesity, health concerns and low fat foods
- Energy Balance / Energy Requirements
- Methods of Cooking / Heat transfer
- Locally sourced ingredients / Red tractor
- Gelatinisation
- Lactose intolerance choice of food products instead of dairy



Food Preparation & Nutrition GCSE

Personal Learning Checklist

	R	A	G
Nutrition and Health			
Balanced Diet/eatwell guide			
Macronutrients			
Carbohydrates (Sources and function of)			
Monosaccharides and Disaccharides (sugars)			
Polysaccharides (starch)			
NSP/Non Soluble Polysaccharides (fibre)			
Protein (Sources and function of)			
High Biological Value			
Low Biological Value			
Protein complementation			
Fats (Sources and function of)			
Saturated fats			
Unsaturated fats			
Micronutrients			
Fat soluble vitamins			
Vitamin A (sources and function of)			
Vitamin D (sources and function of)			
Vitamin E (sources and function of)			
Vitamin K (sources and function of)			
Water soluble vitamins			
B vitamins (sources and function of)			
Vitamin C (sources and function of)			
Minerals			
Calcium (sources and function of)			
Sodium (sources and function of)			
Iron (sources and function of)			
Phosphorus (sources and function of)			
Fluoride (sources and function of)			
Iodine (sources and function of)			
Fortification			
Nutrition related health conditions			
Effects of nutrient deficiency or excess			
Energy balance and PAL			
Water intake			
Cooking and heat transfer			
Why food is cooked			
Heat transfer methods			
Conduction			
Convection			
Radiation			
Selecting appropriate cooking methods			
Water based			
Fat based			
Dry heat			
Food choice			
Physical Activity Level			
Life style influences			
Seasonality			
Religion, culture and moral belief			
Medical conditions			
Food labelling and marketing			

Food Preparation & Nutrition GCSE contd. - Personal Learning Checklist		R	A	G
Functional and chemical properties of foods				
	Protein			
	Protein structure			
	Protein denaturation and coagulation			
	Heat – setting (baked cheesecake)			
	Acid – setting (chilled lemon cheesecake)			
	Acid – marinating meat proteins			
	Agitation – gluten formation			
	Aeration and agitation - foams			
	Heat, acid and agitation – Cheese making			
	Carbohydrates			
	Structure of Carbohydrates			
	Monosaccharides, disaccharides & polysaccharides			
	Gelatinisation			
	Dextrinisation			
	Caramelisation			
	Fats			
	Structure of fats			
	Plasticity			
	Shortening			
	Aeration			
	Emulsions			
	Aeration			
	Biological raising agents (how yeast aerates)			
	Chemical raising agents (understanding the differences, pros & cons)			
	Bicarbonate of Soda			
	Baking Powder			
	Methods and examples of mechanical aeration			
	Process of steam aeration			
Food Safety				
	Food Spoilage			
	Enzymic browning and oxidation of fruit and vegetables			
	Micro-organisms			
	Mould			
	Pathogenic bacteria			
	Conditions needed for micro-organisms			
	Preventing cross-contamination			
	Preservation and food storage			
	Temperatures for storing, cooking and serving foods			
	Packaging, best before and use by dates			
Food provenance and sustainability				
	Food sources			
	Primary and secondary processes			
	Genetically modified foods			
	Environmental and Sustainability impact of food production and processing			
	Organic farming			
	Fair trade			
	Food miles			
	Carbon footprint			
	Livestock conditions			
	Sustainable fishing			

French

Revision for Higher Writing PPE

This exam will involve -

- one 90 word essay on 4 bullet points
- one 150 word essay on 2 bullet points
- translation from English to French

In addition to general revision on the topics we have covered so far in the course and grammar structure, focus on the following -

- What you do in your free time
- Your house, town and region
- Family and Relationships
- School
- Holidays

Revision for Foundation Writing PPE

This exam will involve -

- 4 statements describing a picture
- one 40 word response on 4 bullet points
- translation from English to French
- one 90 word essay on 4 bullet points

In addition to general revision on the topics we have covered so far in the course and grammar structure, focus on the following -

- House, town and region
- Holidays
- School
- What you do in your free time
- Family and Relationships

For both tiers of entry please:

Ensure that you can give a range of opinions and explain your views in detail.

Revise how to connect your sentences effectively.

Check that you can include examples of a range of tenses (even if the question does not explicitly request them).

Prepare to make use of a wide range of vocabulary and structures in your work.

YEAR 11 French GCSE PPE 2020 FOUNDATION READING VOCAB

As part of your revision, fill in the English meanings.

Why not make a Quizlet to revise the words?

Section A	
Passer ma vie	
Doux	
Un ensoleillement	
Une colline	
La gastronomie	
Prête	
La rentrée	
Avoir besoin	
Rencontrer	
Gagner du temps	
Le gout	
Le metier	
Tard	
Tôt	
Le patron	
Le chômage	
Perdre	
Rien	
Les études	
Les loisirs	
Des meubles	
La mort	
Le propriétaire	
Voir	
Les déchets	
Les transports en commun	
Le chauffage	
La matière	
Gratuity	
Une séance	
Avoir envie ds	
Pleurer	
Suivre	
Le travail bénévole	
Les affaires	
dépenser	

As part of your revision, fill in the English meanings.

Why not make a Quizlet to revise the words?

Section A	
Les loisirs	hobbies
Une entreprise	business
Se reposer	to relax
étrangers	stranger, foreigner
Un réveil	alarm clock
À la mode	fashionable
Ce n'est pas juste	It's not fair
En désordre	untidy, in disarray
Argent de poche	pocket money
Ouvert	open
La faim	hunger
l'incendie	fire
Voler	to steal, to fly
En grève	on strike
La pluie	rain
Propre	clean, own
L'eau du robinet	tap water
Pollué	polluted
Section B	
Né	born
Essayer	to try
rejoindre	to meet, to catch up with
J'ai envie de	I want to ...

As part of your revision, fill in the English meanings.

Why not make a Quizlet to revise the words?

Section A	
en avoir marre	
vol	
l'hôtesse	
louer	
le trajet	
quant	
construire	
réussir	
inquiet	
égal	
une telle chose	
gestes	
rémunéré	
compter	
ne ... aucune	
faculté	
loyer	
chômage	
essayer	
aussitôt	
licenciée	
se sentir	
coupable	
pire	
laisser tomber	
endroit	
en colère	
se conseiller	
fauteuil	
perte de temps	
espérait	
m'ennuie	
bijou	
au milieu	
tort	
sauf	
pleurer	
se détendre	
semble	
la circulation	
gaz d'échappement	
malgré	
sans-abris	
puisque	

YEAR 11 French GCSE PPE 2020 HIGHER LISTENING VOCAB

As part of your revision, fill in the English meanings.

Why not make a Quizlet to revise the words?

Section A	
l'incendie	
Voler	
En grève	
La pluie	
La commande	
Sauf	
Les pistes cyclables	
Les embouteillages	
(les voitures) Rouler	
Moins	
Furieux	
Plus d'emplois	
Enfermer	
Couteuse	
N'assure pas	
Télécharger	
Le grand écran	
À voix haute	
Même si	
Ne compter pas	
Un baccalauréat	
Rendre intéressant	
La bijouterie	
Attirer	
Abondantes	
Les produits locaux	
Propre	
L'eau du robinet	
Section B	
Né	
Essayer	
rejoindre	
Rêver	
Quelque chose	
Un bout de papier	
Le sommeil	
Trop tard	
Trop tôt	
La fatigue	

OPINIONS (French)

Opinion phrases

Je pense que- I think that

Je crois que.....- I believe that

Il me semble que..... – It seems to me that

J'aime – I like

J'adore - I love

Je n'aime pas - I don't like

Je déteste - I hate

Je préfère – I prefer

Explanation of opinions

Parce que c'est drôle	because it is fun
Parce que c'est fascinant	because it is interesting
Parce que c'est facile	because it is easy
Parce que c'est plus que	because it is more than.....
Bienque c'est stupide	although it is stupid

CONNECTIVES

Basic

mais - but

et - and

ou - or

car because

Advancing

cependant - however

donc- so

d'abord- first

après- after that

enfin– finally

aussi - also

malheureusement– unfortunately

heureusement - fortunately

plus tôt– earlier

plus tard- later

Subordinating conjunctions

bienque - although

que- that

quand- when

si- if

pendant que- while

TENSES

1. Present

1. Aujourd'hui - today
2. normalement - normally
3. le matin- in the morning
4. dans l'après-midi- in the afternoon
5. samedi - on Saturday
6. le samedi- on Saturdays
7. à huit heures – at 8.00
8. à une heure- at 1.00

Present tense verbs

ê– to be	avoir– to have
Je suis - I am	J'ai- I have
Tu es - you are	Tu as - you have
Il/elle est - he / she is	Il / elle / on a - he / she / it has
Ils / elles sont - they are	Ils/elles ont -they have

Useful present tense verbs

1. je joue – I play
2. je mange – I eat
3. je bois – I drink
4. je porte – I wear
5. Je reste – I stay
6. Je lis – I read
7. Je vois – I see
8. Il y a – there is/are
9. Je peux.....jouer - I can play; on peut.....jouer – one/you can play

2. Past tense

Past time phrases

1. hier - yesterday
2. la semaine dernière - last week
3. l'année dernière - last year
4. il y aans - ... years ago
5. quand j'étais plus jeune - when I was younger

Perfect tense verbs

J'ai mangé une pizza	I ate pizza
J'ai bu un coca cola	I drank coke
J'ai regardé des films	I watched films
J'ai fait mes devoirs	I did my home learning
J'ai joué au tennis	I played tennis

C'était marrant / drôle	It was fun
J'ai fait les magasins	I went shopping
Je suis allé(e) aux Etats-Unis	I went to America
Je suis resté) dans un hôtel	I stayed in a hotel

Imperfect tense (used to)

Je mangeais de la pizza	I used to eat pizza
Je buvais du coca	I used to drink coke
Je regardais des film	I used to watch films
Je faisais mes devoirs	I used to do my home learning
Je jouais au tennis	I used to play tennis
Je faisais du shopping	I used to go shopping
Je visitais les Etats-unis	I used to go to America
Je logeais dans un hôtel	I used to stay in a hotel

Useful phrases

Il y avait – there was/were

Il faisait beau/chaud/froid – It was sunny/hot/cold

Il pleuvait- It was raining

Il neigeait- It was snowing

C'était rigolo/barbant – it was fun/boring

3. Future tense

Future time phrases

1. demain- tomorrow
2. dans l'avenir - in the future
3. la semaine prochaine - next week
4. la semaine prochaine - next year
5. quand je suis plus âgé(e) - when I'm older

To form the future tense

For the 'I' form add ai to the end of the infinitive for most regular verbs

Je jouerai- I will play

Je visiterai- I will visit

Watch out for the irregulars

J'aurai- I will have

Je sortirai- I will go out

Je serai riche – I will be rich

Nous irons en Australie – we will go to Australia

4. Conditional tense – what would you do, if...?

The conditional tense

J'aurais – I would have

Je serais – I would be

Je voudrais – I would like

3.5.1 Rubrics and instructions AQA

German GCSE

The following is a guide to the sort of rubrics and instructions which will be used in Section B of the Listening and Reading exams. The list is indicative, not exclusive.

German	English
Achtung! Du kannst die Buchstaben mehr als ein Mal benutzen.	N.B. You can use the same letter more than once.
Beantworte die beiden Teile der Frage.	Answer both parts of the question.
Beantworte die Fragen auf Deutsch.	Answer the questions in German.
Beantworte diese Fragen.	Answer these questions.
Ergänze ... auf Deutsch.	Complete... in German.
Ergänze den folgenden Text mit jeweils einem Wort von der Liste unten.	Complete the following gap-text with one word for each gap from the list below.
Ergänze die Lücken.	Fill in the gaps/blanks.
Ergänze die Tabelle auf Deutsch.	Complete the table in German.
Erwähne einen positiven Aspekt/einen Vorteil/einen negativen Aspekt/einen Nachteil.	Mention one positive aspect/one advantage/one negative aspect/one disadvantage.
Es ist welche Person? Schreibe den Namen ins Kästchen.	Which person is it? Write the name in the box.

German

English

Füll die Tabelle auf **Deutsch** aus.

Complete the table in **German**.

Für eine negative Meinung, schreib **N**, für eine positive Meinung, schreib **P**, für eine positive und negative Meinung, schreib **P + N**.

For a negative opinion, write **N**, for a positive opinion, write **P**, for a positive and negative opinion, write **P + N**.

Gib (zwei) Details.

Give (two) details.

Hör das folgende Gespräch/die folgende Diskussion/das folgende Interview/den folgenden Bericht.

Listen to the following conversation/discussion/interview/report.

Lies ...

Read...

Schreib den richtigen Buchstaben ins Kästchen.

Write the correct letter in the box.

Schreib **R**, wenn die Aussage richtig ist, **F**, wenn die Aussage falsch ist, **NT**, wenn die Aussage nicht im Text ist.

Write **(R)**, if the statement is correct, **(F)**, if the statement is false and **(NT)**, if the statement is not mentioned.

Vollständige Sätze sind **nicht** nötig.

It is not necessary to write in full sentences.

Wähle die richtige Aktivität und schreib den Buchstaben ins Kästchen.

Choose the correct activity and write the correct letter in the box.

Welche **(sechs)** Aussagen sind richtig?

Which **(six)** statements are correct?

Welche Antwort ist richtig?

Which answer is correct?

The following is a guide to the sort of rubrics and instructions which will be used in the Writing exam. The list is indicative, not exclusive.

German	English
Beschreib...	Describe...
Du musst ungefähr 40 Wörter auf Deutsch schreiben.	You must write approximately 40 words in German .
Du musst ungefähr 90 Wörter auf Deutsch schreiben. Schreib etwas über alle Punkte der Aufgabe.	You must write approximately 90 words in German . Write something about each bullet point.
Du musst ungefähr 150 Wörter auf Deutsch schreiben. Schreib etwas über beide Punkte der Aufgabe.	You must write approximately 150 words in German . Write something about both bullet points.
Schreib...	Write...
Schreib etwas über...	Write something about...
Schreib vier Sätze auf Deutsch über das Foto.	Write four sentences in German about the photo.
Vergleich...	Compare...

Revision for Foundation Writing PPE in German

This exam will involve -

- Writing 4 sentences in German about a picture
- Writing 40 words in German about 4 bullet points
- **Translation from English to German**
- Writing one 90 word essay on 4 bullet points

Revise the following topics -

- Family
- School
- What you do in your free time
- Social issues
- Holidays
- Mobile phones
- Where you live
- Jobs and Careers

Ensure that you can give an opinion and explain why you think that.

Revise how to connect your sentences effectively.

Check that you can use three tenses. We would suggest past, present and future.

Use the grammar notes below to help you.

Foundation Listening

der Bahnhof	The station
die Bäckerei	The bakery
die Apotheke	The pharmacy
neben	Next to
die Blockflöte	Flute
die Klarinette	Clarinet
gern	like
einfach	easy
vergessen	To forget
nichts für mich	Not for me
zu viel	Too many
da	There/ so
gesund	healthy
der Zucker	sugar
der Körper	body
der Kuchen	cake
die Kekse	biscuits
das Fleisch	Meat
voller Vitamine	Full of vitamins
die Einwohner	population
faul	Lazy
die Abfalleimer	Rubbish bins
benutzen	To use
werfen	To throw
der Müll	Rubbish
ekelhaft	Disgusting
die Angst	fear
das Meer	The sea
verschmutzt	To pollute
früher	Earlier/ before
jede Stunde	Every hour
die Fahrkarten	Tickets (for travel)
teuer	Expensive
heiraten	To get married
eine Familie gründen	To start a family
genug	Enough
die Hochzeit	Wedding
bezahlen	To pay
eine Stelle	A job
die Fabrik	Factory
tun	To do
arbeitslos	Unemployed
Einen anderen	Someone else
verlassen	To leave
schon	Already
wieder	Again
kaputt	Broken
die Beziehung	The relationship
je	Every
vor	Ago/ in front

geheiratet	Married
jetzt	Now
mieten	To rent
die Wohnung	The flat
in der Innenstadt	In the town centre
ein eigenes Haus	Own house
unmöglich	Impossible
brauchen	To need
der Lohn	The salary
die Armut	Poverty
später	Later
die Sorgen	Worries
der Urlaub	Holiday
bleiben	To stay
zu Hause	At home
glücklich	Happy
die Erdkunde	Geography
die Geschichte	History
das Hemd	Shirt
die Hose	Trousers
die Krawatte	Tie
keine Ahnung	No idea
die Noten	Grades
der Tierarzt	Vet
der Schauspieler	Actor
verdienen	To earn
der Arbeitstag	The working day
mögen	To like
die Jugendliche	The young people
Fotos teilen	To share photos
in Kontakt bleiben	To stay in contact
die Nachteile	Disadvantages
die Schlafprobleme	Sleeping problems
Weihnachten	Christmas
feiern	To celebrate
der Geburtstag	Birthday
die ganze Familie	The whole
zusammen	Together
der Ausflug	The outing/ day out
der Strand	Beach
vorhaben	To plan
verbringen	To spend
eindrucksvoll	Impressive
gut gefallen	Found good
ausgezeichnet	Excellent
Ermäßigung bekommen	To receive discounts
die ganze Zeit	The whole time
reden	To talk
der Kinobesuch	Cinema visit
am liebsten	Like most of all
die Erdbeere	Strawberry

gut gelaunt	In a good mood
freiwillig	voluntary
die Gegend	Area/ region
neulich	Recently
die Karten	Tickets
verkaufen	To sell
keine Zuhause	No home
nichts	Nothing
seit	Since
gefährlich	Dangerous
nicht mehr	No longer/ not any more
der Federball	Badminton
bestimmt	Definitely
der Fluss	River
rudern	To row
deswegen	Therefore
versuchen	To try
gleich	Same
die Berufsschule	Training college
ausbilden	To train
anfangen	To start

Foundation Reading

triff	meet
um halb acht	Half past 7
vor	In front of
Bahnhof	Station
Tante	Aunty
jedes	Every
Komödien	Comedies
gar nicht	Not at all
herunterladen	To download
auf die Nerven gehen	To get on (my) nerves
anrufen	To call up
Mailbox	Voicemail
zusammen	Together
lieber	Prefer
Eltern	Parents
Sportschuhe	Trainers
Arbeitslosigkeit	Unemployment
Armut	Poverty
obdachlos	Homeless
nachts	At night
Stadtpark	Town park
schlafen	To sleep
versuchen	To try
freiwillig	Voluntary
Suppenküchen	Soup kitchen
reden	To chat
meist	Most
höflich	Polite
Oma	grandma
Altenheim	Old people's home
am liebsten	Like the best
Trompete	Trumpet
üben	To practice
bis spät	Until late
nervig	Annoying
Anderen	Others
Abend	Evening
das Zimmer	Room
Senioren	OAPs
Chor	Choir
bekommen	To get
gute Noten	Good grades
unbedingt	Definitely
die Oberstufe	6 th form
etwas Anderes	Something different
ich will	I want
eine Lehre	Apprenticeship
Ausbildungsplatz	Apprentice place
Feuerwehr	Fire service
obwohl	Although

Beruf	Job
schwierig	Difficult
gut bezahlt	Well paid
Ahnung	Idea
vielleicht	maybe
im Ausland	Abroad
Fremdsprachen	Foreign languages
zuhören	To listen to
jetzt	Now
fleissig	Hard working
Grundschule	Primary school
AGs	Clubs
teilnehmen	To take part
Klavier	Piano
einfach	Easy
leider	Unfortunately
noch	Still
schicken	To send
später	Later
Büro	Office
sonst	Otherwise
Wetterbericht	Weather report
ganz Glückliche	Quite happy
ankommen	To arrive
da	There
nervös	Nervous
bald	Soon
versuchen	To try
warten	To wait
beschliessen	To end
schliesslich	Finally
Glück haben	To be lucky
launisch	Moody
sie lacht nie	She never smiles
Zwillingschwester	Twin sister
jüngere	Younger
bei uns	At ours
Mitte	Middle
mit der Bahn	With the train
trocken	Dry
im Hafen	In the port
fragen	To ask
die Fahrt	The journey
mit der Fähre	With the ferry
dauert	Lasts
eine Viertelstunde	15 minutes
besonders	Especially
Erdbeeren	Strawberries
er freut sich	He is happy
Venedig	Venice
Zeit	Time

Bildschirm	Screen
süchtig	addictive
ausserdem	Apart from that
Nachbarschaft	Neighbourhood
deshalb	Therefore
isoliert	Isolated
aus aller Welt	From around the world
sich langweilen	To get bored
seit	since
geschieden	Divorced
Fabrik	Factory
Ehemann	husband
gar nicht	Not at all
jemand	Someone
treffen	To meet
sich verstehen	To get on
Liebe auf den ersten Blick	Love at first sight
zuerst	First
kennenlernen	To get to know
neulich	Recently
umgezogen	Moved
getrennt	Separated
Gesundheit	health
stundenlang	Hours long
frischen Luft	Fresh air
Mitglied	Member
Segelklubs	Sailing club
gesund	Healthy
Lebenstil	Lifestyle
vor kurzem	Recently
endlich	Finally
rauchen	To smoke
laufen	To run
während	During
süß	Sweet
meistens	Mostly
Schnellimbiss	Fast food shop

Revision for Higher Writing PPE in German

This exam will involve -

- Writing one 90 word essay on 4 bullet points
- Writing one 150 word essay on 2 bullet points
- Translation from English to German

In addition to general revision on the topics we have covered so far in the course and grammar structure, focus on the following –

- Mobile phones and the internet
- Holidays
- Healthy Living
- Festivals and traditions

Ensure that you can give a range of opinions and explain your views in detail.

Revise how to connect your sentences effectively.

Check that you can include examples of the perfect tense, the imperfect (simple past), the future tense and the conditional.

Prepare to make use of a wide range of vocabulary and structures in your work

Use the grammar notes below to help you.

Higher Listening

Weihnachten	Christmas
feiern/ gefeiert	To celebrate/ celebrated
der Geburtstag	Birthday
die ganze Familie	The whole family
zusammen	Together
dürfen/ darf	To be allowed
vergessen	To forget
der Ausflug	The outing/ day out
der Strand	beach
vorhaben	To plan
verbringen	To spend (time)
heiraten	To marry
eine Familie gründen	To start a family
nicht genug Geld	Not enough money
die Hochzeit	Wedding
bezahlen	To pay
eine Stelle	A position/ job
in einer Fabrik	In a factory
Angst haben	To be scared
die Arbeit	work
tun	To do
arbeitslos	Unemployed
einen Anderen	Somebody else
verlassen	To leave
schon	Already
wieder	Again
kaputt	Broken
die Beziehung	Relationship
je	Ever
vor	ago
geheiratet	married
jetzt	Now
mieten	To rent
die Wohnung	flat
in der Innenstadt	In the city centre
ein eigenes Haus	Own house
einfach	Easy
unmöglich	Impossible
der Lohn	Salary
die Armut	Poverty
später	later
Sorgen machen	To worry
Zeugnis	report
klug	clever
die Naturwissenschaften	science
gute Noten bekommen	To get good grades
zeichnen	To draw
Schwierigkeiten	difficulties
erklären	To explain

genau	exactly
die Disziplin	behaviour
die Klassenarbeit	Test
Entschuldigen Sie	Excuse me
halten	To consider
in der Schweiz	In Switzerland
kennenlernen	To get to know
Wichtigste	Most important
der Ausländer	foreigner
die Meinung	opinion
dagegen	against
verschmutzen	To pollute
der Müll	rubbish
in einem Geschäft	In a shop
Büro	office
Mein Traumjob	My dream job
Werkstatt	Workshop
schmutzig	Dirty
Firma	Company
der Geschäftsmann	businessman
tätig	Active/ busy
Chef	Boss
drinnen	Inside
trocken	Dry
passen	To fit
Umfrage	Survey
zeigen	To show
verschiedene	Different
betreffen	To affect
am Stadtrand	on the outskirts
beliebt	popular
billig	cheap
Einfamilienhaus	Detached house
umgeben	To surround
Feldern	Fields
die Mehrheit	majority
lieber	prefer
Dorf	Village
eröffnen	To open
die Bedienung	service
der Kellner	waiter
unhöflich	impolite/ rude
die Volksmusik	Folk music
ausprobieren	To try out
schmecken	To taste
Schlagzeug	Drum
Zweifel	Doubt
Ehrlich gesagt	Honestly said
empfehlen	To recommend
dauern	To last
derselben	The same

der Anfang	The beginning
die Unterhaltung	entertainment
mir ist egal	I don't mind
wohl	Well
abwesend	absent
Es tut mir leid	I'm sorry
fehlen	To miss
krank	Ill
sorgen	To care
Es geht mir besser	I'm feeling better
eigentlich	actually
los	Off
süchtig	addictive
der Mangel	The lack of
die Sicherheit	Security/ safety
der Nachteil	A disadvantage
das Risiko	A risk
schicken	To send
die Fremdsprache	Foreign language
zuverlässig	reliable
glauben	To believe
Meine Nichte	My niece
eingebildet	conceited
nur an sich selbst denken	To only think of yourself
das Gegenteil	The contrary
plaudern	To chat
Österreich	Austria
früher	Earlier
bervorzugen	To prefer
der Aufenthalt	The stay
das Gebäude	The building
das Denkmal	monument
verreisen	To travel
die Verkehrsmittel	Transport
erstens	Firstly
ausdrucken	To print out
gelöscht	Deleted
die Entscheidung	The decision
der Umzug	move
die Möbel	Furniture
unrecht	Unfair
der Strom	Electricity
die Tiefkühlruhe	freezer
die Heizung	Heating
das Geschirr	dishes
die Imbissbude	Takeaway
seit Jahren	Since years
der Federball	Badminton
auf einem Fluss	On a river
rudern	To row
deswegen	Therefore

die Berufsschule	College
ausbilden	To train
heutige	Today/ present
gegen	Against
die Verschmutzung	pollution
schaffen	To manage
fast	Almost
die Freiwilligenarbeit	Voluntary work
die Obdachlose	Homeless
zwar	though
die Drogensüchtigen	Drug addicts
husten	To cough
rauchen	To smoke
erkältet sein	To have a cold
die Apotheke	Pharmacy
der Arzt	doctor
auf sich passen	To look after yourself

Higher Reading

Noten	grades
zuhören	To listen to
fleissig	Hardworking
In der Grundschule	Primary school
In der Oberstufe	6 th form
AGs	clubs
einfach	Easy
Musiker	Musician
leider	Unfortunately
noch	Still
Wetterbericht	Weather report
ganz glücklich	Quite happy
ankommen	To arrive
bald	Soon
etwas Anderes	Something different
Tennisplatz	Tennis court
beschliessen	To decide on
schliesslich	finally
möglich	Possible
verdienen	To earn
Am liebsten	Like most
Gericht	Recipe/ meal
scharf	Spicy
leiden	To suffer
traditionsreich	Tradition rich
schmackhaft	Delicious
einiges	some
Speisekarte	Menu
probieren	To try (food)
schmecken	To taste
überhaupt nicht	Not at all
am Stadtrand	On the outskirts
Alleinerziehende	Single mother
versuchen	To try
ziemlich	Quite
auskommen	To get on
eifersüchtig	Jealous
furchtbar	Awful
Sinn	Sense
Freundeskreis	Friendship circle
minderjährig	Underage
dagegen	Against
selten	Rarely
darüber	About
Verhältnis	Relationship
unterstützen	To support
Sorgen	Worries
bieten	To offer
sensibel	sensitive

Mitspracherecht haben	To have a say
Entscheidung	Decision
selbstständig	independent
weglassen	To omit
Handyverbot	Mobile phone ban
zerstören	To disturb
Zeitverschwendung	A waste of time
regelmäßig	regularly
wegen	Because of
gelitten	managed
Mobbing	bullying
krank	ill
entschieden	To decision
ab und zu	Now and then
bestimmt	Certainly
stundenlang	Hours long
Gefahren	Dangers
Nachteil	disadvantage
Vorteil	Advantage
sowohl	either
Nachricht	Message
das ist mir egal	I don't mind
Plakaten	posters
marschiert	marches
Volkfest	Folk festival
Maibaum	May tree
schmücken	To decorate
Krone	Crone
manchmal	Sometimes
benachbarten	Neighbouring
bewacht	guarded
unverheiratete	Unmarried
seit	Since
geschieden	Divorced
leider	Unfortunately
Ehemann	Husband
gar nicht	Not at all
Liebe auf den ersten Blick	Love at first sight
zuerst	First
Mitglied	Member
Segelklubs	Sailing club
Spass machen	To have fun
Lebensstil	lifestyle
Vor kurzem	recently
aufhören	To stop
ausserdem	Apart from that
Schnellimbiss	snack
Obdachlose	Homeless
stimmt	Is right
arbeitslos	unemployed
gelangweilt	bored

draussen	outside
sobald	as soon as
blühen	To bloom
Krokusse	crocuses
zufrieden sein	To be satisfied
Eiszeit	ice age
Tierquäler	Animal torture
beschimpft	insulted
kriege	To get
Hundefutter	Dog Food
Schulgebäude	School buildings
gefallen	Like
im Vergleich	Compared
Leistungsdruck	pressure to perform
sich darüber freuen	be happy about it
zurzeit	for now
abends	in the evening
versprochen	promised
Wiederholen	To repeat
Angst	Anxiety/ fear
ersetzt	replaced
Einfamilienhaus	detached house
Vorort	outskirt
Strassenbahn	Tram
glücklich	happy
Mittelmeer	Mediterranean Sea
umziehen	move

Grammar notes for revision for PPE Writing in German

OPINIONS

Opinion phrases

ich denke, dass- I think that

Ich meine, dass.....- I think that

ich finde, dass..... - I find that

Ich mag – I like

ich liebe - I love

Ich mag nicht - I don't like

ich hasse - I hate

ich mag lieber – I prefer

Explanation of opinions

,weil es lustig ist	because it is fun
,weil es interessant ist	because it is interesting
,da es einfach ist	because it is easy
,da es besser als.....ist	because it is better than.....
,obwohl es doof ist	although it is stupid

CONNECTIVES

Coordinating connectives - DO NOT CHANGE THE WORD ORDER

aber - but

und - and

denn - because

oder - or

PUT THE VERB NEXT AFTER THESE

jedoch - however

also - so

zuerst - first

danach - after that

endlich – finally

auch - also

leider – unfortunately

zum Glück - fortunately

früher – previously

später - later

Subordinating conjunctions - SEND THE VERB TO THE END

weil - because

obwohl/obgleich - although

dass - that
wenn - when / if
als - when (past!)

TENSES

1. Present

Present time phrases – verb comes next if these start the sentence

1. heute - today
2. normalerweise - normally
3. morgens - in the mornings
4. nachmittags - in the afternoons
5. am Samstag - on Saturday
6. um acht Uhr – at 8.00

Present tense verbs

sein – to be	haben – to have
ich bin - I am	ich habe - I have
du bist - you are	du hast - you have
er / sie ist - he / she is	er / sie hat - he / she has
Sie / sie sind you / they are	Sie / sie haben -you / they have

Useful present tense verbs

1. Ich spiele – I play
2. Ich esse – I eat
3. Ich trinke – I drink
4. Ich trage – I wear
5. Ich bleibe – I stay
6. Ich lese – I read
7. Ich sehe – I see
8. Es gibt – there is/are
9. Ich kann.....spielen - I can play; man kann.....spielen – one/you can play

2. Past tense

Past time phrases – verb comes next if these start the sentence

1. gestern - yesterday
2. letzte Woche - last week
3. letztes Jahr - last year
4. vor ... Jahren - ... years ago
5. als ich jünger war - when I was younger

Perfect tense verbs

ich habe Pizza gegessen	I ate pizza
ich habe Cola getrunken	I drank coke
ich habe Filme gesehen	I watched films
ich habe Hausaufgaben gemacht	I did my home learning

ich habe Tennis gespielt	I played tennis
es hat Spaß gemacht	It was fun
ich bin einkaufen gegangen	I went shopping
ich bin nach Amerika gefahren	I went to America
ich bin in einem Hotel geblieben	I stayed in a hotel

3. Imperfect tense (simple past)

Ich and er/sie/es have the same ending eg ich hatte – I had/ er hatte – he had
 Ich hatte – I had / Ich war – I was

Useful phrases

Es gab – there was/were

Das Wetter war – the weather was

Es war lustig/ langweilig – it was fun/boring

4. Future tense

Future time phrases

1. morgen - tomorrow
2. in der Zukunft - in the future
3. nächste Woche - next week
4. nächstes Jahr - next year
5. wenn ich älter bin - when I'm older

To form the future tense

Use the appropriate form of 'werden' and add an infinitive to the end of the clause

ich werde

du wirst

er / sie wird

Sie / sie werden

Ich werde reich sein – I will be rich

Wir werden nach Australien fahren – we will go to Australia

5. Conditional tense – what would you do, if.....?

Sentence starters – next verb comes immediately after this

Eg. Wenn ich Zeit **hätte**, **würde** ich mehr arbeiten – if I had time, I would work more

Wenn ich reich wäre, - if I were rich

Wenn ich im Lotto gewinnen würde, – if I won the lottery

The conditional tense

Ich hätte – I would have /Ich wäre – I would be/**Ich möchte** – I would like to

Year 11 Spanish Vocabulary lists

We have taken some of the key vocabulary from the reading and listening paper which you will be doing as your pre public exam.

We have decided not to give you the translation as looking up the word is part of the learning process. Remember some words have more than one meaning. Use a dictionary not a translator to find the meanings.

You should know which level you are entered for – ask your teacher if not sure.

This list does not contain ALL the words you will need, only some of the less frequently seen ones.

Some learning techniques to try:

- ✓ **Look, cover, say, repeat, check.**
- ✓ **Make vocab cards with English on one side and Spanish on the other.**
- ✓ **Use post it notes.**
- ✓ **Play hangman.**
- ✓ **Use apps such as Memorise or Quizlet on your phone.**
- ✓ **Get someone to test you.**
- ✓ **Colour code the words, Green for go, orange for not sure, red for don't know. Write out the word 20 times in different colours saying the word out loud.**
- ✓ **Try using the word in a sentence 3 times over 24 hours.**
- ✓ **Look for synonyms.**
- ✓ **Attach an image to a word to help you remember it.**

Spanish: Vocabulary for Year 11 Foundation Reading PPE

Revise: Holidays, music, celebrations, family members, food, sports, new technology, charity work and volunteering, school, problems facing young people, healthy living.

Apellido		Horario	
Edad		Asistir	
Dirección		Casarse	
Casado		Nadie	
Soltero		Solo	
Una entrevista		Lejos	
Cantante		Cerca	
Grabar		La soledad	
Content		Hermosa	
La boda		Querer	
La iglesia		Marido	
La novio/a		Lo mejor	
Escoger		Una excursion	
El casamiento		Un parquet temático	
Entrenamiento		El campo	
Concurso		Un lajo	
Un premio		El paisaje	
El ganador		El malgasto	
Acompañado		Preocupante	
Olvidar		Lanzar	
Guantes		El medio ambiente	
Empezar		Apagar	
La red		El paro	
Anoche		La formación profesional	
Un portátil		¡Qué ilusión!	
Un correo electrónico		La cena	
Mandar		Ganar	
Contestar		Un partido	
En seguida		Una asignatura	
Los pobres		Acceder	
Siguiente		Correr	
Juguetes		Ligera	
Bolsos		Llueve	
El fondo de		Quedarse	
Mar		Las redes sociales	
Saludar		Temas	
Un ramo de		Un anuncio	
Un pulpo		Cuidar	

Guiños			
El bosque			
Las sirenas de nácar			
Obligatorio			
Nocturno			
Igual			

Spanish: Vocabulary for Year 11 Higher Reading PPE

As for Foundation paper plus ...

Plata		Un premio	
Orgullosa		Una entrada	
Descansar		Un periódico	
Una carrera		Una sala de chat	
Ni siquiera		La ayuda	
Mudarse		Una tarea	
Quejarse		Colgar	
Pedir		Confundir	
Dejar		Ambos	
Disputa		Esforzarse	
Repasar		Manifestar	
Es culpa de		Un pensamiento	
Llorar		Un sentimiento	
Suspendido		Conseguir	
Una herramienta		Una amistad	
Un aparato		Los celos	
Una encuesta		Enemigo	
Dirigido a		Merecer	
Despertadores		La seguridad	
Un hecho		El autoestima	
Puertas		Contar el uno con el otro	
Puentes		Equilibrada	
Cumplirse		El deseo	
Una pelea		Cambiar	
Alojamiento		Sencillo	
El escaso		Una actuación	
Una organización benéfica			
Obras			
Un andén			
Una maleta			
Una taquilla			
La consigna			
El cerebro			
El corazón			
Los pulmones			
La felicidad			
La cuesta			
La esquina			
Un título			
Casarse			

Spanish: Vocabulary for Year 11 Foundation Listening PPE

Revise: Holidays, music, celebrations, family and relationships, food, sports, new technology, charity work and volunteering, school, problems facing young people, healthy living and environment.

Gastar		Loco	
La paga		Las corridas	
Fuera		Disfrutar	
Ahorrar		Soltero	
Descargar		Una boda	
El esquí acuático		Las parejas	
La vela		Punto	
Los restos		Novio/a	
Un contenedor		La iglesia	
Tirar		El matrimonio	
Deportista		Separarse	
El almuerzo		Una ambición	
Preocuparse		Los Juegos Olímpicos	
Pájaros		Llegar a ser	
Estar en peligro		Recogedor de pelotas	
Cortar		Cocinera	
Árboles		Ama de casa	
Los pobres		Un concurso	
La Tierra		Periodista	
Tanto		Vendedor de periódicos	
La gente		El ejercicio	
Llevarse bien con		Dar un paseo	
El mismo		Aprender	
Una cosa		Sin prisa	
Discutir		Engordarse	
La libertad		Tomar una copa	
Caerse bien con		Decepcionarse	
Las redes sociales			
Las noticias			
Compartir			
Estar en contacto con			
Buscar			
Circular			
El bachillerato			
Los idiomas			
Estar de acuerdo			
El clima			
Mucho que hacer			

Fascinarse			
Un tema			
Desagradable			
Alegre			
El humor			

Spanish: Vocabulary for Year 11 Higher Listening PPE

As for Foundation paper plus ...

Cruzar		Sospechar	
Probar		Acabar con	
Sabroso		Borrar	
Navegar un río		Tomarse en serio	
Un crucero		Reírse	
Un puerto		Rebajas	
Una canción		Suspender	
Sacar un título/disco		Aprobar	
La esperanza		Buenas notas	
Un éxito		El acoso cibernético	
Un ladrón		Aconsejar	
Contestar		Molestarse	
Una llamada perdida		Llevarse bien con	
Reconocer		La fecha de nacimiento	
Reunir		La mitad	
Alimentos		Acabar de	
Los necesitados		A pesar de	
Llenar		Una sonrisa	
Una bolsa		Marcharse	
Un vecino		Los bosillos	
Mi hijo		Vacío	
Ir de botellón		El hogar	
Advertirse		El peligro	
Jamás		El camino	
Algo		La frontera	
Inaceptable		Detener	
Con permiso		Deportar	
Estar equivocado		Acoger	
Por desgracia		Adelante	
Estar mal visto		Orgulloso	
Dejar		Enfadarse	
Tocar		El maquillaje	
Fastidiarse		Chicle	
Grabar		Un portátil	
Estropear		Dejar de	
El ambiente		Pesar	
Gritar		Lento	
Los demás		Señal	
Promocionar		fuerte	
La publicidad			

Revision for Higher Writing PPE (Spanish)

This exam will involve -

- **one 90 word essay on 4 bullet points**
- **one 150 word essay on 2 bullet points**
- **translation from English to Spanish**

In addition to general revision on the topics we have covered so far in the course and grammar structure, focus on the following -

- Use of new technologies
- School
- Visits abroad
- What you do in your free time
- Celebrations and special occasions
- Family and Relationships

Revision for Foundation Writing PPE

This exam will involve -

- **4 statements describing a picture**
- **one 40 word response on 4 bullet points**
- **translation from English to Spanish**
- **one 90 word essay on 4 bullet points**

In addition to general revision on the topics we have covered so far in the course and grammar structure, focus on the following -

- House, town and region
- School
- Visits abroad
- What you do in your free time
- Celebrations and special occasions

For both tiers of entry please:

Ensure that you can give a range of opinions and explain your views in detail.

Revise how to connect your sentences effectively.

Check that you can include examples of a range of tenses (even if the question does not explicitly request them).

Prepare to make use of a wide range of vocabulary and structures in your work.

OPINIONS

Opinion phrases

Pienso que- I think that

Creo que.....- I believe that

Me parece que..... – It seems to me that

Me gusta(n) – I like

Me encanta(n) - I love

Ne me gusta(n) - I don't like

Odio - I hate

Prefiero – I prefer

Explanation of opinions

Porque es divertido/a	because it is fun
Porque es interesante	because it is interesting
Porque es fácil	because it is easy
Porque es mejor que	because it is better than.....
Aunque es tonto/a	although it is stupid

CONNECTIVES

Basic

pero - but

y - and

porque- because

o - or

Advancing

sin embargo - however

así que- so

primero- first

después- after that

finalmente– finally

también - also

desafortunadamente– unfortunately

afortunadamente - fortunately

más temprano– earlier

más tarde- later

Subordinating conjunctions

aunque - although

que- that

cuando- when

si- if

mientras- while

TENSES

1. Present

1. hoy - today
2. normalmente - normally
3. por la mañana- in the morning
4. por la tarde- in the afternoon
5. el sábado - on Saturday
6. los sábados- on Saturdays
7. A las ocho – at 8.00
8. A la una- at 1.00

Present tense verbs

ser– to be	tener– to have
soy - I am	tengo- I have
eres - you are	tienes - you have
es - he / she is	tiene - he / she / it has
son - they are	tienen -they have

Useful present tense verbs

1. Juego – I play
2. Como – I eat
3. Bebo – I drink
4. Llevo – I wear
5. Me quedo – I stay
6. Leo – I read
7. Veo – I see
8. Hay – there is/are
9. Puedo.....jugar - I can play; se puede.....jugar – one/you can play

2. Past tense

Past time phrases – verb comes next if these start the sentence

1. ayer - yesterday
2. la semana pasada - last week
3. el año pasado - last year
4. haceaños - ... years ago
5. cuando era más joven - when I was younger

Preterite tense verbs

Comí una pizza	I ate pizza
Bebí una coca cola	I drank coke
Vi unas películas	I watched films
Hice mis deberes	I did my home learning
Jugué al tenis	I played tennis
Fue divertido/a	It was fun
Fui de compras	I went shopping
Fui a los Estados Unidos	I went to America
Me quedé en un hotel	I stayed in a hotel

Imperfect tense (used to)

Comía la pizza	I used to eat pizza
Bebía la coca cola	I used to drink coke
Veía las películas	I used to watch films

Hacía mis deberes	I used to do my home learning
Jugaba al tenis	I used to play tennis
Era divertido/a	It used to be fun
Iba de compras	I used to go shopping
Iba a los Estados Unidos	I used to go to America
Me quedaba en un hotel	I used to stay in a hotel

Useful phrases

Había – there was/were

Hacía + sol/viento/calor/frío – It was sunny/windy/hot/cold

Llovía- It was raining

Nevaba- It was snowing

Era divertido/aburrido – it was fun/boring

3. Future tense

Future time phrases

1. mañana- tomorrow
2. en el futuro - in the future
3. la semana que viene - next week
4. el año que viene - next year
5. cuando sea mayor - when I'm older

To form the future tense

For the 'I' form add é to the end of the infinitive for most regular verbs

Jugaré- I will play

Visitaré- I will visit

Watch out for the irregulars

Tendré- I will have

Saldré- I will go out

Seré rica – I will be rich

Iremos a Australia – we will go to Australia

4. Conditional tense – what would you do, if.....?

Sentence starters

E.g. Si tuviera tiempo, trabajaría más – if I had time, I would work more

Si fuera rica, compraría una casa- if I were rich, I would buy a house

Si ganara la lotería, no trabajaría – if I won the lottery, I wouldn't work

The conditional tense

Tendría – I would have

Sería – I would be

Me gustaría – I would like

Understanding the Spanish GCSE examination rubrics and instructions

The following is a guide to the sort of rubrics and instructions that will be used in Section B of the Listening and Reading exams. The list is indicative, not exclusive.

Spanish	English
Completa/Rellena la tabla/el texto/el espacio blanco en español .	Complete/Fill in the table/the text/the blank space in Spanish .
Completa la frase/las frases...	Complete the phrase(s)/sentence(s)...
Contesta a las preguntas en español .	Answer the questions in Spanish .
Da (dos) detalles...	Give (two) details...
Empareja...	Match...
Escribe la(s) letra(s) correcta(s) en cada casilla.	Write the correct letter(s) in each box.
Escribe la letra correcta/el número correcto en la casilla.	Write the correct letter/number in the box.
Escribe todos los detalles.	Write all the details/Give full details.
Escoge...	Choose...
Escucha la descripción/la opinión/la entrevista/las noticias...	Listen to the description/the opinion/the interview/the news...
Indica...	Indicate...
Indica las...frases verdaderas.	Indicate the ...true phrases/sentences.
Lee el texto / el artículo / la lista de actividades / la lista de instrucciones / la información.	Read the text/the article/the list of activities/the list of instructions/the information.

Spanish	English
Lee lo que dicen...	Read what they say...
Menciona una ventaja/desventaja...	Mention one advantage/disadvantage...
No es necesario escribir con frases completas.	It is not necessary to write in full sentences.
Escribe:	Write:
P si la opinión es positiva	P if the opinion is positive
N si la opinión es negativa	N if the opinion is negative
P+N si la opinión es positiva y negativa	P+N if the opinion is positive and negative
Puedes escribir la misma letra más de una vez.	You can use the same letter more than once.
¿Quién...?	Who...?
Responde a las dos partes de la pregunta.	Answer both parts of the question.
Selecciona/Escoge el párrafo...	Select/Choose the paragraph...

The following is a guide to the sort of rubrics and instructions that will be used in the Writing exam. The list is indicative, not exclusive.

Spanish	English
Escribe aproximadamente 40 palabras en español .	Write approximately 40 words in Spanish .
Escribe aproximadamente 90 palabras en español . Responde a todos los aspectos de la pregunta.	Write approximately 90 words in Spanish . Write something about each bullet point.
Escribe aproximadamente 150 palabras en español . Responde a los dos aspectos de la	Write approximately 150 words in Spanish . Write something about both bullet points.

Spanish

English

pregunta.

Escribe **cuatro** frases en **español** que describan la foto.

Write **four** sentences in **Spanish** about the photo.

Escríbele sobre...

Write to him/her about...

Escríbele una carta/un email.

Write a letter/email to him/her.

Menciona...

Mention...

Y11 Geography PPE Revision Check List

Note: In addition to the content below, you will also need to revise both your human and physical fieldworks.

Natural Hazards

Key Ideas	Specification Content
Natural hazards pose major risks to people and property.	Definition of a natural hazard. Types of natural hazard. Factors affecting hazard risk.
Earthquakes and volcanic eruptions are the result of physical processes.	Plate tectonics theory. Global distribution of earthquakes and volcanic eruptions and their relationship to plate margins. Physical processes taking place at different types of plate margin (constructive, destructive and conservative) that lead to earthquakes and volcanic activity.
The effects of, and responses to, a tectonic hazard vary between areas of contrasting levels of wealth.	Primary and secondary effects of a tectonic hazard. Immediate and long-term responses to a tectonic hazard. Use named examples to show how the effects and responses to a tectonic hazard vary between two areas of contrasting levels of wealth.
Management can reduce the effects of a tectonic hazard.	Reasons why people continue to live in areas at risk from a tectonic hazard. How monitoring, prediction, protection and planning can reduce the risks from a tectonic hazard.
Global atmospheric circulation helps to determine patterns of weather and climate.	General atmospheric circulation model: pressure belts and surface winds.
Tropical storms (hurricanes, cyclones, typhoons) develop as a result of particular physical conditions.	Global distribution of tropical storms (hurricanes, cyclones, typhoons). An understanding of the relationship between tropical storms and general atmospheric circulation. Causes of tropical storms and the sequence of their formation and development. The structure and features of a tropical storm. How climate change might affect the distribution, frequency and intensity of tropical storms.
Tropical storms have significant effects on people and the environment.	Primary and secondary effects of tropical storms. Immediate and long-term responses to tropical storms. Use a named example of a tropical storm to show its effects and responses. How monitoring, prediction, protection and planning can reduce the effects of tropical storms.
The UK is affected by a number of weather hazards.	An overview of types of weather hazard experienced in the UK.

Extreme weather events in the UK have impacts on human activity.	<p>An example of a recent extreme weather event in the UK to illustrate:</p> <ul style="list-style-type: none"> • causes • social, economic and environmental impacts • how management strategies can reduce risk. <p>Evidence that weather is becoming more extreme in the UK.</p>
Climate change is the result of natural and human factors, and has a range of effects.	<p>Evidence for climate change from the beginning of the Quaternary period to the present day.</p> <p>Possible causes of climate change:</p> <ul style="list-style-type: none"> • natural factors – orbital changes, volcanic activity and solar output • human factors – use of fossil fuels, agriculture and deforestation. <p>Overview of the effects of climate change on people and the environment.</p>
Managing climate change involves both mitigation (reducing causes) and adaptation (responding to change).	<p>Managing climate change:</p> <ul style="list-style-type: none"> • mitigation – alternative energy production, carbon capture, planting trees, international agreements • adaptation – change in agricultural systems, managing water supply, reducing risk from rising sea levels.

The Living World

Key Ideas	Specification Content
Ecosystems exist at a range of scales and involve the interaction between biotic and abiotic components.	<p>An example of a small scale UK ecosystem to illustrate the concept of interrelationships within a natural system, an understanding of producers, consumers, decomposers, food chain, food web and nutrient cycling.</p> <p>The balance between components. The impact on the ecosystem of changing one component.</p> <p>An overview of the distribution and characteristics of large scale natural global ecosystems.</p>
Tropical rainforest ecosystems have a range of distinctive characteristics.	<p>The physical characteristics of a tropical rainforest.</p> <p>The interdependence of climate, water, soils, plants, animals and people.</p> <p>How plants and animals adapt to the physical conditions.</p> <p>Issues related to biodiversity.</p>
Deforestation has economic and environmental impacts.	<p>Changing rates of deforestation.</p> <p>A case study of a tropical rainforest to illustrate:</p> <ul style="list-style-type: none"> • causes of deforestation – subsistence and commercial farming, logging, road building, mineral extraction, energy development, settlement, population growth • impacts of deforestation – economic development, soil erosion, contribution to climate change.
Tropical rainforests need to be managed to be sustainable.	<p>Value of tropical rainforests to people and the environment.</p> <p>Strategies used to manage the rainforest sustainably – selective logging and replanting, conservation and education, ecotourism and international agreements about the use of tropical hardwoods, debt reduction.</p>
Hot desert ecosystems have a range of distinctive characteristics.	<p>The physical characteristics of a hot desert.</p> <p>The interdependence of climate, water, soils, plants, animals and people.</p> <p>How plants and animals adapt to the physical conditions.</p> <p>Issues related to biodiversity.</p>

Development of hot desert environments creates opportunities and challenges.	<p>A case study of a hot desert to illustrate:</p> <ul style="list-style-type: none"> • development opportunities in hot desert environments: mineral extraction, energy, farming, tourism • challenges of developing hot desert environments: extreme temperatures, water supply, inaccessibility.
Areas on the fringe of hot deserts are at risk of desertification.	<p>Causes of desertification – climate change, population growth, removal of fuel wood, overgrazing, over-cultivation and soil erosion.</p> <p>Strategies used to reduce the risk of desertification – water and soil management, tree planting and use of appropriate technology.</p>

Urban Issues and Challenges

Key Ideas	Specification Content
A growing percentage of the world's population lives in urban areas.	<p>The global pattern of urban change.</p> <p>Urban trends in different parts of the world including HICs and LICs.</p> <p>Factors affecting the rate of urbanisation – migration (push–pull theory), natural increase.</p> <p>The emergence of megacities.</p>
Urban growth creates opportunities and challenges for cities in LICs and NEEs.	<p>A case study of a major city in an LIC or NEE to illustrate:</p> <ul style="list-style-type: none"> • the location and importance of the city, regionally, nationally and internationally • causes of growth: natural increase and migration • how urban growth has created opportunities: • social: access to services – health and education; access to resources – water supply, energy • economic: how urban industrial areas can be a stimulus for economic development • how urban growth has created challenges: • managing urban growth – slums, squatter settlements • providing clean water, sanitation systems and energy • providing access to services – health and education • reducing unemployment and crime • managing environmental issues – waste disposal, air and water pollution, traffic congestion. <p>An example of how urban planning is improving the quality of life for the urban poor.</p>
Urban change in cities in the UK leads to a variety of social, economic and environmental opportunities and challenges.	<p>Overview of the distribution of population and the major cities in the UK.</p> <p>A case study of a major city in the UK to illustrate:</p> <ul style="list-style-type: none"> • the location and importance of the city in the UK and the wider world • impacts of national and international migration on the growth and character of the city • how urban change has created opportunities: • social and economic: cultural mix, recreation and entertainment, employment, integrated transport systems • environmental: urban greening • how urban change has created challenges: • social and economic: urban deprivation, inequalities in housing, education, health and employment • environmental: dereliction, building on brownfield and

	<p>greenfield sites, waste disposal</p> <ul style="list-style-type: none"> • the impact of urban sprawl on the rural–urban fringe, and the growth of commuter settlements. <p>An example of an urban regeneration project to show:</p> <ul style="list-style-type: none"> • reasons why the area needed regeneration • the main features of the project.
Urban sustainability requires management of resources and transport.	<p>Features of sustainable urban living:</p> <ul style="list-style-type: none"> • water and energy conservation • waste recycling • creating green space. <p>How urban transport strategies</p>

Physical Landscapes in the UK: Coasts and Rivers

Key Ideas	Specification Content
The UK has a range of diverse landscapes.	An overview of the location of major upland/lowland areas and river systems.
The coast is shaped by a number of physical processes.	<p>Wave types and characteristics.</p> <p>Coastal processes:</p> <ul style="list-style-type: none"> • weathering processes – mechanical, chemical • mass movement – sliding, slumping and rock falls • erosion – hydraulic power, abrasion and attrition • transportation – longshore drift • deposition – why sediment is deposited in coastal areas.
Distinctive coastal landforms are the result of rock type, structure and physical processes.	<p>How geological structure and rock type influence coastal forms.</p> <p>Characteristics and formation of landforms resulting from erosion</p> <p>– headlands and bays, cliffs and wave cut platforms, caves, arches and stacks.</p> <p>Characteristics and formation of landforms resulting from deposition</p> <p>– beaches, sand dunes, spits and bars.</p> <p>An example of a section of coastline in the UK to identify its major landforms of erosion and deposition.</p>
Different management strategies can be used to protect coastlines from the effects of physical processes.	<p>The costs and benefits of the following management strategies:</p> <ul style="list-style-type: none"> • hard engineering – sea walls, rock armour, gabions and groynes • soft engineering – beach nourishment and reprofiling, dune regeneration • managed retreat – coastal realignment. <p>An example of a coastal management scheme in the UK to show:</p> <ul style="list-style-type: none"> • the reasons for management • the management strategy • the resulting effects and conflicts.
The shape of river valleys changes as rivers flow downstream.	<p>The long profile and changing cross profile of a river and its valley.</p> <p>Fluvial processes:</p> <ul style="list-style-type: none"> • erosion – hydraulic action, abrasion, attrition, solution, vertical and lateral erosion • transportation – traction, saltation, suspension and solution • deposition – why rivers deposit sediment.

Distinctive fluvial landforms result from different physical processes.	<p>Characteristics and formation of landforms resulting from erosion – interlocking spurs, waterfalls and gorges.</p> <p>Characteristics and formation of landforms resulting from erosion and deposition – meanders and ox-bow lakes.</p> <p>Characteristics and formation of landforms resulting from deposition – levées, flood plains and estuaries.</p> <p>An example of a river valley in the UK to identify its major landforms of erosion and deposition.</p>
Different management strategies can be used to protect river landscapes from the effects of flooding.	<p>How physical and human factors affect the flood risk – precipitation, geology, relief and land use.</p> <p>The use of hydrographs to show the relationship between precipitation and discharge.</p> <p>The costs and benefits of the following management strategies:</p> <ul style="list-style-type: none"> • hard engineering – dams and reservoirs, straightening, embankments, flood relief channels • soft engineering – flood warnings and preparation, flood plain zoning, planting trees and river restoration. <p>An example of a flood management scheme in the UK to show:</p> <ul style="list-style-type: none"> • why the scheme was required • the management strategy • the social, economic and environmental issues.

The Challenge of Resource Management

Key Ideas	Specification Content
Food, water and energy are fundamental to human development.	<p>The significance of food, water and energy to economic and social well-being.</p> <p>An overview of global inequalities in the supply and consumption of resources.</p>
The changing demand and provision of resources in the UK create opportunities and challenges.	<p>An overview of resources in relation to the UK.</p> <p>Food:</p> <ul style="list-style-type: none"> • the growing demand for high-value food exports from low income countries and all-year demand for seasonal food and organic produce • larger carbon footprints due to the increasing number of 'food miles' travelled, and moves towards local sourcing of food • the trend towards agribusiness. <p>Water:</p> <ul style="list-style-type: none"> • the changing demand for water • water quality and pollution management • matching supply and demand – areas of deficit and surplus • the need for transfer to maintain supplies. <p>Energy:</p> <ul style="list-style-type: none"> • the changing energy mix – reliance on fossil fuels, growing significance of renewables • reduced domestic supplies of coal, gas and oil • economic and environmental issues associated with exploitation of energy sources.

<p>Demand for food resources is rising globally but supply can be insecure, which may lead to conflict.</p>	<p>Areas of surplus (security) and deficit (insecurity):</p> <ul style="list-style-type: none"> • global patterns of calorie intake and food supply • reasons for increasing food consumption: economic development, rising population • factors affecting food supply: climate, technology, pests and disease, water stress, conflict, poverty. <p>Impacts of food insecurity – famine, undernutrition, soil erosion, rising prices, social unrest.</p>
<p>Different strategies can be used to increase food supply.</p>	<p>Overview of strategies to increase food supply:</p> <ul style="list-style-type: none"> • irrigation, aeroponics and hydroponics, the new green revolution and use of biotechnology, appropriate technology • an example of a large scale agricultural development to show how it has both advantages and disadvantages. <p>Moving towards a sustainable resource future:</p> <ul style="list-style-type: none"> • the potential for sustainable food supplies: organic farming, permaculture, urban farming initiatives, fish and meat from sustainable sources, seasonal food consumption, reduced waste and losses • an example of a local scheme in an LIC or NEE to increase sustainable supplies of food.

BTEC Tech Award Health and Social Care Revision List for External Exam

Component 3:

A. Factors that affect health and wellbeing

A1 - Factors affecting health and wellbeing

- Definition of health and wellbeing: a combination of physical health and social and emotional wellbeing, and not just the absence of disease or illness.
- Physical and lifestyle factors that can have positive or negative effects on health and wellbeing:
 - genetic inheritance, including inherited conditions and predisposition to other conditions
 - ill health (acute and chronic)
 - diet (balance, quality and amount)
 - amount of exercise
 - substance use, including alcohol, nicotine, illegal drugs and misuse of
 - prescribed drugs
 - personal hygiene.
- Social, emotional and cultural factors that can have positive or negative effects on health and wellbeing:
 - social interactions, e.g. supportive/unsupportive relationships,
 - social integration/isolation
 - stress, e.g. work-related
 - willingness to seek help or access services, e.g. influenced by culture,
 - gender, education.
- Economic factors that can have positive or negative effects on health and wellbeing:
 - financial resources.
- Environmental factors that can have positive or negative effects on health and wellbeing:
 - environmental conditions, e.g. levels of pollution, noise
 - housing, e.g. conditions, location.
- The impact of life events relating to relationship changes and changes in life circumstances.

B. Interpreting health indicators

B1 - Physiological indicators

- Physiological indicators that are used to measure health:
 - pulse (resting and recovery rate after exercise)
 - blood pressure
 - peak flow
 - body mass index (BMI).
- Using published guidance to interpret data relating to these physiological indicators.
- The potential significance of abnormal readings: risks to physical health.

B2 - Lifestyle indicators

- Interpretation of lifestyle data, specifically risks to physical health associated with:
 - smoking
 - alcohol consumption
 - inactive lifestyles.

C. Person-centred health and wellbeing improvement plans

C1 - Health and wellbeing improvement plans

- The importance of a person-centred approach that takes into account an individual's needs, wishes and circumstances.
- Information to be included in plan:
 - recommended actions to improve health and wellbeing
 - short-term (less than six months) and long-term targets
 - appropriate sources of support (formal and/or informal).

C2 - Obstacles to implementing plans

- Potential obstacles:
 - emotional/psychological – lack of motivation, low self-esteem, acceptance of current state
 - time constraints – work and family commitments
 - availability of resources – financial, physical, e.g. equipment
 - unachievable targets – unachievable for the individual or unrealistic timescale
 - lack of support, e.g. from family and friends
 - other factors specific to individual – ability/disability, addiction
 - barriers to accessing identified services.

History: America 1920-73 Revision checklist (2020)

Topic	Red	Amber	Green
Part 1: The American people and the 'Boom'			
1. Mass Production and the motor industry			
2. Other reasons for the boom e.g. hire purchase, tariffs, consumerism			
3. Who did and did not benefit from the boom			
4. Entertainment and Jazz			
5. Women in the 20's			
6. organised crime, prohibition and its effect on society			
7. Causes of racial tension/immigration			
8. KKK and the Red Scare			
Part 2: Bust- Americans experiences of the Great Depression and the New Deal			
9. The Great depression: unemployment, farmers and business men			
10. Hoover's response to the depression and his unpopularity			
11. Roosevelt's election as President			
12. Successes and limitations of the New Deal			
13. Opposition to the New Deal and the Supreme Court			
14. Was the New Deal successful or not?			
15. Culture in the 1930s (literature, movies and music)			
16. The impact of the Second World War on the economy			
17. Women and Black Americans during World War two			
Part 3: Post-war American society and economy			
18. The American Dream and economic growth			
19. McCarthyism			
20. Popular culture, Rock and Roll and television			
21. The Civil Rights Movement in the 60s			
22. Martin Luther King and the Civil Rights movement			
23. Malcolm X and Black Power movement			
24. The Civil Rights Acts of 1964 and 1968			
25. Social Policies of Presidents Kennedy and Johnson			
26. Feminism in the 60s			

History: Conflict and Tension 1918-39 Revision checklist (2020)

Topic	Red	Amber	Green
Part 1: Peace making			
1. Aims of the Big Three			
2. Why the Big Three disagreed			
3. Terms of the Treaty of Versailles			
4. Allied reaction to the Treaty			
5. Judging who got the most from the Treaty			
6. German reaction to the Treaty			
7. Was the Treaty fair?			
Part 2: League of Nations and International Peace			
9. Structure and aims of the League of Nations			
10. Weaknesses of the League of Nations			
11. How the League helped people			
12. Successes and failures of the League in the 1920s			
13. Locarno Treaty and the Kellogg-Briand Pact			
14. Why Japan invaded Manchuria			
15. How the League reacted to the Japanese invasion of Manchuria			
16. Why Italy invaded Abyssinia			
17. How the League reacted to the Italian invasion of Abyssinia			
Part 3: Origins and outbreak of the Second World War			
18. Hitler's aims and how other countries reacted			
19. Hitler's early policies a): Disarmament conference, Dolfuss Affair, Rearmament			
Hitler's early policies b): Saar, Stresa Front, Anglo-German naval Agreement			
20. The remilitarisation of the Rhineland			
21. Anschluss with Austria			
22. Reasons for and against appeasement			
23. The Sudetenland crisis			
24. The Munich agreement			
25. The Collapse of Czechoslovakia			
26. The Nazi Soviet Pact			

Music GCSE (Edexcel)

The exam will be 1 hour 45 minutes long and will consist of:

- **6 listening questions** on set works
- **1 listening question** on an unknown piece.
- **1 long answer question** comparing a set work to an unknown piece (which you will hear)
- **1 melodic and rhythmic dictation question.**

You will need to revise the key features from all 8 set works:

- Queen- Killer Queen
- Purcell- Music for a While
- J Williams- Star Wars
- Schwartz- Defying Gravity
- Beethoven- Movement 1 from 'Pathetique' sonata.
- Afro Celt Sound System – 'Release'
- Esperanza Spalding- 'Samba Em Preludio'
- J.S Bach- Brandenburg Concerto No.5, 3rd movement.

For each set work you will need to be familiar with the key features such as:

- Structure
- Harmony/tonality
- Dynamics
- Texture
- Instrumentation
- Rhythm
- Tempo/metre

Top tips for music revision:

- **Categorise your revision notes** into the different musical features above- make sure you know at least a few features for each set work in each category.
- **Active listening** to the set works is the key. Don't just have them on in the background as you do other revision. Listen carefully to different features each time you play the set work, e.g. focus on the texture one time, instruments another time etc.
- **Listen to small chunks** of the music. In the exam you will only hear a 30 second extract of the music. Practice writing down the features to 30 second sections.
Remember- musical features are not always the same all the way through so the features may change depending on which section of the set work you listen to.
- **Analyse** features of the music. When writing or revision notes, always ask '**why**' a musical feature is used, this will help for the **long answer** section.
- Make sure you are confident on key **vocabulary**. Check the list on the next page and make sure you understand what each word means, and what each word would **sound like** in a set work.

Vocabulary list for Music

TEMPO

ADAGIO → SLOW
ALLEGRO → FAST
PRESTO → VERY FAST
LARGO → VERY SLOW
ANDANTE → WALKING PACE
ALLEGRETTO → QUITE FAST

DYNAMICS

PP MP P MF
F FF SF
CRESCENDO
DIMINUENDO
TERRACED DYNAMICS

TEXTURE

MONOPHONIC
POLYPHONIC
HOMOPHONIC
HETEROPHONIC
CONTRAPUNTAL
MELODY AND ACCOMPANIMENT

RHYTHM

SYNCOPIATION
SWING RHYTHM
TRIPLETS
CROSS RHYTHMS
ANACRUSIS
POLYRHYTHMS

INSTRUMENTATION

BRASS STRING
PERCUSSION WOODWIND
KEYBOARDS
HARPSICHORD CONTINUO
SYNTHESISER

HARMONY/TONALITY

MAJOR MINOR
KEY SIGNATURE ATONAL
MODAL CHROMATIC
DIATONIC DISSONANCE
CONSONANCE
FIGURED BASS DRONE

MELODY

SEQUENCE
CHROMATIC
ORNAMENTATION
DISJUNCT
CONJUNCT
DESCENDING/ASCENDING

WORD SETTING

WORD PAINTING
MELISMA
SYLLABIC

STRUCTURE

TERNARY
SONATA FORM
EXPOSITION
DEVELOPMENT
RECAPITULATION
CODA

TECHNOLOGY

SYNTHESISER
MULTI TRACKING
PANNING
DISTORTION
FLANGING
EQ

Year 11 Physical Education 2020

Component 1: Fitness and Body Systems

Written examination: 1 hour and 45 minutes

36% of the qualification

90 marks

Content overview

- Topic 1: Applied anatomy and physiology
- Topic 2: Movement analysis
- Topic 3: Physical training
- Topic 4: Use of data

Component 2: Health and Performance

Written examination: 1 hour and 15 minutes

24% of the qualification

70 marks

Content overview

- Topic 1: Health, fitness and well-being
- Topic 2: Sport psychology
- Topic 3: Socio-cultural influences
- Topic 4: Use of data

COMPONENT 1 MOCK EXAM POTENTIAL CONTENT

The structure and functions of the musculoskeletal system

- 1.1.1 The functions of the skeleton
- 1.1.2 Classification of bones: long (leverage), short (weight bearing), flat (protection, broad surface for muscle attachment), irregular (protection and muscle attachment)
- 1.1.3 Structure and their classification and use applied to performance in physical activities and sports
- 1.1.4 Classification of joints: pivot, hinge, ball and socket, condyloid, and their impact on the range of possible movements.
- 1.1.5 Movement possibilities at joints dependent on joint classification: flexion, extension, adduction, abduction, rotation, circumduction, plantar-flexion, dorsi-flexion
- 1.1.6 The role of ligaments and tendons, and their relevance to participation in physical activity and sport
- 1.1.7 Classification and characteristics of muscle types
- 1.1.8 Location and role of the voluntary muscular system
- 1.1.10 Characteristics of fast and slow twitch muscle fibre types (type I, type IIa and type IIx) and how this impacts on their use in physical activities
- 1.1.11 how the skeletal and muscular systems work together to allow participation in physical activity and sport

1.2 The structure and functions of the cardiovascular system

- 1.2.1 Functions of the cardiovascular system
- 1.2.2 Structure of the cardiovascular system and their role in maintaining blood circulation
- 1.2.3 Structure of arteries, capillaries and veins and how this relates to function and importance during physical activity and sport in terms of blood pressure, oxygenated, deoxygenated blood and changes due to physical exercise
- 1.2.4 The mechanisms required (vasoconstriction, vasodilation) and the need for redistribution of blood flow (vascular shunting) during physical activities compared to when resting
- 1.2.5 Function and importance of red and white blood cells, platelets and plasma

1.3 Anaerobic and aerobic exercise

- 1.3.1 Energy: the use of glucose and oxygen to release energy aerobically with the production of carbon dioxide and water, the impact of insufficient oxygen on energy release, the byproduct of anaerobic respiration (lactic acid)
- 1.3.2 Energy sources: fats as a fuel source for aerobic activity, carbohydrates as a fuel source for aerobic and anaerobic activity

3.1 The relationship between health and fitness and the role that exercise plays in both

3.1.1 Definitions of fitness, health, exercise and performance and the relationship between them

3.2 The components of fitness, benefits for sport and how fitness is measured and improved

3.2.1 Components of fitness and the relative importance of these components in sports

3.2.2 Fitness tests: the value of fitness testing, the purpose of specific fitness tests, the test protocols, the selection of the appropriate fitness test for components of fitness

3.2.3 Collection and interpretation of data from fitness test results and analysis and evaluation of these against normative data tables

3.2.4 Fitness tests for specific components of fitness

3.2.5 How fitness is improved – see section 3.3.1–3.3.3

3.3 The principles of training and their application to personal exercise/ training programmes

3.3.1 Planning training using the principles of training: individual needs, specificity, progressive overload, FITT (frequency, intensity, time, type), overtraining, reversibility, thresholds of training (aerobic target zone: 60–80% and anaerobic target zone: 80%–90% calculated using simplified Karvonen formula i.e. $(220) - (\text{your age}) = \text{MaxHR}$; $(\text{MaxHR}) \times (60\% \text{ to } 80\%) = \text{aerobic training zone}$; $(\text{MaxHR}) \times (80\% \text{ to } 90\%) = \text{anaerobic training zone}$)

3.3.2 Factors to consider when deciding the most appropriate training methods and training intensities for different physical activities

3.3.3 The use of different training methods for specific components of fitness, physical activity and sport. The advantages and disadvantages of different training methods.

3.4 The long-term effects of exercise

3.4.1 Long-term effects of aerobic and anaerobic training and exercise and the benefits to the muscular-skeletal and cardio-respiratory systems and performance

3.4.2 Long-term training effects: able to train for longer and more intensely

3.4.3 Long-term training effects and benefits: for performance of the muscular-skeletal system: increased bone density, increased strength of ligaments and tendons, muscle hypertrophy, the importance of rest for adaptations to take place.

3.4.4 Long-term training effects and benefits: for performance of the cardio-respiratory system: decreased resting heart rate, faster recovery, increased resting stroke volume and maximum cardiac output, increased size/strength of heart, increased capillarisation, increase in number of red blood cells, drop in resting blood pressure due to more elastic muscular wall of veins and arteries, increased lung capacity/volume and vital capacity, increased number of alveoli, increased strength of diaphragm and external intercostal muscles

How to optimise training and prevent injury

3.5.1 The use of a PARQ

3.5.2 Injury prevention

3.5.3 Injuries that can occur in physical activity and sport: concussion, fractures, dislocation, sprain, torn cartilage and soft tissue injury

3.5.5 Performance-enhancing drugs (PEDs) and their positive and negative effects on sporting performance and performer lifestyle.

3.6 Effective use of warm up and cool down

3.6.1 The purpose and importance of warm-ups and cool downs to effective training sessions and physical activity and sport

3.6.2 Phases of a warm-up and their significance in preparation for physical activity and sport

3.6.3 Activities included in warm-ups and cool downs

4.1 Use of data

4.1.1 Develop knowledge and understanding of data analysis in relation to key areas of physical activity and sport

4.1.2 Demonstrate an understanding of how data is collected in fitness, physical and sport activities – using both qualitative and quantitative methods

4.1.3 Present data (including tables and graphs)

4.1.4 Interpret data accurately

4.1.5 Analyse and evaluate statistical data from their own results and interpret against normative data in physical activity and sport

COMPONENT 2 MOCK EXAM POTENTIAL CONTENT

1.1 Physical, emotional and social health, fitness and well-being

1.1.1 Physical health: how increasing physical ability, through improving components of fitness can improve health/reduce health risks and how these benefits are achieved

1.1.2 Emotional health: how participation in physical activity and sport can improve emotional/psychological health and how these benefits are achieved

1.1.3 Social health: how participation in physical activity and sport can improve social health and how these benefits are achieved

1.1.4 Impact of fitness on well-being: positive and negative health effects

1.1.5 How to promote personal health through an understanding of the importance of designing, developing, monitoring and evaluating a personal exercise programme to meet the specific needs of the individual

1.1.6 Lifestyle choices in relation to: diet, activity level, work/ rest/sleep balance, and recreational drugs (alcohol, nicotine)

1.1.7 Positive and negative impact of lifestyle choices on health, fitness and well-being, e.g. the negative

1.2 The consequences of a sedentary lifestyle

1.2.1 A sedentary lifestyle and its consequences: overweight, overfat, obese, increased risk to long-term health, e.g. depression, coronary heart disease, high blood pressure, diabetes, increased risk of osteoporosis, loss of muscle tone, posture, impact on components of fitness

1.2.2 Interpretation and analysis of graphical representation of data associated with trends in physical health issues

1.3 Energy use, diet, nutrition and hydration

1.3.1 The nutritional requirements and ratio of nutrients for a balanced diet to maintain a healthy lifestyle and optimise specific performances in physical activity and sport

1.3.2 The role and importance of macronutrients (carbohydrates, proteins and fats) for performers/players in physical activities and sports, carbohydrate loading for endurance athletes, and timing of protein intake for power athletes

1.3.3 The role and importance of micronutrients (vitamins and minerals), water and fibre for performers/players in physical activities and sports

1.3.4 The factors affecting optimum weight: sex, height, bone structure and muscle girth

1.3.5 The variation in optimum weight according to roles in specific physical activities and sports

1.3.6 The correct energy balance to maintain a healthy weight

1.3.7 Hydration for physical activity and sport: why it is important, and how correct levels can be maintained during physical activity and sport

2.1 Classification of skills (basic/ complex, open/closed)

2.1.1 Classification of a range of sports skills using the open-closed, basic (simple)-complex, and low organisation-high organisation continua

2.1.2 Practice structures: massed, distributed, fixed and variable

2.1.3 Application of knowledge of practice and skill classification to select the most relevant practice to develop a range of skills

2.2 The use of goalsetting and SMART targets to improve and/or optimise performance

2.2.1 The use of goal setting to improve and/or optimise performance

2.2.2 Principles of SMART targets (specific, measureable, achievable, realistic, time-bound) and the value of each principle in improving and/or optimising performance

2.2.3 Setting and reviewing targets to improve and/or optimise performance

2.3 Guidance and feedback on performance

2.3.1 Types of guidance to optimise performance: visual, verbal, manual and mechanical

2.3.2 Advantages and disadvantages of each type of guidance and its appropriateness in a variety of sporting contexts when used with performers of different skill levels

2.3.3 Types of feedback to optimise performance: intrinsic, extrinsic, concurrent, terminal

2.3.4 Interpretation and analysis of graphical representation of data associated with feedback on performance

2.4 Mental preparation for performance

2.4.1 Mental preparation for performance: warm up, mental rehearsal