WEEK ONEW/C 4th NOVEMBER,25th NOVEMBER,16th DECEMBER,6th JANUARY, 27TH JANUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DEEP SOUTH DINER

Choose a main: Beef Burger OR Louisiana Bean Pot ∨ €

Chipotle Potato Wedges &

Coleslaw 99



MEDITERRANEAN

Chicken Gyros

Mediterranean Bulghar Wheat

Oregano Roasted Vegetables 9



SPEEDY ITALIAN

Veggie Supreme Pizza V Veg Bolognaise Pasta V Margherita Pizza V



WINGS & THINGS

Choose a main: Pulled Piri Piri Chicken Burger OR Mac 'N'

Cheese

Thyme Potatoes

Green Bean Salad 89



THAI

Thai Beef & Coconut Curry ♥

Beggars Noodles &

Peas 💝



Broccoli 🧡



SPEEDY ITALIAN

Cajun Chicken Sizzler Pizza Arrabiata Pasta V

Margherita Pizza V



DEEP SOUTH DINER

Choose a main: BBQ Pulled Beef Brisket OR Piri Piri Halloumi

Bun V

Paprika Potato Wedges

Corn on the Cob ♥



BRITISH

Roast Turkey & Gravy

Roast Potatoes



SPEEDY ITALIAN

Margherita Pizza Y

Hawaiian Pizza Chunky Vegetable Pasta Y



WINGS & THINGS

Choose a main: New York Hot Dog OR Crispy Topped Sweet

Potato Crumble Y

Baked Garlic & Herb Potato Wedges

Apple Slaw 9



MEXICAN

Chicken & Bean Chilli ♥

Wholegrain Rice 89

Lightly Spiced Sweetcorn with Lime 9



SPEEDY ITALIAN

Bacon Pizza Herby Tomato Pasta V Margherita Pizza Y



DEEP SOUTH DINER

Choose a main: Texas BBQ Chicken ♥ OR Feta & Potato

Frittata V

Lemon Rice 89

Sweetcorn *



BRITISH

Home-made Battered Fish Fillet

Chips

Peas or Baked Beans 89



SPEEDY ITALIAN

Veggie Hot One Pizza V Beef Bolognese Margherita Pizza V



SERVE

a selection of delicious baguettes, paninis, toasties and sandwiches and NEW exciting salad pots every day. Fruit, Yoghurt & Granola Pots are Available to Enjoy Daily.

LOOK OUT FOR MUNCH

our mid-morning break offer available for you to enjoy Monday-Friday







WEEK TWO W/C 11th NOVEMBER, 2nd DECEMBER, 13th JANUARY, 3rd FEBRUARY

DEEP SOUTH DINER

Choose a main: Beef Barbacoa Burrito OR Sweet Potato & Squash Casserole ♥ ♥ Paprika Wedges ♥ Sweetcorn ♥



MEDITERRANEAN

Spanish Chicken Paella
Paprika Roasted Cauliflower **



SPEEDY ITALIAN

3 Cheese Sicilian Pizza V Arrabiata Pasta V Margherita Pizza V



C

MONDAY

TUESDAY

WEDNESDAY

WINGS & THINGS

Choose a main: Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco OR Mac 'N' Cheese Y Garlic & Herb Bread Wedge BBQ Beans



CHINESE

Sweet and Sour Chicken ♥
Wholegrain Rice ♥
Wok Tossed Oriental Vegetables ♥



SPEEDY ITALIAN

Bacon Pizza Herby Tomato Pasta V Margherita Pizza V



DEEP SOUTH DINER

Choose a main: Creamy Fish Pasta Bake ♥ OR Corn, Black Eye Bean & Feta Soft Taco Y Jewelled Rice Crunchy Salad ♥



BRITISH

Roast Pork with Stuffing, Apple sauce & Gravy Roast Potatoes

Carrots *



SPEEDY ITALIAN

Veggie Supreme Pizza V BBQ Chicken Pasta Margherita Pizza V





THURSDAY

FRIDAY

WINGS & THINGS

Choose a main: Maple & Mustard Glazed Chicken Melt OR Smokey Cauliflower Cheese V Baked Garlic & Herb Wedges Apple Slaw



JAPANESE

Chicken Katsu Curry ♥

Fragrant Rice 9

Pickled Cucumber Salad ♥



SPEEDY ITALIAN

Veggie Hot One Pizza V Beef Bolognaise Margherita Pizza V



DEEP SOUTH DINER

Choose a main: Piri Piri Pulled Pork Burger **OR** Smokey Bean & Corn Topped Wedges ∀ ♥

Cajun Wedges Coleslaw &



BRITISH

Jumbo Fish Fingers

Chips

Peas or Baked Beans ♥



SPEEDY ITALIAN

Sicilian Cheese & Tomato Pizza V Italian Chicken Pasta Margherita Pizza V



WE SERVE

a selection of delicious baguettes, paninis, toasties and sandwiches and NEW exciting salad pots every day.
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WEEK THREE W/C 18th NOVEMBER,9th DECEMBER, 20thJANUARY,10th FEBRUARY

DEEP SOUTH DINER MONDAY

Choose a main: Bagel Cheeseburger OR Cajun Halloumi & Pineapple Rice Bowl

Baked Garlic & Herb Wedges Radish, Pea & Leaf Salad ♥



CHINESE

Asian Turkey Noodles Green Beans &



SPEEDY ITALIAN

Veggie Hot One Pizza V "Neapolitan Beany Pasta v ** Margherita Pizza V



TUESDAY

WINGS & THINGS

Choose a main: KAtsu Curry Fish finger wrap OR Feta & Potato Frittatay

Mexican Yellow Rice Roasted Vegetables *



MEDITERRANEAN

Beef Pasticco 99 Paprika Wedges ♥

Carrot & Orange Salad 99



SPEEDY ITALIAN

3 Cheese Sicilian Pizza V Beef Bolognaise Margherita Pizza V



WEDNESDAY

WINGS & THINGS

Choose a main: BBQ Chicken Mac 'N' Cheese OR Cajun

Vegetable Burrito Y Baked Garlic & Herb Wedges Crunchy Raw Slaw



BRITISH

Roast Chicken & Gravy Roast Potatoes *

Carrots*



SPEEDY ITALIAN

Mushroom & Sweetcorn Pizza Y Herby Tomato Pasta V Margherita Pizza V



THURSDAY

WINGS & THINGS

Choose a main: Cajun Pulled Pork & Bean Pitta OR

Cauliflower & Creamed Corn Bake Y

Fajita Wedges 💝

Southern Greens *



INDIAN

Chicken Tikka Masala 89

Wholegrain Rice 99

Cucumber Raita 99



SPEEDY ITALIAN

Sicilian Cheese and Tomato Pizza Carbonara Pasta Margherita Pizza ♥



FRIDAY

DEEP SOUTH DINER

Choose a main: Chicken, Brown Rice & Beans ♥ OR Mac 'N'

Cheese Y

Crunchy Raw Slaw 9



BRITISH

Home-made Battered Fish Fillet

Chips

Peas or Baked Beans



SPEEDY ITALIAN

Neapolitan Chicken Pizza Beef Bolognaise Margherita Pizza V





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